



Granite Bay Gators 2025

Visiting Team Meet Information

We're excited to host you at the Granite Bay Gators' pool, aka "the swamp," for our upcoming swim meet. Get ready for a fun and competitive day!

Step 1: Head to the swamp! Our home pool is at **Granite Bay High School: 1 Grizzly Way, Granite Bay, 95746**

Directions:

- From I-80: Take Douglas Blvd East Exit, right on Sierra College Blvd, left on Eureka Road, continue Wellington Way, left on Grizzly Way.
- From Auburn Folsom Blvd: Left on Douglas Blvd, left on Barton Road, right on Eureka Road, left on Wellington Way, left on Grizzly Way.

Parking: The student parking area is large enough to accommodate both teams. If for any reason there is another event on campus, street parking (on both sides) of Wellington Way is permitted. Please see the highlighted area on the map below for the parking location.

Setup Area: We've designated the lawn area behind the bear statue, outside the pool, for team and family tents. There's moderate shade from a few trees, but bringing your own shade is recommended. Please avoid the driveway as it's a fire lane and clean up your area upon departure. **No tarps on the grass, please!** (see map below for set-up area)

Restrooms: Two restrooms are located next to the pool deck for coaches & meet officials. The main restrooms are outside of the pool area by the football field/track (just past the ready bench area).

Check-In: Visiting team check-in is located outside the pool area near the fire-lane driveway. A table will be provided.

When to arrive: We start meets at Granite Bay as close to 8 a.m. as possible. Please review the time schedule below so that swimmers/parents have enough time to get checked in and warmed up.

Swimmer Check-In Deadline	6:50 AM
Coach's scratch session (GBHS Cafeteria)	7:00 AM
Home Team Warm-up Period	7:00-7:20 AM
Visiting Team Warm-up Period	7:25-7:45 AM
Team Cheers & National Anthem	7:45 AM
Meet Start	8:00 AM

Step 2: Get ready to Race!

Joint Ready Bench: A joint ready bench is used for swimmers 10 and under. Relay teams can check in at the ready bench once they have all their swimmers together. The area will have a shade cover and seating.

Fuel up: There will be various food trucks and a morning coffee cart (you're welcome parents) to help you wake up and take on the day!

Check out the pool: The pool is 14 lanes. The Granite Bay Gators use 10 lanes for the meets. During the swim meet, warm up and warm down lanes are available for swimmers 11 & up. **Diving or starts are not allowed in warm up lanes.**

Step 3: Be a Swamp Superstar (Volunteers)

The visiting team needs to provide volunteers for the jobs listed below. First shift is events 1-41 (9-10 Girls IM thru 15- 18 Boys Long Freestyle) and the second shift is events 41 – 83 (6U Girls Backstroke thru 15-18 Boys Free Relay). **We will provide light hospitality snacks and drinks for the timers, stroke and turn, coaches, and other meet officials.**

Volunteer Position	First Shift Need	Second Shift Need	Total	Special Notes
Timers	10 volunteers (10 lanes with 2 timers each + Colorado touch pads)	10 volunteers (10 lanes with 2 timers each + Colorado touch pads)	20	Timers, please assist swimmers exiting 25-yard races using the two-arm method.
Stroke & Turn	6 volunteers	6 volunteers	12	Must be trained and certified. Two officials on deck throughout the meet.*
Ready Bench	6 volunteers	6 volunteers	12	Work with GB ready bench volunteers.

***Stroke & Turn Officials:** Granite Bay Gators will run with a 2-3-3-2 system for the following strokes (Individual Medley, Medley Relay, Breaststroke, and Butterfly). 3-4-3 will be used for short and long freestyle, backstroke and Free Relays. We also ask that you provide two additional officials to judge early leaves for all relays (dual confirmation process will be used).

We are looking forward to a fantastic Meet!

- The Gators Parent Board

GRANITE BAY HIGH SCHOOL
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