



Welcome to the Cuda Zone!

FAMILY SET-UP: Both teams must share the large grass area behind the family pool. The visiting team will be on the left half side of the grass **closest to the cement walkway** where you enter the club. It allows your team direct entrance into the pool from the side gate near the back restrooms. Spare Time only allows us to open the back gate at **6:30 AM**. No pop-up tents are allowed around the pool, only umbrellas/Sportbrellas. The grass section behind the meet/computer ops tent is reserved for Broadstone Board Member and Volunteer Chairperson families, hospitality volunteers, and spirit tent volunteers.

MEET TIMES: Broadstone Barracudas home meets will start at 8:00 AM. Please use our schedule below to help assist swimmers/parents in planning timeframes to get checked in and warmed up.

- 6:30 – 6:50am Swimmer and parents check in
- 7:00 – 7:25am Barracuda warm-up period
- 7:25 – 7:50am Visiting team warm-up period
- 6:50 – 7:30am Scratch session (held inside club by the café)
- 8:00 – 2:00pm Swim meet (ending time may vary)

READY BENCH: Our club is using the Joint Ready Bench system using volunteers from both teams. The Joint Ready Bench is located adjacent to the Racing pool next to the scoreboard. Please provide 12 volunteers (6 volunteers for Events #1-41 and 6 volunteers for Events # 42-83). The ready bench is shaded with pop-up tents.

STROKE & TURN: Both teams will provide trained stroke and turn volunteers. We will use one S&T official at each corner of the pool for all events except the free events (4 total: 2 from Barracudas and 2 from the away team). For the free events, we will have one official from each team on each side of the pool. Please provide 2 volunteers for the non-free events and 1 for the free events. We will meet at 7:30 am by the announcer roundtable for our pre-race briefing.

TIMERS: We are an 8-lane pool so we will need at least 12 timers from the visiting team per shift, 24 total for the entire meet. We will meet near the announcer table at 7:30am for a pre-race briefing.

RESTROOMS: There are restroom facilities conveniently located adjacent to the team area for your use. **Adults** may also use the locker rooms near the racing pool behind the snack bar area. Our club requests that all swimmers use the restrooms located in the Kid's Club next to the playground or the restrooms adjacent to your team area. The Kid's Club (except for the rest rooms) is off-limits.

PARKING: Broadstone Sports Club asks that visiting swim team park on the street on Haverhill Drive near the south end of John Kemp Community Park. This parking area provides convenient access to the large grassy area designated for your team set-up. **We will have the back gate open at 6:30 AM.** Thank you for your cooperation with this. There will be a volunteer checking cars at the front of the club helping direct you to Haverhill Drive in case some families end up at the main parking lot. Attached are two maps of the area showing where you can park.

OTHER POOLS & TENNIS COURTS: Broadstone Sport Club requires that all swimmers stay out of the family pool, kids' pool, both hot tubs, and the steam rooms and saunas located inside the locker rooms. **Please remind all swimmers to refrain from entering the tennis courts, throwing loose balls into the courts or playing around the practice wall.**

FOOD & BEVERAGES: The Blue Rice Café at Broadstone offers breakfast and lunch items and beverages during meets. We also sell snow cones poolside during the meets. Thank you for your cooperation, and please let us know if you have any questions. Contacts: League Rep: Jamie Mills (916-502-3178) or President: Shawn Cooper (916-439-4303). We are looking forward to a fun season.

Warm-Up/Cool-Down Lane:

The club has approved a warm-up/cool-down lane to be used at the next 2 home meets. This lane is to be used before or after a swimmers event and no other time. The lane that will be used is the one closest to the lifeguard tower in the family pool (located in the back).