# **The HEAR Method**

Below is a form for the HEAR Method of Bible study, designed with ample space for user reflection and direct engagement with Scripture, in keeping with your preferences for structured, personal Bible study[[1]](#fn1)[[2]](#fn2).

## HEAR Method Bible Study Form

**Date:**
**Passage/Reference:**

**1. Pray for Guidance**

Begin your study by praying. Ask the Holy Spirit to open your heart and mind to understand and respond to God’s Word.

**2. Highlight**

As you read the passage, write down any verses or phrases that stand out to you. Use the space below to record what you notice and why it speaks to you.

**Highlighted Verse(s):**
*(Write the verse or phrase and any initial thoughts or impressions.)*

**3. Explain**

Reflect on the passage and write a brief explanation. Consider the context: Who wrote it? To whom was it addressed? What was the author’s intent? How does it fit with the surrounding verses?

**Explanation:**

**4. Apply**

Think about how the passage’s truth can be lived out in your daily life. Ask yourself: What does this mean for me today? How can I put this into practice? What is God saying to me personally?

**Application:**

**5. Respond**

Write a specific, measurable action or prayer in response to what you have learned. This could be a commitment to change a behavior, a prayer for help, or a plan to share what you’ve learned with others.

**Response:**