

# CfCcreators 1-on-1 Speaking Mastery Curriculum

A 12-Month Flexible, Outcome-Based English Speaking Program

Confidence in 3 Months • Fluency in 12 Months



# **PROGRAM VISION, MISSION & GOALS**

#### **VISION**

To make confident, real-world English speaking accessible to every individual—regardless of starting level—through personalized, pressure-free coaching.

#### **MISSION**

To help learners achieve visible speaking confidence within 3 months and measurable fluency within 12 months through structured 1-on-1 speaking practice, feedback, and guided exposure.

# **CORE GOALS**

- Build confidence, clarity, fluency, and presence
- Provide flexible entry points for different English levels
- Focus on **real communication**, not grammar memorization
- Deliver measurable outcomes every 3 months
- Personalize sessions based on learner goals & interests
- Ensure students speak 80% of every session



# **PROGRAM OVERVIEW**

Program Length: 12 Months (Flexible pacing)Session Length: 25 minutes (1-on-1 online)

**Recommended Frequency:** 

- 4–8 sessions/week (faster results)
- 2–3 sessions/week (steady progress)

#### WHO THIS PROGRAM IS FOR

- Absolute & low-beginner English speakers
- Intermediate learners who understand English but hesitate
- Advanced or fluent speakers who want:
  - More confidence
  - Better clarity & flow
  - Public speaking & professional polish
- Professionals, students, travelers, introverts, global learners



# LEVEL SYSTEM (12 MONTHS TOTAL – FLEXIBLE ENTRY)

Instead of locking students into a fixed timeline, CfCcreators adapts the level based on the learner's starting ability.

Level	Name	Typical Duration
Level 1	Foundation Speaker	Months 0–3
Level 2	Functional Speaker	Months 3–6
Level 3	Confident Communicator	Months 6–9
Level 4	Fluent Global Communicator	Months 9–12

⚠ Learners may **skip levels**, **move faster**, or **remain in a level longer** depending on goals.



# **LEVEL 1 — FOUNDATION SPEAKER (Months 0–3)**

# (Low Beginner / Nervous Speaker Track)

#### **Primary Objective:**

Break fear, reduce hesitation, and get the learner speaking comfortably.

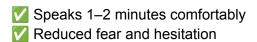
#### **Core Focus**

- Speaking confidence
- Basic sentence formation (without grammar drills)
- Pronunciation & articulation
- Comfort using voice in English

# **Key Activities**

- Warm-up confidence conversations (self, daily life, interests)
- Conversation Starter Cards (basic themes)
- Pronunciation & tongue-twister drills
- 30–60 second speaking challenges
- Picture description & daily routine talk
- 3-2-1 feedback every session
- Simple speaking homework (voice notes, repetition)

# **Expected Outcome by Month 3**





Clearer pronunciation

Willingness to initiate conversation

Visible confidence improvement

# **LEVEL 2 — FUNCTIONAL SPEAKER (Months 3–6)**

# (Beginner → Intermediate Track)

#### **Primary Objective:**

Enable natural, flowing everyday conversation.

# **Core Focus**

- Conversational flow
- Vocabulary expansion through use
- Storytelling & experiences
- Listening & response building

# **Key Activities**

- Themed discussions (travel, goals, culture, opinions)
- Role-plays (daily & real-life situations)
- Timed speaking (2–3 minutes)
- Follow-up question drills
- Speed & rhythm practice
- Student-led free conversation sessions



# **Expected Outcome by Month 6**

- ✓ 2–3 minute spontaneous conversations
- Expresses opinions clearly
- Better flow & fewer fillers
- Comfortable in daily & social settings

# LEVEL 3 — CONFIDENT COMMUNICATOR (Months 6–9)

# (Intermediate → Advanced Track)

#### **Primary Objective:**

Develop structured speaking, clarity, and presentation confidence.

#### **Core Focus**

- Structured speech frameworks
- Logic, clarity, and expression
- Presentation skills
- Voice, pacing & body language

# **Key Activities**

- Advanced themed discussions & debates
- Storytelling frameworks (beginning-middle-end)
- 4–6 minute presentations
- Persuasive & opinion speaking
- Feedback on tone, stress, and presence



Critical thinking & summarizing

# **Expected Outcome by Month 9**

- ✓ Delivers 4–6 minute talks confidently
- Speaks clearly on abstract topics
- Strong structure & expression
- Handles discussion & Q&A

# LEVEL 4 — FLUENT GLOBAL COMMUNICATOR (Months 9–12)

# (Advanced / Fluent Enhancement Track)

#### **Primary Objective:**

Polish professional, public, and global-level communication.

#### **Core Focus**

- Advanced public speaking
- Interview & professional communication
- Persuasion & leadership language
- Cultural & global communication

# **Key Activities**

- Interview simulations (STAR method)
- Professional & academic role-plays
- Persuasive speeches & debates



- Leadership communication tasks
- Advanced pronunciation & nuance
- Capstone presentation (8–10 minutes)

#### **Expected Outcome by Month 12**

- Fluent, confident communication
- Professional-level speaking readiness
- Strong presence & persuasion
- Adapts tone for global contexts

# **SESSION STRUCTURE (25-MIN 1-ON-1)**

- 1. Warm-Up & Confidence Activation (3 min)
- 2. Themed / Cards-Based / Free Conversation (12 min)
- 3. Speaking Challenge (5 min)
- 4. 3-2-1 Feedback (3 min)
- 5. Wrap-Up & Practice Task (2 min)

# **ASSESSMENT & TRACKING**

# Weekly

- Micro speaking challenge
- Confidence & fluency check



# Monthly

- 2–5 minute recorded or live speaking assessment
- Personalized feedback report

# **Every 3 Months**

- Level checkpoint
- Confidence & fluency comparison
- Progress certificate

# **TOOLS & RESOURCES**

- Conversation Starter Cards (digital)
- Themed conversation sets
- Tongue twisters & pronunciation drills
- Speaking speed tests
- Self-assessment & confidence trackers
- Public speaking anxiety quiz
- 3-2-1 feedback framework