

CfCcreators 1-on-1 Speaking Mastery Curriculum

A 12-Month Flexible, Outcome-Based English Speaking Program

Confidence in 3 Months • Fluency in 12 Months

PROGRAM VISION, MISSION & GOALS

VISION

To make confident, real-world English speaking accessible to every individual—regardless of starting level—through personalized, pressure-free coaching.

MISSION

To help learners achieve **visible speaking confidence within 3 months** and **measurable fluency within 12 months** through structured 1-on-1 speaking practice, feedback, and guided exposure.

CORE GOALS

- Build **confidence, clarity, fluency, and presence**
- Provide **flexible entry points** for different English levels
- Focus on **real communication**, not grammar memorization
- Deliver **measurable outcomes every 3 months**
- Personalize sessions based on **learner goals & interests**
- Ensure students speak **80% of every session**

PROGRAM OVERVIEW

Program Length: 12 Months (Flexible pacing)

Session Length: 25 minutes (1-on-1 online)

Recommended Frequency:

- 4–8 sessions/week (faster results)
- 2–3 sessions/week (steady progress)


WHO THIS PROGRAM IS FOR

- Absolute & low-beginner English speakers
- Intermediate learners who understand English but hesitate
- Advanced or fluent speakers who want:
 - More confidence
 - Better clarity & flow
 - Public speaking & professional polish
- Professionals, students, travelers, introverts, global learners

LEVEL SYSTEM (12 MONTHS TOTAL – FLEXIBLE ENTRY)

Instead of locking students into a fixed timeline, **CfCcreators adapts the level based on the learner's starting ability.**

Level	Name	Typical Duration
Level 1	Foundation Speaker	Months 0–3
Level 2	Functional Speaker	Months 3–6
Level 3	Confident Communicator	Months 6–9
Level 4	Fluent Global Communicator	Months 9–12

 Learners may **skip levels**, **move faster**, or **remain in a level longer** depending on goals.

LEVEL 1 — FOUNDATION SPEAKER (Months 0–3)

(Low Beginner / Nervous Speaker Track)

Primary Objective:

Break fear, reduce hesitation, and get the learner speaking comfortably.

Core Focus

- Speaking confidence
- Basic sentence formation (without grammar drills)
- Pronunciation & articulation
- Comfort using voice in English

Key Activities

- Warm-up confidence conversations (self, daily life, interests)
- Conversation Starter Cards (basic themes)
- Pronunciation & tongue-twister drills
- 30–60 second speaking challenges
- Picture description & daily routine talk
- 3-2-1 feedback every session
- Simple speaking homework (voice notes, repetition)

Expected Outcome by Month 3

- ✓ Speaks 1–2 minutes comfortably
- ✓ Reduced fear and hesitation

- ✓ Clearer pronunciation
- ✓ Willingness to initiate conversation
- ✓ **Visible confidence improvement**

LEVEL 2 — FUNCTIONAL SPEAKER (Months 3–6)

(Beginner → Intermediate Track)

Primary Objective:

Enable natural, flowing everyday conversation.

Core Focus

- Conversational flow
- Vocabulary expansion through use
- Storytelling & experiences
- Listening & response building

Key Activities

- Themed discussions (travel, goals, culture, opinions)
- Role-plays (daily & real-life situations)
- Timed speaking (2–3 minutes)
- Follow-up question drills
- Speed & rhythm practice
- Student-led free conversation sessions

Expected Outcome by Month 6

- ✓ 2–3 minute spontaneous conversations
- ✓ Expresses opinions clearly
- ✓ Better flow & fewer fillers
- ✓ Comfortable in daily & social settings

LEVEL 3 — CONFIDENT COMMUNICATOR (Months 6–9)

(Intermediate → Advanced Track)

Primary Objective:

Develop structured speaking, clarity, and presentation confidence.

Core Focus

- Structured speech frameworks
- Logic, clarity, and expression
- Presentation skills
- Voice, pacing & body language

Key Activities

- Advanced themed discussions & debates
- Storytelling frameworks (beginning–middle–end)
- 4–6 minute presentations
- Persuasive & opinion speaking
- Feedback on tone, stress, and presence

- Critical thinking & summarizing

Expected Outcome by Month 9

- ✓ Delivers 4–6 minute talks confidently
- ✓ Speaks clearly on abstract topics
- ✓ Strong structure & expression
- ✓ Handles discussion & Q&A

LEVEL 4 — FLUENT GLOBAL COMMUNICATOR (Months 9–12)

(Advanced / Fluent Enhancement Track)

Primary Objective:

Polish professional, public, and global-level communication.

Core Focus

- Advanced public speaking
- Interview & professional communication
- Persuasion & leadership language
- Cultural & global communication

Key Activities

- Interview simulations (STAR method)
- Professional & academic role-plays
- Persuasive speeches & debates

- Leadership communication tasks
- Advanced pronunciation & nuance
- Capstone presentation (8–10 minutes)

Expected Outcome by Month 12

- ✓ Fluent, confident communication
- ✓ Professional-level speaking readiness
- ✓ Strong presence & persuasion
- ✓ Adapts tone for global contexts

SESSION STRUCTURE (25-MIN 1-ON-1)

1. Warm-Up & Confidence Activation (3 min)
2. Themed / Cards-Based / Free Conversation (12 min)
3. Speaking Challenge (5 min)
4. 3-2-1 Feedback (3 min)
5. Wrap-Up & Practice Task (2 min)

ASSESSMENT & TRACKING

Weekly

- Micro speaking challenge
- Confidence & fluency check

Monthly

- 2–5 minute recorded or live speaking assessment
- Personalized feedback report

Every 3 Months

- Level checkpoint
- Confidence & fluency comparison
- Progress certificate

TOOLS & RESOURCES

- Conversation Starter Cards (digital)
- Themed conversation sets
- Tongue twisters & pronunciation drills
- Speaking speed tests
- Self-assessment & confidence trackers
- Public speaking anxiety quiz
- 3-2-1 feedback framework