1. **3Q/TMD:** At baseline appointment to support diagnosis

Do you have pain in your temple, face, jaw, or jaw joint once a week or more?	Score
a. No	0
b. Yes	1
Do you have pain once a week or more when you open your mouth or chew?	
a. No	0
b. Yes	1
Does your jaw lock or become stuck once a week or more?	
a. No	0
b. Yes	1
Total Score =	
≥1 point = positive screen for TMD,	

2. **PHQ-4:** at baseline appointment to formally assess symptoms and impact of anxiety and depression

Over the past 2 weeks have you been bothered by these problems? Please tick **ONLY one box** for of the below questions	Not at all 0	Several days 1	More than half of the days 2	Nearly every day 3
1. Feeling nervous, anxious or on edge				
2. Not being able to stop or control worrying				
3. Feeling down, depressed, or hopeless				
4. Little interest or pleasure in doing things				
Total Score =	*Total score is determined by adding together the scored of each of the 4 items.* *Scores are rated as: Normal (0-2), Mild (3-5), Moderate (6-8), and severe (9-12)* *Total score ≥3 for first 2 questions suggests anxiety. Total score ≥3 for last 2 questions suggests depression*			

3. **CPI:** At baseline and subsequent follow up appointments to quantitatively assess pain intensity over time

1. How would you rate your mouth and or face pain on a 0 to 10 scale <u>AT THE PRESENT TIME</u>, that is right now, where 0 is "no pain" and 10 is "pain as bad as could be". *(Circle number)*
0 1 2 3 4 5 6 7 8 9 10
No pain   Pain as bad as it could be

2. In the <u>PAST MONTH</u>, how intense was your <u>WORST</u> mouth and or face pain? *(Circle number)*
0 1 2 3 4 5 6 7 8 9 10
No pain   Pain as bad as it could be

3. In the <u>PAST MONTH</u>, on AVERAGE, how intense was your mouth and or face pain? (That is, your usual pain at times you were experiencing pain.) *(Circle number)*

	0	1	2	3	4	5	6	7	8	9	10	
No pain											Pain as bad as it could be	

Total Score:
CPI is calculated by summing the values from Q1-3 multiplying by 10 and dividing the product by 3