

## TOP 3 TIPS TO BE A SUCCESSFUL PSYCHIC OR MEDIUM

SO, YOU FEEL CALLED TO THE PATH OF PSYCHIC OR MEDIUMSHIP WORK—WHETHER THAT MEANS CONNECTING WITH SPIRIT, DELIVERING MESSAGES FROM LOVED ONES, OR USING YOUR INTUITION TO HELP OTHERS NAVIGATE THEIR LIVES. THAT'S AN INCREDIBLE GIFT, BUT LET'S BE REAL: HAVING THE ABILITY DOESN'T AUTOMATICALLY MEAN YOU'LL SUCCEED.

MANY GIFTED INDIVIDUALS STRUGGLE TO STEP INTO THEIR POWER, NOT BECAUSE THEY LACK THE GIFT, BUT BECAUSE THEY HAVEN'T ADDRESSED THE REAL ROADBLOCKS STANDING IN THEIR WAY.

Trust me, I know because I once struggled with the same issues.

FORTUNATELY, I WAS ABLE TO FIND CONFIDENCE, REMOVE BLOCKS, AND FIND SUCCESS AS A PSYCHIC MEDIUM. THIS MEANS, BECAUSE I WENT THROUGH THE SAME STRUGGLES I CAN HELP YOU BECOME SUCCESSFUL WHETHER YOU'RE A PSYCHIC OR A MEDIUM.

NOW LET'S EXPLORE THREE KEY AREAS
THAT WILL HELP YOU REFINE YOUR
ABILITIES AND THRIVE AS A PROFESSIONAL
PSYCHIC OR MEDIUM. MASTERING THESE
FOUR ASPECTS WILL SEPARATE THOSE WHO
MERELY DABBLE FROM THOSE WHO
CREATE A THRIVING, FULFILLING
SPIRITUAL PRACTICE.

## BOUNDARIES

IF YOU DON'T SET CLEAR BOUNDARIES WITH SPIRIT, YOU'LL QUICKLY FEEL DRAINED, OVERWHELMED, AND OUT OF CONTROL. SPIRITS DON'T OPERATE ON A 9-TO-5 SCHEDULE, AND IF YOU DON'T TAKE CHARGE OF WHEN AND HOW THEY INTERACT WITH YOU, THEY'LL SHOW UP AT ALL HOURS. LEARNING TO ESTABLISH FIRM ENERGETIC BOUNDARIES ENSURES THAT YOU STAY IN CONTROL OF YOUR GIFTS RATHER THAN BEING RULED BY THEM.

This can be as simple as imagining a door with you on one side and the spirit realm on the other. When the door is open you're ready to receive messages but when it's closed they're not allowed to interfere.

## CONFIDENCE

ONE OF THE BIGGEST THINGS THAT HOLDS PSYCHICS AND MEDIUMS BACK IS A LACK OF CONFIDENCE. YOU MIGHT FIND YOURSELF SECOND-GUESSING THE MESSAGES YOU RECEIVE, WORRYING ABOUT WHAT PEOPLE WILL THINK, OR FEARING THAT YOU'LL "GET IT WRONG."

Confidence isn't just about believing in your abilities—it's about trusting Spirit, trusting yourself, and embracing the fact that you were chosen to do this work for a reason.

On the next page I want you to list 5 times you doubted yourself but were successful in the end.

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CAN YOU SEE A PATTERN? OFTEN WE LET OUR EGO GET IN THE WAY AND BLIND US FROM HOW AMAZING WE REALLY ARE. SO START CELEBRATING YOUR WINS MORE! YOU'LL NOTICE THAT THE MORE YOU DO THE MORE YOUR CONFIDENCE WILL GROW.

## Money Blocks: Allowing Yourself to Receive

LET'S TALK ABOUT THE ELEPHANT IN THE ROOM—MONEY. TOO MANY PSYCHICS AND MEDIUMS STRUGGLE WITH FINANCIAL ABUNDANCE BECAUSE THEY SUBCONSCIOUSLY BELIEVE THAT SPIRITUAL GIFTS SHOULD ONLY BE USED FOR FREE, OR THAT THEY DON'T "DESERVE" TO BE PAID FOR THEIR WORK.

IF YOU HAVE A CALLING TO HELP OTHERS, YOU DESERVE TO BE SUPPORTED IN RETURN. BREAKING THROUGH MONEY BLOCKS IS A CRUCIAL STEP IN MAKING THIS A SUSTAINABLE, SUCCESSFUL CAREER RATHER THAN A DRAINING HOBBY.

YOU CANNOT POUR FROM AN EMPTY CUP SO YOU NEED TO ENSURE THAT YOU'RE

RECEIVING WHAT YOU NEED TO CONTINUE SHARING YOUR BEAUTIFUL GIFT WITH THE WORLD.

- 1. STOP BEING A GIVER AND NOT A TAKER. LET PEOPLE GIVE YOU GIFTS. IT MAY FEEL WEIRD AT FIRST, IT DID FOR ME, BUT ENERGY GOES WHERE ENERGY FLOWS.
- **2.** Stop giving freebies and bartering. Even if you really want it or your friend is really in need.
- 3. CHARGE YOUR WORTH. IF YOU'RE EXTREMELY UNCOMFORTABLE CHARGING FOR YOUR GIFT I WOULD SUGGEST RESEARCHING WHAT OTHERS IN YOUR STATE ARE CHARGING AND PRICE YOUR READINGS COMPARABLE TO THEIRS.
- -After 3-6 months increase your prices. Don't sell yourself short just because of other people's money blocks.

REMEMBER THAT REAL TRANSFORMATION HAPPENS THROUGH ACTION.

NOW THAT YOU'VE GAINED INSIGHTS
INTO SETTING BOUNDARIES, BUILDING
CONFIDENCE, AND CLEARING MONEY
BLOCKS, THE LAST BUT MOST IMPORTANT
THING IS TO STOP COMPARING YOURSELF
TO OTHERS AND BE YOURSELF!

IF YOU'RE READY TO TAKE YOUR SKILLS TO THE NEXT LEVEL. IF YOU'RE READY TO STEP FULLY INTO YOUR POWER, I INVITE YOU TO JOIN MY EXCLUSIVE MENTORSHIP PROGRAM. WHERE YOU'LL RECEIVE PERSONALIZED GUIDANCE, HANDS-ON EXERCISES, AND DIRECT SUPPORT TO HELP YOU ACCELERATE YOUR GROWTH AND BUILD A THRIVING SPIRITUAL PRACTICE.

IF YOU'RE READY FOR THE NEXT STEP YOU CAN SCHEDULE A CALL WITH ME AT:

**EMPOWERED PSYCHIC & MEDIUM MENTORSHIP** 

-Stina