

DIY Distress Oxide-Inspired Ink Recipes

with Cornstarch & Dish Soap

by Fairly Awed

■ Faux Distress Oxide SPRAY Ink

Ingredients:

- 10–15 drops water-based dye ink or food coloring
- 1/4 tsp cornstarch
- 1–2 drops mild dish soap
- 2–3 oz distilled water
- (Optional) Few drops rubbing alcohol (preservative)
- Small spray bottle

Instructions:

1. Add all ingredients to the spray bottle.
2. Shake well to dissolve cornstarch and mix thoroughly.
3. Shake before each use.
4. Spray on paper and mist lightly with water for oxidized look.
5. Let dry naturally or blot with paper towel for texture.

■ ■ Faux Distress Oxide STAMP Ink / Ink Pad Refill

Ingredients:

- 1 part dye ink or food coloring
- 1 part distilled water
- 1/2 part cornstarch
- 1–2 drops mild dish soap
- Small container + sponge, felt pad, or makeup sponge

Instructions: 1. Mix all ingredients into a smooth, creamy paste. 2. Dab onto sponge or felt to create a DIY ink pad. 3. Use with stamps or blending sponge as usual. 4. Store in an airtight container and stir before use if separation occurs.

■ Notes:

- Cornstarch creates a soft, matte 'chalky' finish.
- Dish soap helps disperse color and smooth blending.
- Always shake or stir before use—cornstarch settles over time.
- Best for journaling, vintage textures, and layered backgrounds.