

## COMPETITION INFORMATION

### GENERAL

For information of entrance to Fana Stadium, collection of accreditation cards (if not collected at the hotel), athletes tribune etc., please refer to the attached stadium map.

The pickup of starting bibs will take place at the hotel Monday the 2<sup>nd</sup>, 11am to 9pm, and Tuesday the 3<sup>rd</sup>, from 8am to 4pm. From 4pm to 6pm at Fana stadium.

### HOTEL

As like the previous editions, the official meeting hotel is the Comfort Bergen Airport Hotel, just a few minutes walk from the arrival hall. There will be signs to the hotel. No pick-up or transport are needed as the athletes can walk to the hotel and will be welcomed by our staff there.

### MEALS

For the athletes and coaches Trond Mohn Games cover accommodation at the hotel according to agreement, the organizer covers the following meals:

- Lunch 2<sup>nd</sup> of June: Served from 13:00 to 15:00
- Dinner 2<sup>nd</sup> of June: Served from 19:00 to 21:00
- Lunch 3<sup>rd</sup> of June: Served from 13:00 to 15:00
- Dinner 3<sup>rd</sup> of June: Served from 20:00 to 23:00

Any additional food or beverages beyond these specified meals will be at your own expense. All meals are served buffet style, with a variety of options. Vouchers for the meals will be handed out at the Trond Mohn Games information desk at the hotel, to the athletes and coaches with an agreement with the organizer regarding accommodation. All other athletes and coaches are warmly welcome to join the meals, at their own expense.

### CALL ROOM

In the Call Room the judges will check the following in accordance with IAAF Rules: Competition Bibs, Shoes and Spikes.

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3 / MP4, cell phones or similar devices) will not be permitted in the infield as per IAAF Rule 144.2. Competition officials in the Call Room will confiscate all not authorized items.

Athletes will receive a receipt for any such items. Upon presentation of this receipt, the Athletes will be able to collect such items from the CALL ROOM once their event has finished.

All times are prior to the actual starting time of the event.

	<u>Call</u>	<u>Leave Call Room</u>	<u>At Competition Site</u>
Track Events:	35 min	20 min	15 min
Pole Vault:	70 min	55 min	50 min
Other Field Events:	50 min	35 min	30 min

## FIELD EVENTS

In all throwing events each Athlete is allowed to three practice trials under the supervision of the judges, more if time allows. In the remaining field events, the practice trials will be supervised by the relevant judges. The Athletes will be called to the practice trials in the competition order.

## COACHING ZONES

To allow communication between Athletes and Coaches, seats have been reserved in the first rows of the stands close to the Long Jump and Triple Jump area. There will be one pass per Athlete competing. The pass is only valid when accompanied by the yellow card Accreditation, this accreditation needs to always be visible.

## EQUIPMENT CONTROL

Personal throwing equipment shall be delivered to the Equipment Control Room at least 60 minutes before starting time of the relevant event.

## TRAINING MONDAY 2<sup>nd</sup> of JUNE

There will be organized training Monday 2<sup>nd</sup> of June. For all events except hammer throw, and long jump outdoor, the training will take place at the competition venue, Fana Stadium. It will be possible to do long jump indoor at Fana Stadium. Training for hammer throw, and long jump outdoor, will take place at Arna Stadium. There will be two buses leaving from the hotel at 17.00, one to Arna and one to Fana. Please ensure that you are boarding the bus going to your desired venue. The buses will return to the hotel 90 minutes after arrival to the venues (or according to agreement with the athletes). For those who want to go back From Fana Stadium before or later, there will be transport available. Fana Stadium is a 10 minutes' drive away, and Arna Stadium is a 30 minutes' drive.

Please note that Fana Stadium will be closed for all training on Tuesday 3<sup>rd</sup> of June. It is possible to inspect the stadium, transport to be ordered at the Trond Mohn Games information desk at the hotel.

## TRANSPORT HOTEL – FANA STADIUM TUESDAY 3<sup>rd</sup> OF JUNE

There will be shuttle buses from the hotel to Fana Stadium running all day, leaving the hotel every hour and half past each hour from 16.00 (16.00, 16.30, 17.00, 17.30....) and returning from the stadium to the hotel every hour and half past each hour from 16.00 (16.00, 16.30, 17.00, 17.30....and end of event 22.00). There will be additional transport by cars, to be ordered at the Trond Mohn Games information desk at the hotel.

## PRICE MONEY, STARTING FEE, TRAVEL COSTS

After the meet, send the invoice for the agreed travel, promo fee and prizemoney to Jasper Buitink. [jasper@arcticapproach.com](mailto:jasper@arcticapproach.com). Please do not forget to deduct 15% from the prizemoney/promo fee. Invoice it to «Trond Mohn Games AS». Norwegian athletes will get their price money by sending their club bank account number to [per@searchpeople.no](mailto:per@searchpeople.no).

## PRIZE CEREMONY

A short prize ceremony will take place as soon as an event is completed, and for the winner only.

## CONTACT PERSONS

Meeting Director and Hotel: Per Godvik, +47 971 58 279, [per@searchpeople.no](mailto:per@searchpeople.no)

Staff organization: Tom Geir Jensen, +47 905 75 410, [tom@norna-salhus.no](mailto:tom@norna-salhus.no)

## TIME SCHEDULE

Start	End	Event	Gender	Cat
16:50	17:48	Triple Jump	W&M	P
18:10	19:10	Pole Vault	M	P
<b>18:10</b>	<b>18:59</b>	<b>Shot Put</b>	<b>M</b>	<b>A</b>
<b>18:10</b>	<b>19:02</b>	<b>Long Jump</b>	<b>W</b>	<b>A</b>
18:15	18:50	High Jump	W&M	P
18:20	18:22	800m	W	P
18:27	18:29	800m Heat P-B	M	P
18:35	18:37	800m Heat P-A	M	P
18:45	18:46	100m Heat B	M	P
18:51	18:52	100m Heat A	M	P
18:57	18:58	100m	W	P
<b>19:05</b>	<b>19:18</b>	<b>Opening Ceremony</b>		
19:20	19:21	400m	M	P
<b>19:25</b>	<b>20:24</b>	<b>Hammer Throw</b>	<b>W</b>	<b>A</b>
<b>19:40</b>	<b>20:19</b>	<b>Long Jump</b>	<b>M</b>	<b>A</b>
<b>19:40</b>	<b>19:41</b>	<b>300m Heat B</b>	<b>M</b>	<b>A</b>
<b>19:55</b>	<b>21:20</b>	<b>Pole Vault</b>	<b>W</b>	<b>A</b>
<b>20:00</b>		<b>NRK sendestart</b>		
<b>20:04</b>	<b>20:06</b>	<b>800m</b>	<b>M</b>	<b>A</b>
<b>20:16</b>	<b>20:32</b>	<b>5000m</b>	<b>W</b>	<b>A</b>
<b>20:40</b>	<b>20:41</b>	<b>200m</b>	<b>W</b>	<b>A</b>
<b>20:50</b>	<b>20:51</b>	<b>100m Hurdles</b>	<b>W</b>	<b>A</b>
<b>20:50</b>	<b>21:48</b>	<b>Hammer Throw</b>	<b>M</b>	<b>A</b>
<b>20:58</b>	<b>20:59</b>	<b>100m Para</b>	<b>M</b>	<b>A</b>
<b>21:05</b>	<b>21:07</b>	<b>800m</b>	<b>W</b>	<b>A</b>
<b>21:13</b>	<b>21:14</b>	<b>300m Heat A</b>	<b>M</b>	<b>A</b>
<b>21:21</b>	<b>21:30</b>	<b>3000 m</b>	<b>M</b>	<b>A</b>
<b>21:41</b>	<b>21:42</b>	<b>300m Hurdles</b>	<b>M</b>	<b>A</b>
<b>21:53</b>	<b>21:54</b>	<b>300m</b>	<b>W</b>	<b>A</b>
<b>21:58</b>	<b>21:58</b>	<b>NRK sendeslutt</b>		

## ATHLETE SUSTAINABILITY GUIDE

For more information visit:

<https://worldathletics.org/athletics-better-world/sustainability/athlete-sustainability-guide>

## ARENA MAP



1. Bus
2. Entrance
3. Accreditation
4. Entrance tribune athletes
5. Tribune athletes
6. Call room/ indoor warm-up area
7. Medics, physio
8. Wardrobe
9. Mixed zone
11. Equipment control
12. Toilets
13. Secretariat
14. Technical information centre
15. Weight room
16. Hammer throw
18. Pole vault
19. Long jump and triple jump
20. Warm-up area
21. VIP Reception
22. Tribune judges/ assistants
23. Entrance judges/ assistants
24. Shot put