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Veg Salad

No Brown Rice

Mix Sprout Salad	- 200
Chana Chaat Salad	- 200
Paneer Salad	- 200
Paneer Tikka Stick Salad	- 200
Garlic Paneer salad	- 200
Tofu Salad	- 200
Red Beans Salad	- 200
Masala Oats Salad	- 200
Pasta Salad	- 200
Mix Vegetable Salad	- 200
Veggie Pineapple Salad	- 200
Broccoli Apple Salad	- 200
High Protein Salad	- 200
Hot & Sour Salad	- 200
Soya Chunk Salad	- 200
Mexican Quinoa Salad	- 200
Cheakpea Salad	- 200
Grilled Paneer with Mashed Potatoes	- 200

Veg Meal

Contains Brown Rice

Soya Chunk Meal	- 200
Red Beans Curry Meal	- 200
Tofu Masala Meal	- 200
Tofu Makhani Meal	- 200
Tofu Tikka Masala Meal	- 200
Mushroom Masala Meal	- 200
Paneer Jalfrezi Meal	- 200
Paneer Masala Meal	- 200
Paneer Chilli Meal	- 200
Paneer Hariyali Meal	- 200
Paneer Tikka Masala Meal	- 200
Paneer Makhani Meal	- 200



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Non-Veg Salad

No Brown Rice

Cheese Scrambled Egg	-230
Double Egg Chicken Wrap	-230
Chicken Veggie Salad	-230
Lemon Peper Chicken	-230
Chicken Almond	-230
Chicken Tikka with Quinoa	-230
Chicken Pasta Salad	-230
Thai Chicken	-230
Grilled Chicken	-230
Chicken Egg	-230
Chicken Stick	-230
Chicken Herb	-230
Cheese Stuff Chicken	-230
Chicken Caesar salad	-230
BBQ Chicken Salad	-230
Chicken Chilli	-230

Non-Veg Meal

Contains Brown Rice

Egg Tikka Masala	-230
Spinach Chicken	-230
Chicken Masala	-230
Chicken Tikka Masala	-230
Chicken Makhani	-230
Chicken Egg Masala	-230
Grilled Chicken Meal	-230
Chicken Hariyali	-230
Chicken Teriyaki	-230
Chicken Jalfrezi	-230
Honey Garlic Chicken	-230
Tuna Fish Meal	ASP
Salmon Fish Meal	ASP
Tilapia Fish Meal	ASP
King Fish Meal	ASP
Prawns Fish Meal	ASP

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Fruit Salad



Regular fruit salad _____ - 180

Premium fruit salad _____ - 200

Fruit cream salad _____ - 200

Russian fruit salad _____ - 200

Oats with fruits & nuts _____ - 250



Pancakes

Regular pancake _____ - 200

Spinach pancake _____ - 200

Beetroot pancake _____ - 200

Whey Protein Chocolate pancake _____ - 250



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Veg Sandwich

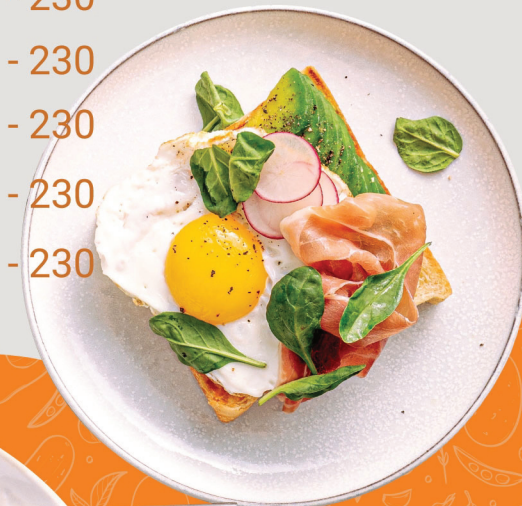


- Avocado Toast Sandwich _____ - 200
- Veg Patty Sandwich _____ - 200
- Veg Coleslaw Sandwich _____ - 200
- Peanut Butter Sandwich _____ - 200
- Grilled Paneer Sandwich _____ - 200
- Tofu Sandwich _____ - 200

Non-Veg Sandwich



- Avocado Egg Toast Sandwich _____ - 230
- Chicken Patty Sandwich _____ - 230
- Grilled Chicken Sandwich _____ - 230
- Chicken Coleslaw Sandwich _____ - 230
- Chicken Shawarma Sandwich _____ - 230



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Veg Tortilla Wrap

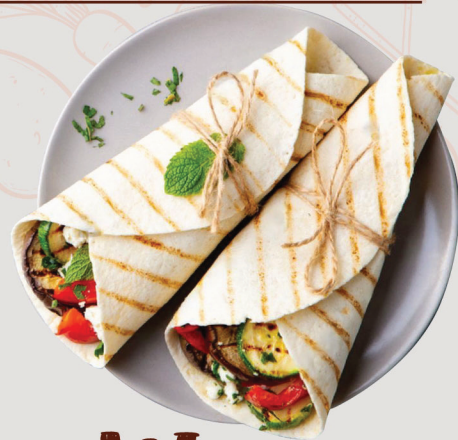


Veggie Wrap _____ - 200

Paneer Tikka Wrap _____ - 200

Tofu Tikka Wrap _____ - 200

Aloo Masala Wrap _____ - 200



Non-Veg Tortilla Wrap

Chicken Tikka Wrap _____ - 230

Chicken Shawarma Wrap _____ - 230

Cheese Chicken Wrap _____ - 230

Chicken Coleslaw Wrap _____ - 230



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Juices

Kiwi	- 100
Carrot	- 100
Beetroot	- 100
Pomegranate	- 100
Orange	- 100
Pineapple	- 100
Watermelon	- 100

Detox Juices

Amla (Amla + Lemon + Honey)	- 100
Immunity Booster (Carrot + Papaya + Orange + Ginger)	- 120
Sun Burst (Pineapple + Orange + Honey + Ginger)	- 100
Herbal (Cucumber + Spinach + Mint + Ginger + Apple + Lemon + Celery)	- 120
Cucumber Mint (Cucumber + Mint + Honey + Lemon + Ginger)	- 100
ABC (Apple + Carrot + Beetroot)	- 120

Smoothies

Kiwi	- 150
Dragon	- 150
Apple Chia	- 150
Protein	- 150
Whey chocolate	- 200
Whey Kulfi Protein	- 200

Strawberry	- 150
Mix Fruit	- 150
Papaya	- 150
Avocado	- 200
Mango Chia	- 200



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Multigrain Dosa

Paneer Dosa _____ 200

Whey Protein Chocolate Dosa _____ 200

Chicken Dosa _____ 200



Dessert

Whey Protein Chia Pudding
(Chocolate Fudge) _____ 200
Protein - 20gm



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