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**CODE OF CONDUCT FOR PARENTS, CARERS AND GUARDIANS**

**As a parent, carer or guardian of someone taking part in gymnastics, this is what you must follow so we can make sure everyone is happy and safe.**

**I have the right to:**

1. Be assured that the gymnasts in Somersaults care are safeguarded during their time in the gym

2. See any of Somersaults policies and procedures at any time

3. Know who the Safeguarding and Wellbeing Officers being responsible for the gymnasts are and have their contact details

4. Know what training and qualifications Somersault staff have

5. Be informed of problems or concerns relating to my child

6. Know what happens if there is an accident or injury

7. Be informed of injuries and see records of any accidents relating to my child

8. Have any concerns about any aspect of the gymnasts welfare listened to and responded to

**How I will behave**

1. Learn what gymnastics means to the gymnast and what their wishes are

2. Take the time to talk to them about what we both want to achieve through sport but ultimately it is their choice whether they want to participate

3. Listen when the gymnast says that they don’t want to do something

4. At a competition, accept the officials judgement, do not approach the judges table, and do not enter the field of play or warm up area

5. Behave positively while watching, only shout encouragement

6. Think about the way I react and behave; it will have an effect on everyone around me

7. Encourage the gymnasts to respect and celebrate differences in their sport

8. Use social media responsibly when talking about what goes on in gymnastics

9. Talk to the gymnast about embracing good etiquette and fair sport

10. Encourage the gymnast to play by the rules

11. Ensure the gymnast understands their Code of Conduct

12. Follow the Parent Code of Conduct

13. Support all gymnasts at Somersault

**What I will do:**

1. Make sure the gymnast has the right kit, clothing and sustenance for the session

2. Make sure they arrive to sessions on time and are picked up promptly; or let the Coach know if you are running late or if the gymnast is going home with someone else

3. Complete all consent and contact forms and update Somersault straight away if anything changes

4. Maintain an open and positive relationship with the coach. Remember they are the coach, not me; I should talk to them with respect and encourage my child to do the same

5. Use social media and group chats positively. Do not take photographs/videos at the gym without explicate permission from the coach. Do not post photographs or videos on private social media without the permission of the child's parent

6. Understand that it is the coach decision regarding which competitions, and which level the gymnast will compete at

7. Ensure that training fees are paid, and any competition entry fees are paid by deadline dates

Remember – the Safeguarding and Wellbeing Officers are there for you and the gymnasts. If you have any worries or concerns, please talk to them or email them at [welfare@somersaultgym.co.uk](mailto:welfare@somersaultgym.co.uk), or email the Welsh Gymnastics safeguarding team at [safeguarding@welshgymnastics.org](mailto:safeguarding@welshgymnastics.org).

We expect everyone to follow their code of conduct. If any parent behaves in a way that contradicts any of the points set out above, or any other breech we will address the problem straight away and aim to resolve the issue.

Persistent concerns or breaches will result in us having to liaise with Welsh Gymnastics to trigger a 3-step system:

Step1 Verbal warning

Step 2 Written warning

Step 3 Suspension - or expulsion of the parent, carer or guardian and/or the gymnast. Breeches of the Code of Conduct or gross misconduct (examples are aggressive or abusive

behaviour, dishonesty, bringing Somersault into disrepute or other serious behaviour). The decision to suspend or expel any member from Somersault will be taken by a Disciplinary Committee, which will be made up of a Director and Safeguarding and Wellbeing Officer.

Signature of parent/carer/guardian:

Date: