



## **Main Character or Supporting Role?**

**You don't feel stuck because you're lazy or unmotivated.**

**You feel stuck because you're playing the wrong role.**

**Most people spend their lives as a character in  
someone else's story...**

**Helpful. Reliable. Reactive. Waiting.**

*Read this slowly. Do not skim. Notice what feels familiar.*

### **WHEN YOU ARE A CHARACTER IN SOMEONE ELSE'S STORY, YOU...**

- 1. You wait for direction.**
- 2. You optimize for approval.**
- 3. You react to events.**
- 4. You explain more than you decide.**
- 5. You accept default paths.**
- 6. You delay until conditions feel right.**
- 7. You trade time for reassurance.**
- 8. You let urgency set priorities.**
- 9. You tolerate misalignment.**
- 10. You narrate constraints.**

11. You consume more than you create.
12. You hope to be chosen.
13. You measure success socially.
14. You avoid conflict to preserve comfort.
15. You revisit the same problems.

 **WHEN YOU ARE THE MAIN CHARACTER OF YOUR OWN STORY, YOU...**

1. You set direction.
2. You optimize for alignment.
3. You initiate events.
4. You decide, then explain if needed.
5. You design paths.
6. You act before certainty.
7. You invest time for leverage.
8. You choose priorities deliberately.
9. You correct misalignment early.
10. You narrate intent.
11. You create more than you consume.
12. You select opportunities.
13. You measure success internally.

14. You accept conflict as signal.

15. You close loops and move on.

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## IMPORTANT INSTRUCTIONS

**Do not try to fix all of this. That keeps you stuck.**

**Instead:**

- **Circle one item from the first list that describes you right now.**
- **Circle the matching item from the second list.**
- **Take one small action today that proves the second list is true.**

*That is how identity shifts. Not by thinking. By choosing.*

## CALL TO ACTION

**Hit reply and tell me the number that hit you hardest.**

*Just the number is enough.*

*Find more resources @*

[www.unstoppableaprilnicole.com](http://www.unstoppableaprilnicole.com)