



Disability Sport Coaching Apprenticeship

Become a Sports Coach



This is an opportunity for adults with a disability in Sussex.

You can learn how to become a sports coach.

You will do this through a paid apprenticeship.



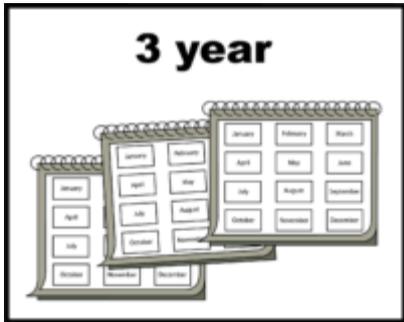
There is a special chance for adults with a **learning disability** in Sussex. They can do a coaching course and get paid for it. This is called an **apprenticeship**.



An apprenticeship means you **learn new skills while working**.

You get paid while you learn.

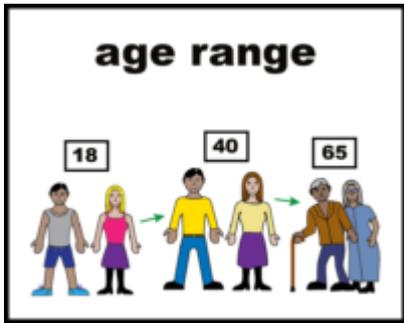
This apprenticeship lasts 3 years.



The course is 3 years long. It is called **Community Activator Coach Level 2**. You will learn to plan and lead sports for people of all ages.



You can join a weekly sports session. You will **learn and practice coaching**. You will work with good coaches and learn from them.



To join, you must be 18 or older by 2026. You need to have a **learning or physical disability**. You must not be in school.



Apprentices get a **Community Coach qualification**. They also get paid about £5000 each year for 3 years. They have weekly help from mentors.



The course has 21 parts over 3 years. You will learn in different ways, like group lessons and one-to-one talks. You will also hear from guest speakers.



You need to work **6-10 hours a week**. Every 6 weeks, there is a 2-hour online lesson. You will meet your mentor once a week.



You must sign up by 1st May 2026. The course is run with **Limitless Employment** and **AC Training**.



You can email us at:
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for more information and to sign up.