**Hasagani Tissera**

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**Academic Positions**

05/2025 – Present Postdoctoral Researcher, *Happiness and Well-Being Lab*

05/2025 – Present Postdoctoral Researcher (Part-Time), *University of British Columbia*

05/2023 – 05/2025 Postdoctoral Researcher, *University of Toronto*

2023 Visiting Scholar, *Wharton School of the University of Pennsylvania*

**Education**

2017 – 2023 Ph.D. in Psychology**,** *McGill University*

2014 – 2017B.Sc Honors Psychology, *McGill University*

**Publications**

***Peer-Reviewed Publications***

**Tissera, H.**, Elsaadawy, N., Cooney, G., Human, L. J., & Carlson, E. N. (2025). Evaluating the psychological and social nature of actual and perceived liking gaps. *Journal of Personality and Social Psychology.* https://osf.io/7r3nj/

Pringle, V., **Tissera, H.,** Elsaadawy, N., Carlson, N. E., & Human, L. J. (2024). Do narcissists think they make a better first impression than they really do? Re-evaluating enhancement as a dominant feature of narcissism. *Social Psychological and Personality Science*. https://osf.io/eqtxm/

Lydon, J. E., **Tissera, H.,** Auger, E., &Nishioka, M. (2024).Devaluation of attractive alternatives: How those with poor inhibitory ability pre-emptively resist temptation. *Personality and Social Psychology Bulletin*. https://osf.io/sdf8g/

Mignault, M.-C., **Tissera, H.**, Cecere, J., Fargnoli-Brown, Z., & Human, L. J. (2024).Perceiving others through a screen: Are first impressions of personality accurate and normative via videoconferencing? *Personality and Social Psychology Bulletin*. https://osf.io/hmvz4/

Hater, L., Elsaadawy, N., Biesanz, J. C., Breil, S., Human, L. J., Niemeyer, L. M., **Tissera, H.,** Back, M. D., & Carlson, E. N. (2023). Examining individual differences in meta-perceptive accuracy using the social meta-accuracy model. *Journal of Personality and Social Psychology*. https://osf.io/vydp2/

Mignault, M.-C.\*, **Tissera, H.\*** Human, L. J., & Lydon, J. E. (2023). Being and feeling understood: Examining the role of personality and emotion perceptions in others’ felt understanding. *Journal of Research in Personality*. https://osf.io/vk6qg/

**Tissera, H.**, Mignault, M.-C. & Human, L. J. (2023)‘Zooming’ in on positive and accurate metaperceptions in first impressions: Examining the links with social anxiety and liking in online interactions. *Journal of Personality and Social Psychology*. https://osf.io/4jhxq/

**Tissera, H.,** Lydon, J. E., & Human, L. J. (2023). A pre-registered replication and extension of “What is beautiful is good and accurately understood”*. European Journal of Personality*. https://osf.io/64txm/

**Tissera, H.**, Visserman, M. L., Impett, E. A., Muise, A. & Lydon, J. E. (2023). Understanding the links between perceiving gratitude and romantic relationship satisfaction using an accuracy and bias framework. *Social Psychological and Personality Science.* https://osf.io/tsxhw/

**Tissera, H.,** Heyman, J. L., & Human, L. J. (2023). Do people know how their romantic partner views their emotions? Evidence for emotion meta-accuracy and links with momentary romantic relationship quality*. Personality and Social Psychology Bulletin*. https://osf.io/7jqps/

**Tissera, H.** & Lydon, J. E. (2022). Knowing how you see me: Exploring meta-accuracy of personality, emotions and values and their links with relationship quality among young adults*. Journal of Personality.* https://osf.io/hz4x3/

**Tissera, H.,** Kerr, L. G., Carlson, E. N. & Human, L. J. (2021). Social anxiety and liking: Towards understanding the role of metaperceptions in first impressions. *Journal of Personality and Social Psychology*. https://osf.io/d3gtz/

**Tissera, H.** & Lydon, J. E. (2021). Seeing you, seeing me: Links between perceived commitment, metaperceptions and relationship well-being*. Personal Relationships, 28*(3).521–537. https://osf.io/8xq29/

**Tissera, H.,** Auger, E., Séguin, L., Kramer, M. S., & Lydon, J. E. (2021). Happy prenatal relationships, healthy postpartum mothers: a prospective study of relationship satisfaction, postpartum stress, and health. *Psychology and Health.*

Kerr, L. G., **Tissera, H.,** McClure, M. J., Lydon, J. E., Back, M. D., & Human, L. J. (2020). Blind at first sight? The role of positivity and accuracy of first impressions in romantic interest. *Psychological Science*. https://osf.io/pm7v9/

\**denotes equal contributions*

***Under Review***

**Tissera, H.** & Human, L. J. (invited revision). Mapping the Profiles of Meta-Accuracy Predictors: Exploring the Good Metaperceiver, the Good Perceiver, and the Good Trait**.** *Personality Science.*

**Tissera, H.** & Human, L. J. (under review).Comparing trait-wise and profile-wise approaches to assess the links between metaperceptions and romantic interest during speed-dating. *Personality and Social Psychology Bulletin.*

**Tissera, H.** & Human, L. J. (under review). Emotion Meta-Accuracy and Its Role in Daily Relationship Dynamics *Social Psychological and Personality Science.*

***Non-Peer Reviewed Articles***

**Tissera, H.,** & Mignault, M.-C. (2023). To Zoom or not to Zoom: Does videoconferencing help you manage the impression you leave on others? *Harvard Business Review.*

Stewart, D. K., Vu, H. A., Austin, K. W., Andrade, F. C., **Tissera, H.,** Conrique, B. G., & Vuletich, H. A. (2021). Careers outside of academia for social and personality psychologists: Strategies and insights about the non-academic job market: A technical report by the SPSP Student Committee. Retrieved from https://spsp.org/sites/default/files/Strategies\_and\_Insights\_about\_the\_Non-Academic\_Job\_Market\_Technical\_Report.pdf

Vuletich, H. A., Andrade, F. C., Guevara Beltran, D., & **Tissera, H.** (2019). Social and personality psychology PhDs on the academic job market: Characteristics and outcomes: A technical report by the SPSP student committee. Retrieved from http://spsp.org/sites/default/files/Social\_and\_Personality\_Psychology\_PhDs\_on\_the\_Academic\_Job\_Market\_Characteristics\_a nd\_Outcomes\_Technical\_Report.pdf

**Funding & Grants**

2024–2027 SSHRC Insight Grant ($94,700 – Role: Collaborator)

2023–2025 SSHRC Postdoctoral Fellowship ($90,000)

2023–2025 UTM Tri-Council Postdoctoral Fellowship Top-Up ($24,000)

2023–2025 FRQSC Postdoctoral Supplement ($20,000)

2023–2025 FRQSC Postdoctoral Fellowship ($90,000), *declined*

2023–2025 UTM Postdoctoral Fellowship (100,000), *declined*

2020–2024 FRQSC Doctoral Research Scholarship ($84 000), *declined*

2020–2023 Joseph-Armand Bombardier SSHRC Doctoral Scholarship ($105 000)

2017–2019FRQSC Masters Research Scholarship ($30 000), *declined for 2017-2018*

2017–2018 SSHRC Master’s Scholarship ($17 500)

**Awards & Scholarships**

2024 Tanaka Dissertation Award

2024 Association for Research in Personality Student Travel Award

2019 GREAT Travel Award, McGill University

2019 Mendelson Travel Award, McGill University

2018 International Association for Relationship Research Travel Award

2018 GREAT Travel Award, McGill University

2018 Mendelson Travel Award, McGill University

2018 SPSP Student Poster Award (Runner-Up)

2017 SPSP Graduate Student Travel Award

2017 Graduate Excellence Award, McGill University

2017 Science Undergraduate Research Award, McGill University

2016 Science Undergraduate Research Award, McGill University

2016 Advisory Board Scholarship in Science, McGill University

2016 Dow-Hickson Scholarship, McGill University

2015 Science Undergraduate Research Award, McGill University

**Chaired Symposia**

**Tissera, H**. (2024, February). Conversational crossroads: Navigating biases in social interactions*.* Symposium accepted to be presented at the Society for Personality and Social Psychology Convention.

**Tissera, H.** & Mignault, M.-C. (2022, February). Advances in empathic accuracy*.* Symposium presented at the virtual Society for Personality and Social Psychology Convention.

**Tissera, H.** & McClure, M. J. (2021, July). Perception, attraction, and connection: Cognitive, motivational and evolutionary perspectives. Symposium presented at the virtual International Association for Relationship Research Conference.

**Tissera, H.** & Kubin, D. (2020, May). Self-concept clarity and interpersonal processes. Symposium accepted at the 81st Canadian Psychological Association Annual National Convention, Montreal, Quebec. Conference cancelled due to COVID-19.

**Tissera, H.,** & Elsaadawy, N. (2019, June). Perceiving you, perceiving me: Sources and benefits of accuracy and bias in interpersonal interactions*.* Symposium presented at the International Association for Relationship Research Mini-Conference, Ottawa, ON, CA.

**Research Presentations**

***Paper Presentations***

**Tissera, H.**, & Carlson, E. N. (2025, June). *Understanding who contributes to emotion perceptions and experiences in first impressions.* [Conference presentation]. Association for Research in Personality, Evanston, IL, USA.

**Tissera, H.**, & Human, L. J. (2025, February). *Mapping out the meta-accuracy predictors.* [Data Blitz]. Society for Personality and Social Psychology Convention, Denver, CO, USA.

**Tissera, H.**, Elsaadawy, E., Long, E. U., & Carlson, E. N. (2024, August). *Can we tell how others experience our emotions in the moment?.* [Conference presentation]. European Conference of Personality, Berlin, Germany.

**Tissera, H.**, Overall, N. C., Human, L. J., & Lydon, J. E. (2024, July). *Understanding the role of mate attribute metaperceptions in romantic interest at speed-dating: A comparison of the trait-wise and profile-wise approaches.* [Conference presentation]. International Association for Relationship Research, Boston, MA, USA.

**Tissera, H.**, Elsaadawy, N., Cooney, G., Human, L. J., & Carlson, E. N. (2024, February). *Liking gaps: Who exhibits them and conversational experiences with them.* [Conference presentation]. Society for Personality and Social Psychology Convention, San Diego, CA, USA.

**Tissera, H.**, Elsaadawy, N., Cooney, G., Human, L. J., & Carlson, E. N. (2023, August). *Actual vs. perceived liking gaps: Are liking gaps in first impressions adaptive?* [Conference presentation]. Academy of Management, Boston, MA, USA.

**Tissera, H.**, Elsaadawy, N., Cooney, G., Human, L. J., & Carlson, E. N. (2023, July). *Understanding the links between psychological adjustment and liking gaps by disentangling the effects of bias vs. positivity of metaperceptions.* [Conference presentation]. Association for Research in Personality, Evanston, IL, USA.

**Tissera, H.**, Mignault, M.-C. & Human, L. J. (2023, February). *‘Zooming’ in on positive and accurate metaperceptions in first impressions.* [Conference presentation]. Society for Personality and Social Psychology Convention, Atlanta, GA, USA.

**Tissera, H.**, Mignault, M.-C. & Human, L. J. (2022, July). *Meta-Accuracy in first-impressions: How the links with social anxiety and liking translate to online interactions.* [Conference presentation]. European Conference of Personality, Madrid, Spain.

**Tissera, H.**, Visserman, M. L., Impett, E. A., Muise, A. & Lydon, J. E. (2022, July). *Accuracy and bias in perceiving partner’s gratitude: Examining the links with relationship satisfaction.* [Virtual conference presentation]. International Association for Relationship Research Virtual Conference.

**Tissera, H.,** Heyman, J. L., & Human, L. J. (2022, February). *Evidence for empathic meta-accuracy and links with romantic relationship quality.* [Virtual conference presentation]. Society for Personality and Social Psychology Virtual Convention.

**Tissera, H.,** Lydon, J. E., & Human, L. J. (2021, July). *Is what is beautiful good and more accurately understood? A preregistered replication study.* [Virtual conference presentation]. International Association for Relationship Research Virtual Conference.

**Tissera, H.,** Peters, M., & Human, L. J. (2020, May). *Achieving meta-accuracy: The role of self-concept clarity and self-esteem.* [Conference presentation]. 81st Canadian Psychological Association Annual National Convention, Montreal, QC, CA. Conference cancelled due to COVID-19.

**Tissera, H.,** Kerr, L. G., Carlson, E. N., & Human, L. J. (2019, June). *Knowing how you see me: The interpersonal correlates of meta-accuracy in first impressions and the role of social anxiety.* [Conference presentation]. International Association for Relationship Research Mini-Conference, Ottawa, ON, CA.

**Tissera, H.,** & Lydon, J. E. (2018, July). *Romantic satisfaction enhances the health of new mothers by mitigating postpartum stress.* [Conference presentation]. International Association for Relationship Research Conference, Fort Collins, CO, USA

***Poster Presentations***

**Tissera, H.**, & Human, L. J. (2025, February). *Mapping out the meta-accuracy predictors.* [Poster Presentation]. Society for Personality and Social Psychology Convention, Denver, CO, USA.

**Tissera, H.**, Mignault, M.-C. & Human, L. J. (2023, February). *‘Zooming’ in on positive and accurate metaperceptions in first impressions.* [Poster presentation]. Judgment and Decision-Making Preconference at the Society for Personality and Social Psychology Convention, Atlanta, GA, USA.

**Tissera, H.** & Lydon, J. E. (2021, February). *Seeing you, seeing me: Links between perceived commitment, metaperceptions and relationship well-being*. [Poster presentation]. Society for Personality and Social Psychology Virtual Convention.

**Tissera, H.,** Kerr, L. G., Carlson, E. N., & Human, L. J. (2020, February). *Knowing how you see me: Meta-Accuracy and liking during first impressions and the role of social anxiety.* [Poster presentation]. Society for Personality and Social Psychology Convention, New Orleans, LA, USA.

**Tissera, H.,** Jenkins, R., Human, L. J., & Lydon, J. E. (2019, February). *What is perceived as beautiful is accurately understood: A conceptual replication and attention as a proposed mechanism.* [Poster presentation]. Society for Personality and Social Psychology Convention, Portland, OR, USA

**Tissera, H.,** Hurley, S., Human, L. J.,& Lydon, J. E. (2018, June). *When partner accuracy helps: How partner perceptions during stressful life events may benefit relational well-being.* [Poster presentation]. International Congress of Applied Psychology, Montreal, QC, CA

**Tissera, H.,** Kerr, L. G., & Human, L. J. (2018, March). *Blind to how you see me: Decreased meta-accuracy mediates the link between social anxiety and romantic interest.* [Poster presentation]. Society for Personality and Social Psychology Convention, Atlanta, GA, USA

***Invited Talks***

**Tissera, H.** (2024, November). How can we have better social interactions? The role of meta-accuracy [Invited talk]. University of Toronto, St-George, Toronto, ON, CA.

**Tissera, H.** (2023, March). Knowing how we are seen: Why does it matter? [Invited talk]. University of Montreal, Montréal, QC, CA.

**Tissera, H.** (2023, March). Knowing how we are seen: Why does it matter? [Invited talk]. University of Chicago Booth School of Business, Chicago, IL, USA.

**Tissera, H.** (2023, February). Beliefs about how we are seen: Why do they matter? [Invited talk]. NYU Stern School of Business, New York, NY, USA.

**Tissera, H.** (2022, November). Beliefs about how we are seen by others: Understanding the role of metaperceptions in the links between social anxiety and liking in first impressions. [Invited talk]. University du Québec à Montréal, Montreal, QC, CA.

**Advanced Quantitative Training**

***Workshops***

2020 (Summer) Structural Equation Modeling

*Instructors: Dr. Patrick Curran and Dr. Dan Bauer*

2019 (Winter) Sample Size Planning for Appropriate Statistical Power

*Instructor: Dr. Samantha F. Anderson*

2018 (Winter) Introduction to Longitudinal Dyadic Analyses,

*Instructors: Dr. Robert A. Ackerman and Dr. Deborah A. Kashy*

***Graduate Courses***

2022 (Winter) Applied Machine Learning

2021 (Fall) Measurement of Psychological Processes

2021 (Winter) Structural Equation Models

2020 (Winter) Applied Bayesian Statistics

2019 (Winter) Multilevel Modelling

**Teaching & Mentorship Experiences**

2023 (Fall) Course instructor – Experimental design and theory, *University of Toronto*

2022 (Winter) Assistant lecturer – Social psychology, *McGill University*

2022 (Winter) Invited lecture – Social cognition & the self, *University of British Columbia*

2017–2022 Undergraduate project supervision

*Kian Fortes – Honors Research Project: 2023 – 2024*

*Veronica Miles – Senior Research Project: 2022 – 2023*

*Yulin Luo* *– Psychology Research Project: 2020–2021*

*Megan Peters – Honors Research Project: 2019–2020, Summer Research Project: 2020 & Senior Research Project: 2020–2021*

*Rose-Marie Guérard – Honors Research Project: 2020–2021*

*Josh Iverson – Honors Research Project: 2019–2020 & Summer Research Project: 2020*

*Pushkar Seewooruttun – Senior Research Project: 2018 – 2019*

*Robert Jenkins – Honors Research Project: 2017 – 2018*

2017–2022 Teaching assistant, *McGill University*

*Introduction to social psychology* (Fall 2022)

*Introduction to social psychology* (Winter 2022)

*Introduction to social psychology* (Fall 2020)

*Introduction to social psychology* (Winter 2020)

*Introduction to personality* (Fall 2019)

*Introduction to social psychology* (Winter 2019)

*Personality and social psychology* (Fall 2018)

*Introduction to psychology* (Fall 2017)

2021 (Winter) Teaching internship – Social Psychology, McGill University

2020 (Fall) Invited lecture – Social Cognition and the Self, *McGill University*

**Editorial & Review Experiences**

2024–Present Editorial Board Member at the Journal of Personality and Social Psychology

2022–Present Emerging Editor at Personality and Social Psychology Review

2019–Present Ad Hoc Reviewer Experience

*Journal of Personality and Social Psychology (JPSP)*

*Social Psychology and Personality Science (SPPS)*

*Personality and Social Psychology Bulletin (PSPB)*

*European Journal of Social Psychology (EJSP)*

*Personal Relationships (PR)*

*Psychology and Health*

*Journal of Happiness Studies*

**Volunteering & Extracurricular Activities**

2019–2022 Member of Graduate Program Committee

2019–2020 Vice-President of the Graduate Association for Students in Psychology

2018–2020 Editor of the SPSP Student Newsletter, *Spotlight*

2017–2019 Member of the Graduate Association for Students in Psychology

2018–2019 VP Finance for the McGill Golden Key Honor Society

2018–2019 SPSP Student Poster Award (SPA) Reviewer

2016 McGill Psychology Student Association - Blog writer

2014–2015 Editor of the Undergraduate Journal, *Psi*