



Goddess Aphrodite Attunement Guidebook

Introduction to working with Goddess Aphrodite

Our goal with this guidebook is to focus on aligning with the ***aspects of Goddess Aphrodite*** you want to attract into your life. Attraction and manifestation are very much linked with energy, so putting some energy ***into cultivating your relationship*** with Goddess Aphrodite is like a fuel that will bring you one step closer to manifesting your most ***beautiful, passionate, and pleasurable life.***

Everyday life can have some challenges and distractions that take us away from ***our true purpose***, what we are really after,

what ***our soul is looking for*** to feel fulfilled and satisfied. I have created this guidebook with that in mind. To help you ***connect with your heart's needs*** and to set the intention of what you want to achieve through working with the Goddess.

The ***fun little exercises and rituals*** are designed to take you to that ***liminal space where worlds meet***, where your energy and that of the Goddess align. A fertile ground ready ***to plant the seeds of manifestation***.

Intention Setting Questions

Contemplate or journal on the following questions that are relevant to you to ***help you set your intention.***

What would you like ***to invite in your life?***

What is the biggest, wildest, ***most beloved dream*** that you are dreaming at this time in your life?

What signs that ***your dream is on its way manifesting*** in your life would you like to see in the near future?

An Invocation to Aphrodite

Aphrodite, with your many faces I
open my heart to ***your loving gifts***.
Lady of the ***flowers, the stars and
the sea***. As I breathe I am breathing
in your turquoise aqua blue and
rose pink light. I smell the scent of
roses and I feel the salt of the sea
on my skin as ***I welcome your
graces in my life***. I am surrounded
by gold dust, I feel ***your blessings in
my heart***.

Celestial Aphrodite, ***cut through***
the clouds of my perception, to see
clearly how ***to create what I want***.

Thank you Goddess Aphrodite!



Initial Attunement to Goddess Aphrodite's Energetics

From the dawn of time,
transcending time, ***the energetics
of the magic of love*** keep flowing to
us through her name. Like ***an
ancient spell*** forever repeating
itself through the eons, we just
need ***to open our hearts*** and our
beings to its ever presence. Lets
tap into ***this magical net*** and pull
the threads that match your
deepest, purest desires. ***Your
desires are sacred*** to Aphrodite.

Goddess Aphrodite is ***a powerful
conduit*** for us to lean in and
expand ***our divine love***,

self-love, friendship love and **erotic soulmate love**. Goddess Aphrodite sets the scene of our Tarot Reading in **a loving, warm and friendly space**. In the absence of judgement, comparison, fear or sense of lack, there is **joy, harmony, and beauty**.

Goddess Aphrodite is so vast, so complex, so multifaceted to become **a love hug** for all human beings.

Below are **some correspondences** with Goddess Aphrodite as they appear in **myths, art and rituals** for her. You might want to use some of these **to strengthen your energetic connection** between you and Aphrodite.

Goddess Aphrodite

Correspondences

Colors : Aqua blue, Pink, Blue, Gold, Violet, Red, Turquoise

Stones : Rose Quartz, Aquamarine, Pearls, Lapis Lazuli

Plants : Roses, Apple, Myrtle, Anemone, Vervain, Cypress, Pomegranate, Linden, Hyacinth, Saffron, Violet, Poppies, Seaweed

Animals : Doves, Turtle Doves, Sparrows, Song Birds, Dolphins, Fish, Shellfish, Swans, Starfish, Geese, Bees, Butterflies

Symbols : Seashells, Mirror, Comb, Five Pointed Star, Pomegranate, Flowers, Gold, Copper, Stars, Honey

Examples on how to use the Correspondences

You can use the correspondences in whichever way you like, just let ***your own intuition be the guide.***

Some examples could be:

While reading these lines, or when listening to a meditation for Aphrodite you can ***wear an aqua blue dress.***

Another example could be using any of the ***flowers, symbols or stones associated with her*** to put on or decorate your space e.g. get some pink roses for your living room, get a bracelet made of starfish, corals and seashells.

Aphrodite has powerful associations with ***the sea and with flowers***. You could intentionally visit the sea or a park with flowers one day and enjoy a red tea with apple and hibiscus. Enjoying ***a sushi meal*** dedicated to the occasion would definitely resonate with her too. You could even ***paint something dedicated*** to Aphrodite. Like dolphins, doves or a heart!

Let your imagination be the guide

Just let ***your imagination and your senses*** run the show. She is the Goddess of beauty, so finding ways to bring ***more beauty in your life*** is a great place to start. Among other things, Aphrodite is the Goddess of ***pleasure and sensuality***, so if there is anything that you associate with these qualities or that has some cultural associations, then by all means ***feel free to use them*** in whichever way you like.

For example, ***chocolate and cinnamon*** have both been considered aphrodisiacs for centuries.

Strawberries are red and symbolize **love and passion**.

Jasmine is a flower **associated with love** in many cultures and makes great perfumes and herbal teas! The list is endless!

Explore how you could connect with Aphrodite's correspondences as often as you want. **Hear the bird songs**, feed the doves, observe the bees and the butterflies **as they fly to every blossom** to receive the sweet nectar, smell **the aromas of flowers** and enjoy the nature that you have available around you.

Always remember to have fun and do things your way

You could also create a ***manifestation vision board*** or a ***manifestation corner*** at your home that you see regularly during the day. There you could place your affirmations, images related to ***what you want to attract into your life***, and/or things that resonate with Aphrodite, like the correspondences we mentioned earlier. Anything that you feel has an energetic or ***meaningful resonance with your desires*** can be part of your board!

All the above recommendations

are simply ways ***to come closer to the archetype*** of Goddess Aphrodite and to resonate with them by doing brief rituals that are ***FUN and PLEASURABLE for you.***

So if none of the above feel fun and pleasurable enough to you, ***do it your own way!*** Dance, write, read, watch a movie, paint or visit a gallery, take a walk, treat yourself to something delicious... ***Do anything you cherish***, as long as you let qualities like beauty, desire, joy, fun, pleasure and self love ***be your emotional compass.***

A Meditative Exercise on Tarot and Goddess Aphrodite

I have prepared ***a fun exercise*** for you with five images from the original ***Rider-Waite tarot deck*** (1909) and colorful words underneath each image that resonate with ***the qualities of Goddess Aphrodite*** so that you delve a bit deeper into experiencing these qualities with the aid of the tarot. The idea behind this is that the Tarot cards used in this exercise ***correspond to different aspects*** of Goddess Aphrodite.

Observe and contemplate for a

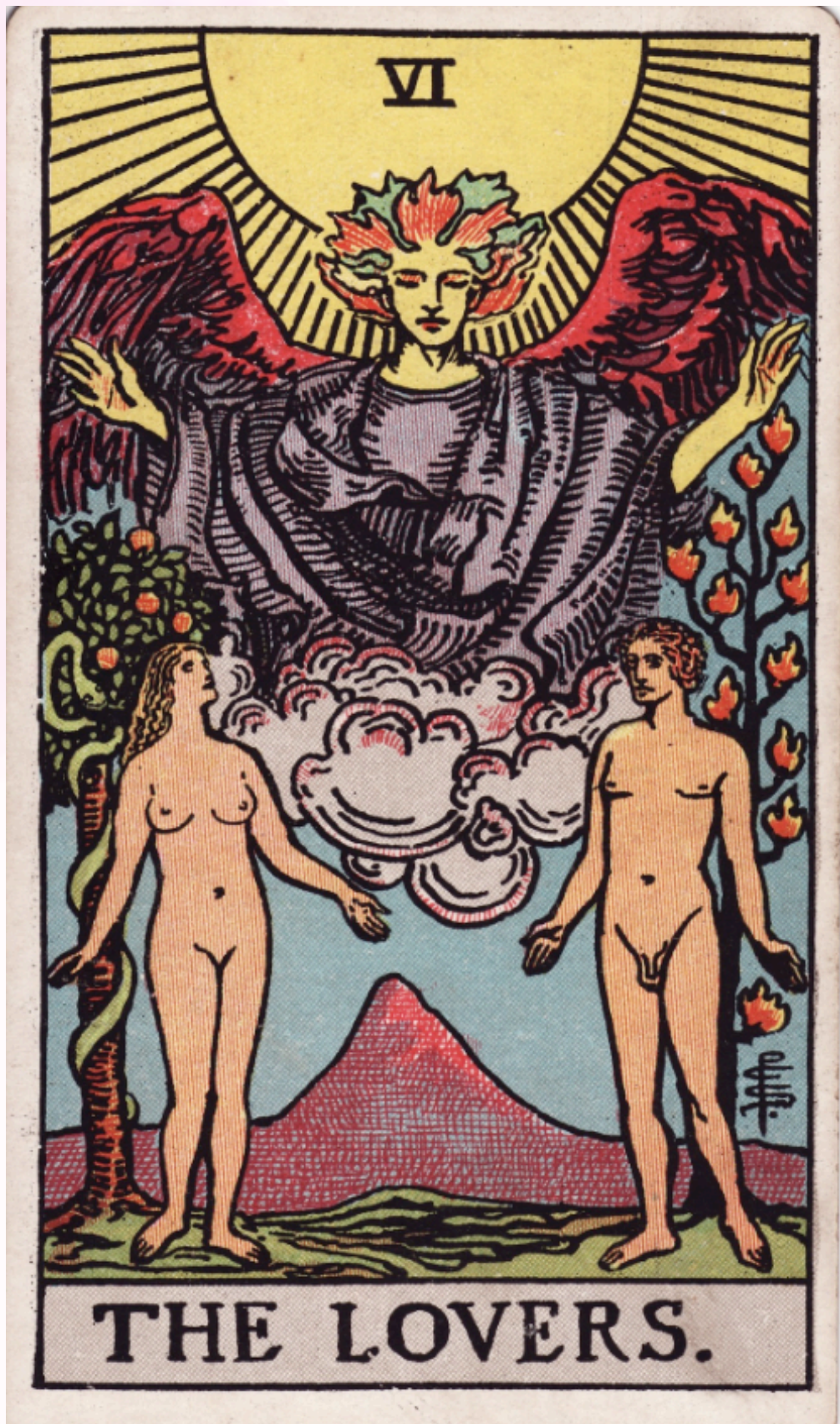
moment on ***the tarot cards that follow and the words*** that accompany each image, and notice how you relate to them. ***Let them echo within you*** and resonate with them:



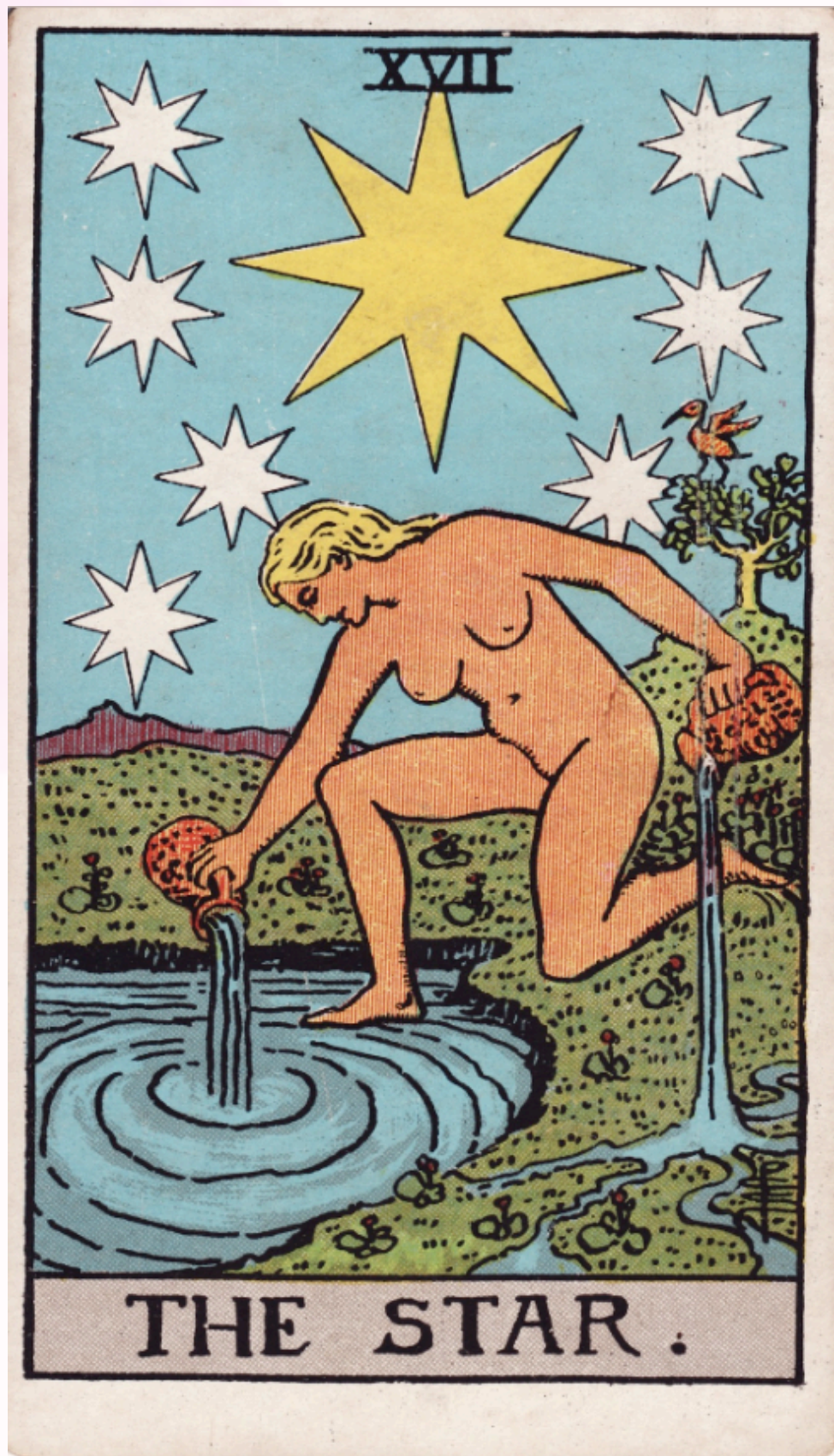
Beauty

Pleasure

Creation



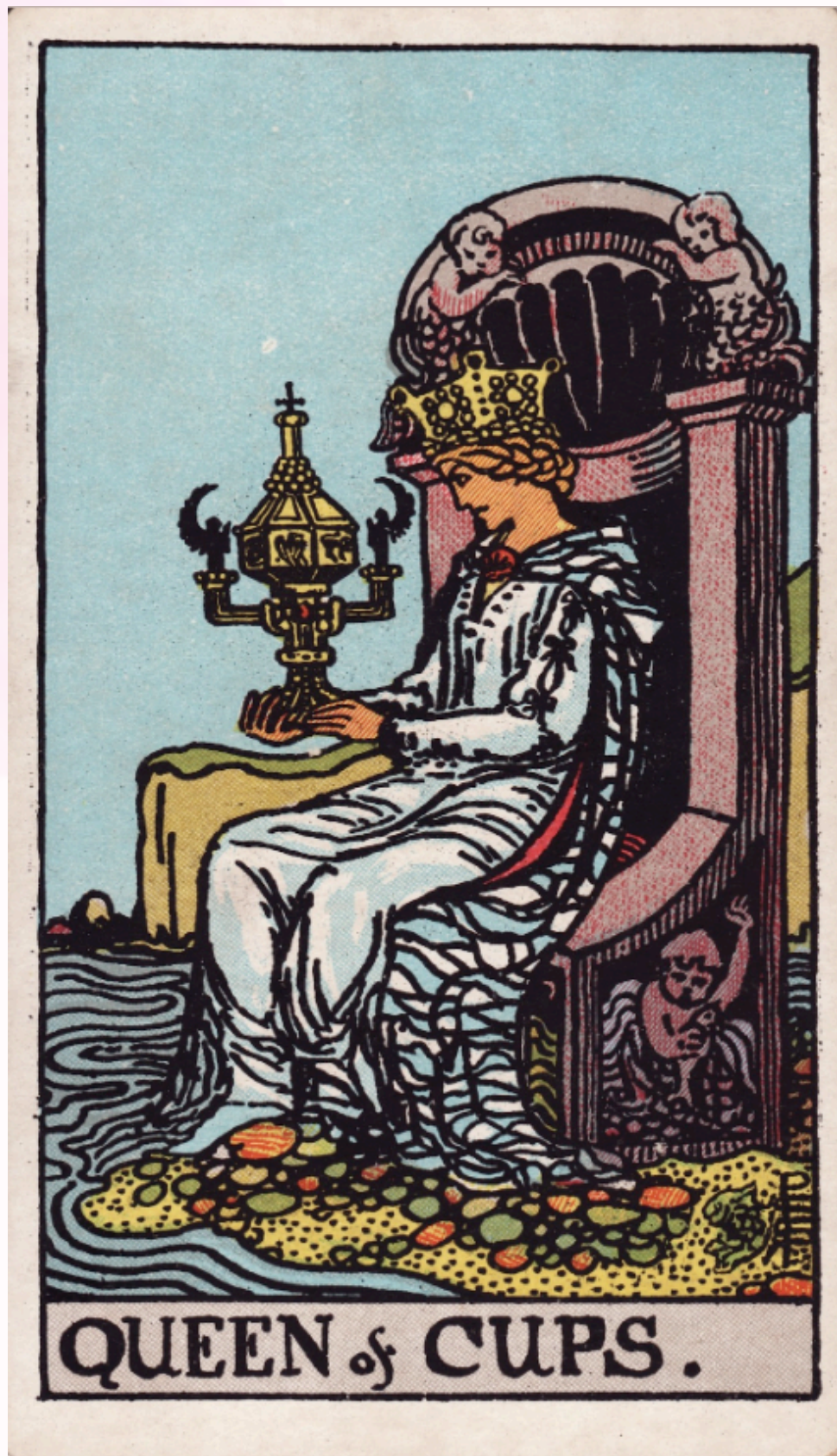
Eroticism **Attraction**
Soulmate Love



Authenticity **Manifestation**
Connection



Creativity **Confidence**
Desire



Flow

Inspiration

Compassion

You can take some time to ***journal how the above exercise made you feel***, and if any insights, emotions, or desires came up for you as you were mindfully reading the words and observing the Tarot cards' images above. Write as much as ***you feel inspired*** to.

An ending ritual to ground Aphrodite's energies into your life

As a little ***ending ritual***, I would suggest that you:

Keep every journaling (or other creative exercise) you did for Aphrodite and ***take some photos*** of the rituals you did to honor her (e.g. of a meal that you had, or of a place you went, or of the special little corner you prepared for her in your home).

Set aside a bit of time, a few days later (preferably ***on a Friday***, as this is the day dedicated to

Goddess Aphrodite) and see how you ***feel about your creations***. How do they resonate with you now, and how close do you feel to your desires? If you want to add something, feel free to do so.

I would recommend that you do this ending ritual every Friday for ***four weeks to plant the seeds*** of your work deep in your subconscious.

This way, your subconscious ***will be attuned*** with Aphrodite's energy, and this, in turn, ***will align you*** with the attraction and manifestation of your desires.

I hope you had ***fun and enjoyed***

this ebook and that you found it a useful **companion in your journey** of reconnecting, embodying, and celebrating the ever-so-loving, powerful energy of Goddess Aphrodite in ***your magnificent life!***

In love and magic.

Oracle Queenie