



# AFPA

HEALTH, NUTRITION & FITNESS

Upon recommendation of the faculty and by virtue of the authority vested in The American Fitness Professionals & Associates hereby confers upon

**Elaine Palmquist**

in recognition of proficiency and having completed all prescribed coursework, the title of

## Plant-Based Nutrition Specialist

with all rights, honors & privileges thereunto appertaining.

In witness whereof, we have affixed signatures.

Diane Vives, M.S.  
Senior Director, Wellness and Fitness



Shana Walsh, PhD  
Education and Curriculum Director

**Issued:** September 4, 2026

**Expires:** September 4, 2028

**Certificate ID:** 176489865