



## Circle City FC

### U4 & U6 Rules

1. One (1) coach from each team will be allowed on the playing field during the game for the entirety of the season. Coaches outside the field of play will be restricted to the coaches' side of the field. They may, however, use the entire length of the field.
2. A team must have at least 3 players to start the game and can finish the game with 2.
3. The game format will be short sided, 3v3 – NO GOALIE
4. Only one referee will officiate U6 matches. There is no referee in U4.
5. Heading of the ball is not permitted.
6. All players must make their best effort to keep from making a soccer move/play while on the ground. Slide tackles of any kind will not be permitted. A free kick will be awarded to the other team.
7. The game will consist of four (4) 8 minute quarters.
8. A size 3 ball will be used.
9. The score of the game will not be recorded or kept.
10. All free kicks will be indirect. Defending players must stand 5 yards away from the ball.
11. There will be no penalty kicks.
12. All players will have two (2) chances on kick-ins. The referee will show the player the correct method for the second attempt.
13. Both teams will be allowed substitutions at the halfway point of each quarter.
14. There will be no offsides.