



Circle City FC

U12 Rules

1. No coaches will be allowed on the playing field during the game unless called on by the referee. Coaches outside the field of play will be restricted to the coaches' side of the field and may only use their half of the field.
2. The game format will be short-sided, 9v9 – INCLUDING a goalie.
3. A team must have at least 7 players to start the game and can finish the game with 6.
4. Coaches must make an honest effort to have each player on their team play 50 percent of each match, including tournament matches, and have at least one female player on the field at all times.
5. One referee and two linesmen will officiate games in this division.
6. All players must make their best effort to keep from making a soccer move/play while on the ground. Slide tackles from behind will not be permitted. A free kick will be awarded to the other team.
7. The game will consist of two (2) 30 minute halves.
8. A size 4 ball will be used.
9. Free kicks will be indirect or direct, according to IYSA rules. Defending players must stand 10 yards away from the ball.
10. There WILL be penalty kicks.
11. Substitutions will be allowed by both teams from the touch line at the middle of the field when play has been stopped due to a dead ball. NOTE – Substitutions are only permitted once the referee has called for them.
12. All players will have 1 chance at a throw-in.
13. Offside rules are in effect.
14. No heading allowed