

HEALING SESSION RATES

SINGLE REIKI SESSIONS

In-Person or Distance Reiki

- 60 minute Reiki session for deep relaxation and energy restoration.
- Includes a full Reiki treatment plus focused support for concerns discussed before your session.
- Ideal for times of high stress, or when you're facing a serious challenge and need dedicated healing support.

R600.00
per
session

LIGHT REIKI SESSION

In-Person or Distance Reiki

- 25-30 minute Reiki session for light clearing and renewal.
- Perfect when time is limited but you need a calming recharge.
- Also ideal as a gentle introduction, or as a lighter follow-up after a full Reiki session.

R350.00
per
session

ADDITIONAL REIKI SUPPORT

SUPPORT FOR SPECIAL SITUATIONS

- 15-20 minutes of Reiki directed to a specific need. This focused support helps bring calm, clarity, and balance exactly when you need it most.
 - **You don't need to set aside time**, I send the Reiki as distance healing, so you can simply go on with your day while receiving its benefits.

EXAMPLES INCLUDE:

- **Business meetings or negotiations** – feel centered, calm, and clear for the best outcome.
- **Travel anxiety** – soothe nerves before flying or long trips and promote a peaceful journey.
- **Before an operation** – ease anxiety and support trust in your body's healing process.
- **During medical treatment or detox** – gently ease side effects and strengthen resilience.
- **Exam support for children** – improve focus, memory, and calmness during study or tests.
- **Animal Reiki** – provide your pets with comfort, calm, and loving support.

R180.00
per
session

PLEASE SEE PAGE 2 FOR PACKAGES

REIKI PACKAGES

Packages are paid in full at booking and are valid for one year.

Keep all the sessions for yourself, or share sessions with loved ones.

ROOTED BALANCE PACKAGE

4 Sessions
used as needed
R2 200 (save R200)

HARMONIZED FLOW PACKAGE

8 Session
used as needed
R4 000 (save R800)

HOLISTIC PACKAGES

Each package includes both a massage treatment & a Reiki session, done separately in one appointment.

Express (60 min) = 30 min massage + 30 min Reiki - R780

Full (90 min) = 45 massage + 45 Full Reiki - R980



STRESS RELIEF AND DEEP CALM

Massage: Lower Back, Shoulders and Neck Massage
Reiki: Calming Reiki balance for the Heart & Mind
Take Home: Solar Plexus Guided Meditation



RESTFUL SLEEP RESET

Massage: Aromatherapy Scalp Massage (e.g., Lavender)
Reiki: Focused Reiki for deep relaxation & peaceful sleep
Take Home: A guided sleep meditation for blissful nights ahead



GROUNDED ENERGY BALANCE

Massage: Foot & Leg Massage
Reiki: Grounding Reiki for Stability & Centering
Take Home: Grounding Crystal used in Reiki Session and Guided Meditation



VITALITY GLOW REVIVAL

Massage: Pressure Point Facial Massage
Reiki: Lymphatic Focus Reiki for Skin & Energy Brightness
Take Home: Mint Organic Essential Oil



LIGHTNESS & DIGESTIVE EASE

Massage: Flowing Stomach Massage to Detox the Large Intestine
Reiki: Solar Plexus & Sacral Chakra Energy Balance
Take Home: Castor Oil Sample to Ease Bloating

Package Price Updated December 2025



BANKING DETAILS

Account name: **Seii**

Bank: **First National Bank**

Bank Code: **251145 - Eldoraigne**

Account number: **6303 2447 989**

Swift Code: **FIRNZAJJ**



REIKI PRACTITIONER
www.seiienergy.com

Theresa - 081 5499 404