

HEALING SESSION RATES

SINGLE REIKI SESSIONS

In-Person or Distance Reiki

- 60 minute Reiki session for deep relaxation and energy restoration.
- Includes a full Reiki treatment plus focused support for concerns discussed before your session.
- Ideal for times of high stress, or when you're facing a serious challenge and need dedicated healing support.

R600.00
per session

WINTER SPECIAL Book 4 sessions and receive a special discount

R2 000
for 4 Sessions

LIGHT REIKI SESSION

In-Person or Distance Reiki

- 25–30 minute Reiki session for light clearing and renewal.
- Perfect when time is limited but you need a calming recharge.
- Also ideal as a gentle introduction, or as a lighter follow-up after a full Reiki session.

R350.00
per session

REIKI LEVEL 1 TRAINING

Level 1 Reiki, Self-Healing Course

A deeply nurturing introduction to Reiki, inviting you to reconnect with your own natural healing ability, a meaningful gift you offer yourself that continues to support and guide you throughout your life, gently shifting the way you feel, experience and move through the world

Includes a 30 minute Distance Reiki session the day before, two days of training, 4 - 5 hours per day, with your Reiki attunement to Life Force energy at the end of Day 1

Visit my website for more information

IN-PERSON TRAINING
Langebaan,
Western Cape
2-Day Course
R2 800

DISTANCE TRAINING
Live via Microsoft Teams
2-Day Course
R2 300

ADDITIONAL REIKI SUPPORT

SUPPORT FOR SPECIAL SITUATIONS

ALL THESE ARE DISTANCE SESSIONS

- 15–20 minutes of Reiki directed to a specific need. This focused support helps bring calm, clarity, and balance exactly when you need it most.
- **You don't need to set aside time**, I send the Reiki as distance healing, so you can simply go on with your day while receiving its benefits.

EXAMPLES INCLUDE:

- **Business meetings or negotiations** – feel centered, calm, and clear for the best outcome.
- **Travel anxiety** – soothe nerves before flying or long trips and promote a peaceful journey.
- **Before an operation** – ease anxiety and support trust in your body's healing process.
- **During medical treatment or detox** – gently ease side effects and strengthen resilience.
- **Exam support for children** – improve focus, memory, and calmness during study or tests.
- **Animal Reiki** – provide your pets with comfort, calm, and loving support.

R180.00
per session



Theresa 081 5499 404
theresa@seiienergy.com
www.seiienergy.com

42 Caudata Close
Myburgh Park
Langebaan

Package Price Updated May 2026

BANKING DETAILS

Account name: **Seii**
Bank: **First National Bank**
Bank Code: **251145 - Eldoraigne**
Account number: **6303 2447 989**
Swift Code: **FIRNZAJJ**



Theresa - 081 5499 404