

# HEALING SESSION RATES

## SINGLE REIKI SESSIONS

### In-Person or Distance Reiki

- 60 minute Reiki session for deep relaxation and energy restoration.
- Includes a full Reiki treatment plus focused support for concerns discussed before your session.
- Ideal for times of high stress, or when you're facing a serious challenge and need dedicated healing support.

**Pay for 3 sessions and receive the 4th session for free**

**R600.00  
per session**

**R1 800  
for 4 Sessions**

## LIGHT REIKI SESSION

### In-Person or Distance Reiki

- 25–30 minute Reiki session for light clearing and renewal.
- Perfect when time is limited but you need a calming recharge.
- Also ideal as a gentle introduction, or as a lighter follow-up after a full Reiki session.

**R350.00  
per session**

## REIKI LEVEL 1 TRAINING

**R2800 PER PERSON**

### Level 1 Reiki, Self-Healing Course

A deeply nurturing introduction to Reiki, inviting you to reconnect with your own natural healing ability, a meaningful gift you offer yourself that continues to support and guide you throughout your life, gently shifting the way you feel, experience and move through the world

Includes a 30 minute Reiki session the day before, in person or distance, two days of training, four hours per day, with your Reiki attunement to Life Force energy at the end of Day 1

Self Reiki is a simple yet profoundly supportive practice, something you can always return to for grounding, clarity and inner connection, in both challenging times and moments of joy

**Visit my website for more  
information**



# ADDITIONAL REIKI SUPPORT

## SUPPORT FOR SPECIAL SITUATIONS

### ALL THESE ARE DISTANCE SESSIONS

- 15–20 minutes of Reiki directed to a specific need. This focused support helps bring calm, clarity, and balance exactly when you need it most.
- **You don't need to set aside time**, I send the Reiki as distance healing, so you can simply go on with your day while receiving its benefits.

#### EXAMPLES INCLUDE:

- **Business meetings or negotiations** – feel centered, calm, and clear for the best outcome.
- **Travel anxiety** – soothe nerves before flying or long trips and promote a peaceful journey.
- **Before an operation** – ease anxiety and support trust in your body's healing process.
- **During medical treatment or detox** – gently ease side effects and strengthen resilience.
- **Exam support for children** – improve focus, memory, and calmness during study or tests.
- **Animal Reiki** – provide your pets with comfort, calm, and loving support.

**R180.00**  
**per session**



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Package Price Updated May 2026

## BANKING DETAILS

Account name: **Seii**  
Bank: **First National Bank**  
Bank Code: **251145 - Eldoraigne**  
Account number: **6303 2447 989**  
Swift Code: **FIRNZAJJ**



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