The page is decorated with various black and white line drawings of flowers and foliage. In the top left corner is a large, detailed flower with many petals. In the top right corner are two smaller flowers. On the left side, there are two small clusters of flowers. On the right side, there is a single flower and a stem with leaves. In the bottom left corner is a large, detailed flower. In the bottom right corner is a large, detailed flower. There are also several small, stylized leaf or petal motifs scattered throughout the page.

Easy To Grow Annual Cut Flowers

Created by Dig Plant Love

Hello!

I'm Sandra—a mom of wonderful human seedlings and a proud grower of countless plant babies!

Gardening is my passion, and nothing makes me happier than sharing it with my community.

Over the years, I've learned that gardening isn't just about planting seeds—it's about creating a space that nourishes, inspires, heals, and actually works for your lifestyle.

And that's exactly what I do as a garden coach! I help you design, plan, and grow a healthy garden—while also growing your own gardening confidence.



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My favorite easy flowers



Bachelor's Buttons (Cornflowers) - sow them early in spring, as soon as the soil can be worked. The flowers are edible and come in various colors!



Nigella (Love-in-a-Mist) – for continuous flowers, sow early in spring, 2-3 times, every 3 weeks. Available in a few colors, and you'll love the seedpods too! Use them fresh or dried in bouquets.



Cosmos - give them space (12" between plants) and they will grow nice and big! The leaves can be used as greenery too.



Sunflowers - choose pollen free varieties for cutting. Sow 2-3 times at 2-week intervals for continuous blooms.



Zinnia - a true garden workhorse - the more you cut, the more it flowers. Choose tall varieties for cutting, e.g. Oklahoma, Benary's.



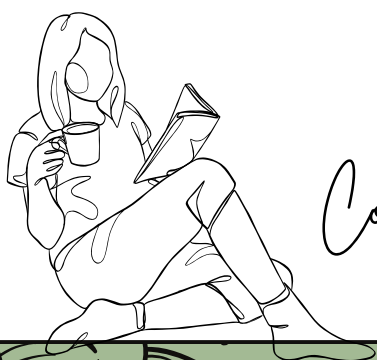
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If you're a beginner grower, the easiest way to start your cut flower garden is by choosing flowers that can be sown directly into the soil. Bachelor's Buttons, Nigella, Cosmos, Sunflowers, and Zinnias are perfect for this!

What to Know:

- **Growing Zone:** The sowing instructions below are for Zone 5 (greater Montreal area).
- **Annual Flowers:** These flowers are annuals, meaning you'll need to re-sow them each year.
- **Growing Conditions:** They love well-draining soil and full sun. Keep the soil moist after sowing and during the seedling stage.
- **Timing:**
 - Bachelor's Buttons and Nigella: Sow early in spring (around mid-April) as they thrive in cool weather.
 - Cosmos, Zinnias, and Sunflowers: Sow around mid-May, after the last frost.
- **Varieties and Colors:**
 - All of these flowers come in a range of colors, so you can pick your favorite palette.
 - For Zinnias and Cosmos, look for cutting varieties that grow taller than 24".
- **Seed Packets:** Always follow the instructions on the seed packet for the best results.
- **Bonus Tip:** The more you cut your flowers, the more they'll bloom!



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Ready to grow your own beautiful cut flower garden?

If you need extra guidance, I'm here to help!
One-on-one coaching, custom garden designs, or ongoing
support, I'm here for you, every step of the way.

For more tips, tricks, and inspiration, follow me on social
media:



Let's connect and make your gardening dreams bloom!

Thank you!

Happy Growing! - Sandra

