## **Your Personal Development**

## **CPD** Approved

A key part of your progression within the adult social care sector will be focused on your personal development. In a number of sectors it is even a legal requirement to continue to develop your skills and knowledge and it is essential to ensure you are working to the most up to date standards and guidance.

The course will start by looking at the way standards are set, monitored and regulated for social care organisations and workers throughout the UK. It then goes on to cover the codes of practice and legislation, reflecting on your work to ensure continued improvement, communication, feedback and much more.

Course	Module Number	Module Name	Pass % Required
Your Personal	1	The Course Structure	70
Development			
Your Personal	2	Setting Standards	70
Development			
Your Personal	3	Codes of Practice and Legislation	70
Development			
Your Personal	4	Reflecting on your Work Activities	70
Development			
Your Personal	5	Personal Attitudes and Beliefs	70
Development			
Your Personal	6	Formal and Informal Learning	70
Development			
Your Personal	7	Feedback	70
Development			
Your Personal	8	Personal Development Plans	70
Development			

## **Recommended System Requirements**

Browser: Up to date web browserVideo: Up to date video drivers

• Memory: 1Gb+ RAM

• Download Speed: Broadband (3Mb+)

**Duration:** 35 minutes (Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).