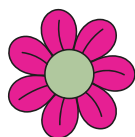


THE 30-DAY HOME RESET *CHALLENGE*

**Transform Your Space
One Day at a Time**



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Welcome to Your Organized Home Journey!

This challenge is designed to help you tackle home organization without feeling overwhelmed.

Just 15-30 minutes a day for 30 days will completely transform your living space.

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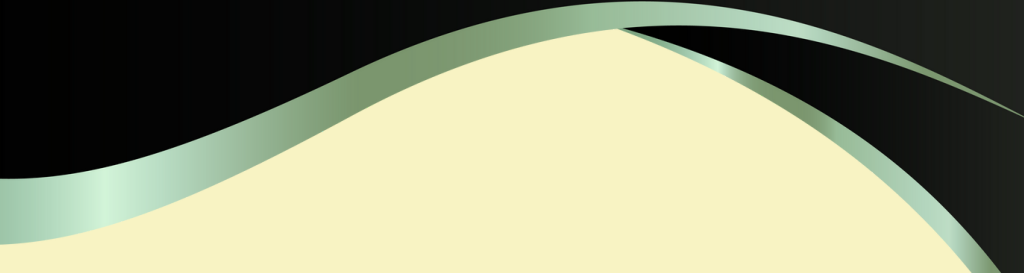
HOW THIS CHALLENGE WORKS

The 3-Phase Method:

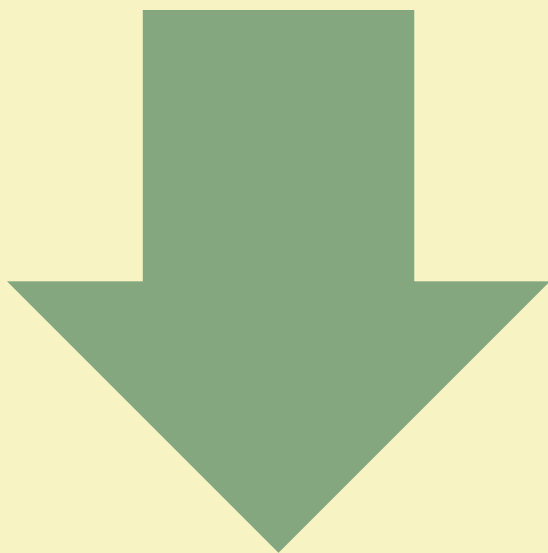
1. **PURGE** - Remove what doesn't serve you
2. **CATEGORIZE** - Group similar items together
3. **SYSTEMIZE** - Create lasting organizational systems

Daily Commitment: 15-30 minutes

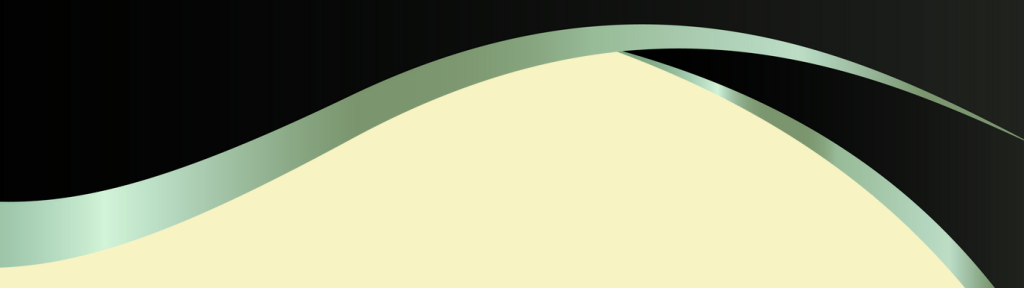
What You'll Need: Trash bags, donation boxes, storage containers, labels



YOUR 30-DAY ROADMAP



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WEEK 1: CLOSET & BEDROOM

Day 1: Closet Purge - Tops

- ☐ Remove all tops from closet
- ☐ Try on questionable items
- ☐ Keep only what you've worn in the last year
- ☐ Create donate/trash piles

Day 2: Closet Purge - Bottoms

- ☐ Remove all pants, skirts, shorts
- ☐ Check for fit and condition
- ☐ Let go of "someday" items
- ☐ Bag up donations immediately

Day 3: Closet Purge - Shoes & Accessories

- ☐ Pull out all shoes
- ☐ Discard damaged pairs
- ☐ Donate unworn shoes
- ☐ Sort accessories (belts, scarves, jewelry)

Day 4: Closet Organization

- ☐ **Group by category (work, casual, formal)**
- ☐ **Arrange by color within categories**
- ☐ **Install hanging organizers if needed**
- ☐ **Use shelf dividers for folded items**

Day 5: Seasonal Rotation Setup

- ☐ **Box up off-season clothes**
- ☐ **Label boxes clearly**
- ☐ **Store in closet top shelf or under bed**
- ☐ **Keep only current season accessible**

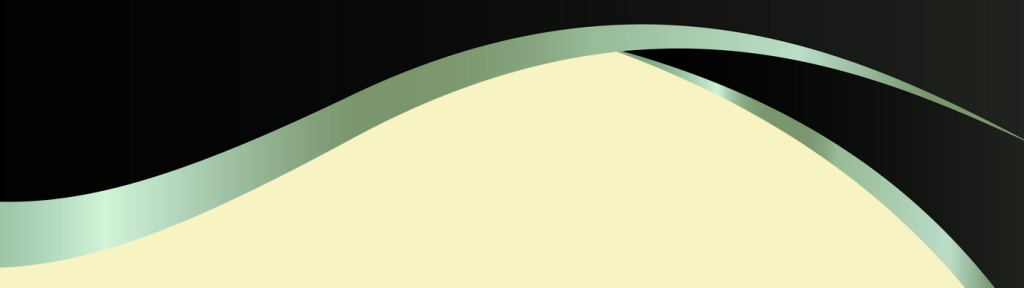
Day 6: Nightstand & Dresser Top

- ☐ **Clear everything off surfaces**
- ☐ **Wipe down completely**
- ☐ **Return only essentials**
- ☐ **Find homes for homeless items**

Day 7: Dresser Drawers

- ☐ Empty one drawer at a time
- ☐ Refold using vertical folding method
- ☐ Use drawer dividers for small items
- ☐ Label if helpful



A decorative wavy line in shades of teal and green curves across the top of the page.

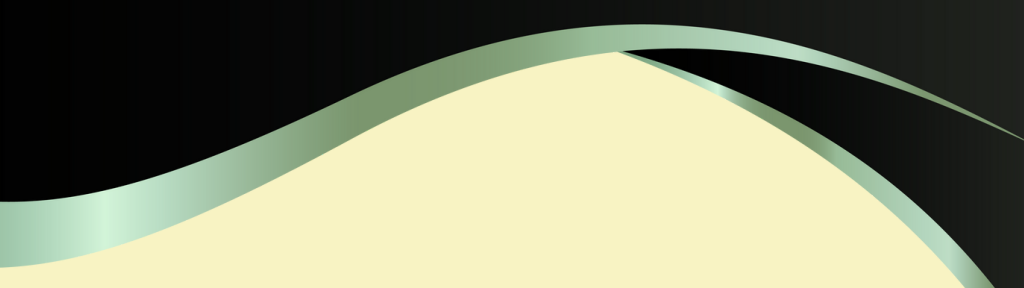
WEEK 2: KITCHEN COMMAND CENTER

Day 8: Kitchen Counter Reset

- ☐ **Clear ALL counters**
- ☐ **Clean thoroughly**
- ☐ **Return only daily-use appliances**
- ☐ **Store occasional-use items in cabinets**

Day 9: Pantry Purge

- ☐ **Remove everything from pantry**
- ☐ **Check expiration dates**
- ☐ **Toss expired items**
- ☐ **Wipe down all shelves**



Day 10: Pantry Organization

- ☐ **Group by category (baking, breakfast, snacks, canned goods)**
- ☐ **Use clear containers for dry goods**
- ☐ **Label everything**
- ☐ **Put frequently used items at eye level**

Day 11: Upper Cabinets - Dishes & Glasses

- ☐ **Remove all dishes**
- ☐ **Donate duplicates and unused items**
- ☐ **Keep only what you regularly use**
- ☐ **Arrange by frequency of use**

Day 12: Upper Cabinets - Food Storage

- ☐ **Match containers with lids**
- ☐ **Recycle mismatched pieces**
- ☐ **Nest containers to save space**
- ☐ **Store lids in a separate organizer**

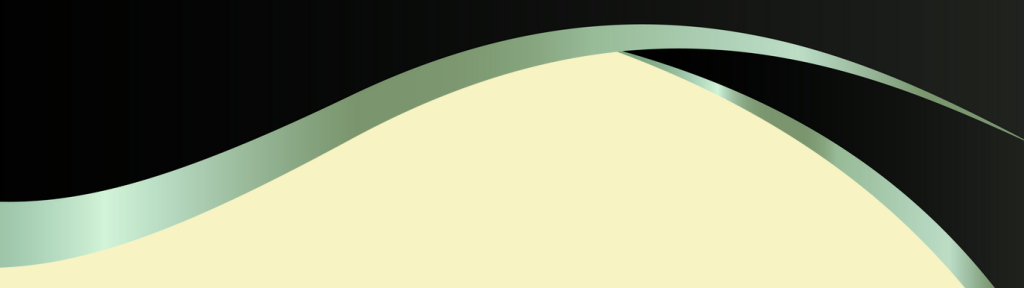
Day 13: Lower Cabinets - Pots & Pans

- ☐ Pull out all cookware
- ☐ Donate duplicates
- ☐ Use pot lid organizers
- ☐ Stack efficiently



Day 14: The Junk Drawer

- ☐ Empty completely
- ☐ Toss broken items and trash
- ☐ Group like items (batteries, pens, etc.)
- ☐ Use drawer dividers
- ☐ Return only useful items



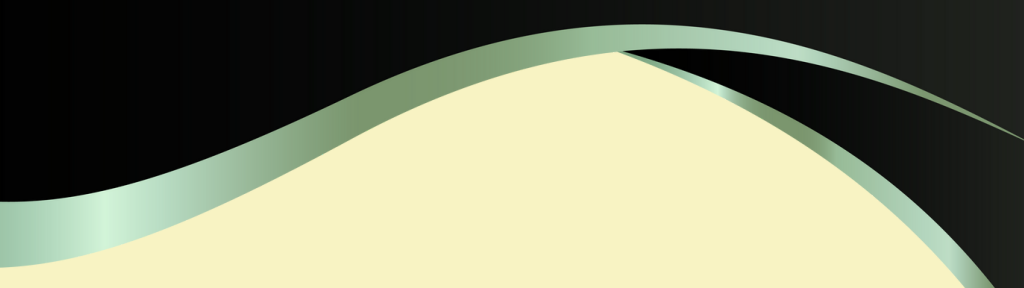
WEEK 3: LIVING SPACES

Day 15: Utensil Drawer

- ☐ **Empty and clean**
- ☐ **Use drawer organizer**
- ☐ **Keep only utensils you actually use**
- ☐ **Relocate specialty tools**

Day 16: Living Room Surface Reset

- ☐ **Clear all coffee tables and side tables**
- ☐ **Dust thoroughly**
- ☐ **Return only 3-5 decorative items per surface**
- ☐ **Create a "drop zone" for daily items**



Day 17: Living Room Storage

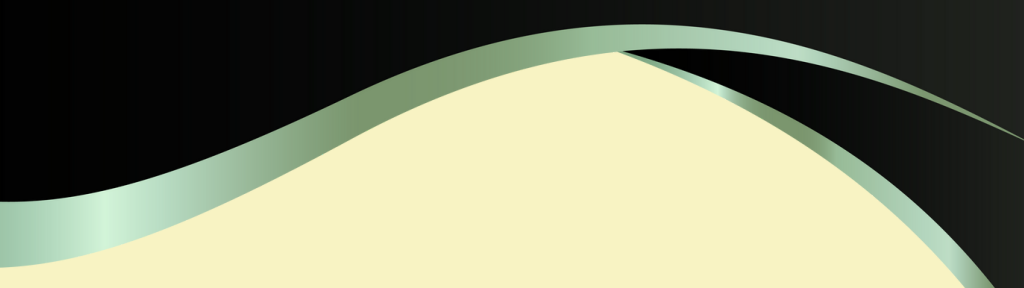
- ☐ **Organize media (DVDs, games, books)**
- ☐ **Use baskets for blankets and pillows**
- ☐ **Wrangle cords and chargers**
- ☐ **Create toy storage if needed**

Day 18: Entryway/Mudroom

- ☐ **Install hooks for coats and bags**
- ☐ **Create shoe storage system**
- ☐ **Add a catch-all tray for keys**
- ☐ **Set up mail sorting station**

Day 19: Linen Closet

- ☐ **Remove all linens**
- ☐ **Donate old/stained items**
- ☐ **Fold using file folding method**

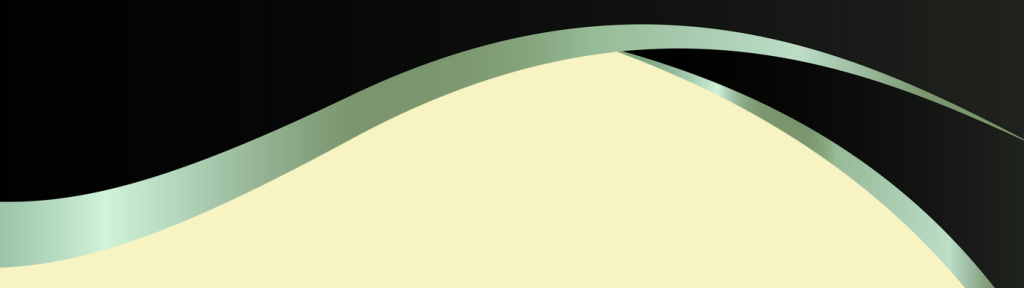


Day 20: Bathroom Cabinets

- ☐ **Purge expired medications and products**
- ☐ **Organize by category (hair, skincare, first aid)**
- ☐ **Use small bins or dividers**
- ☐ **Store backups together**

Day 21: Under the Sink

- ☐ **Remove all cleaning supplies**
- ☐ **Check for leaks while empty**
- ☐ **Use stacking shelves or caddies**
- ☐ **Store like items together**



WEEK 4: FINISHING TOUCHES & SYSTEMS

Day 22: Paper Management System

- ☐ Sort all paper piles
- ☐ Shred/recycle unneeded documents
- ☐ Create file folders for categories
- ☐ Set up inbox for incoming mail

Day 23: Digital Desktop

- ☐ Clear computer desktop
- ☐ Organize files into folders
- ☐ Delete duplicates and old downloads
- ☐ Empty trash/recycle bin



Day 24: Photos & Memorabilia

- ☐ **Gather scattered photos**
- ☐ **Sort by year or event**
- ☐ **Digitize important photos**
- ☐ **Create albums or memory boxes**

Day 25: Garage/Storage Area

- ☐ **Zone your space (tools, seasonal, sports)**
- ☐ **Use vertical wall storage**
- ☐ **Label all bins clearly**
- ☐ **Create donation pile for unused items**

Day 26: Car Organization

- ☐ **Remove all trash**
- ☐ **Vacuum interior**
- ☐ **Use organizers for essentials**
- ☐ **Create emergency kit system**



Day 27: Kids' Spaces (if applicable)

- ☐ **Toy rotation system**
- ☐ **Low bins for easy access**
- ☐ **Label everything with pictures**
- ☐ **Donate outgrown items**

Day 28: Home Office/Work Space

- ☐ **Clear desk completely**
- ☐ **Organize supplies in drawers/containers**
- ☐ **Create inbox/outbox system**
- ☐ **Wrangle all cords**

Day 29: Maintenance Systems

- ☐ **Set up "one in, one out" rule**
- ☐ **Schedule 15-minute daily tidying**
- ☐ **Create donation station**
- ☐ **Plan quarterly deep cleans**

Day 30: Celebration & Planning

- ☐ Take after photos of all spaces
- ☐ Reflect on what worked
- ☐ Create ongoing maintenance schedule
- ☐ Celebrate your transformation!



BONUS TIPS FOR SUCCESS

Before You Start:

- **Take "before" photos for motivation**
- **Gather supplies: trash bags, boxes, labels, containers**
- **Set a timer - don't exceed your daily time limit**
- **Play energizing music**

During the Challenge:

- **Work top to bottom, left to right**
- **Touch each item only once**
- **Ask: "Do I use this? Does it bring value?"**
- **Don't shop for containers until you've purged**

Making It Stick:

- **Everything needs a "home"**
- **Put items back after each use**
- **Do a 15-minute daily reset**
- **Reassess every 3-6 months**

SHOPPING LIST (Budget-Friendly Options)

Closet:

- **Velvet hangers (non-slip, space-saving)**
- **Hanging shelf organizer**
- **Under-bed storage boxes**
- **Drawer dividers**

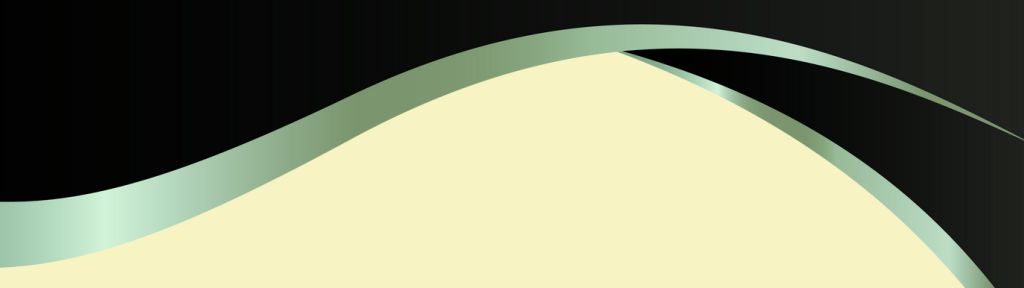
Kitchen:

- **Clear storage containers with lids**
- **Lazy Susan turntables**
- **Drawer organizers**
- **Cabinet shelf risers**
- **Labels and label maker**

General:

- **Baskets (various sizes)**
- **Storage bins with lids**
- **Command hooks**
- **Magazine holders (for organizing more than magazines!)**

Where to Shop: Dollar stores, Target Dollar Spot, Amazon Basics, IKEA, Container Store (sales)



YOUR COMMITMENT

I commit to:

- **Spending 15-30 minutes daily on this challenge**
- **Being honest about what I truly need and use**
- **Creating systems that work for MY lifestyle**
- **Maintaining my organized spaces long-term**

Signature: _____

Date: _____

WHAT'S NEXT?

Congratulations on taking the first step toward an organized home!

Want the complete system with video tutorials, detailed strategies, and lifetime access?

Join the waitlist for the Complete Home Organization System Course at www.agelessbloom.com

Follow along for more organization tips:

- **Blog: www.agelessbloom.com**
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Questions?

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