



Creating Your Own Reality Blueprint

This is a rough draft I created quickly. The point is not for you to follow every step religiously. I designed this so that you get an idea of the process of manifesting a dream into reality through redesigning your lifestyle from the inside out. Seek to understand "why" things are the way they are, and the universes secrets will reveal themselves to you if your hearts mind, and your minds heart are pure. Like I said, this is a quick draft and nowhere near the depth and substance I cover in my memberships and digital assets. This is enough for the faithful student of our Art to finds its way through the labyrinth of life. However, like with the mastery of any Art, as someone who has gone through what you desire to experience I can show you how to use your excitement mixed with the creative fire within to transform your self into who you desire to become so that you can design, attract and experience the life you have always dreamt of. Here's the first lesson I learned; the ability to create what is seen in the physical realm comes through depends on ones ability to create fluidity within. Outer creation required inner transformation, and inner transformation requires inner fluidity. Inner fluidity required you to disattach from the way you currently see your self and the world, and to study your self and these laws with great excitement, knowing you have finally found the key to your dreams. Below you will find some rough notes and reminiscences of things I learned on my journey. If you seek deeper knowledge and / or personalized transformation reach out to me or check our the memberships / services on the website<3 There is always free knowledge you can find that will change the way you see your self & your reality. The fact you are reading this lets me know your excitement is taking you on the right path. Continue following this inner desire and what you desire will inevitably find its way to you. That being said, below you will find information that will help you on your way. Again, this is just my perspective on some of the things that for me compiled in a rough draft of notes, always use your critical thinking to ask your self whether the information presented actually aligns with what YOU believe to be true. This required you to understand what it is you fundamentally believe in, and why. There's some notes on this in the document, hope this helps you<3

Foundation of Reality Creation

just like your current lifestyle, your desired lifestyle is also just a result of physical behavior (created by your thoughts, emotions and self-concept). The external world you experience is therefore a reflection of your internal state, creating a continuous loop of creation.



Thought

The seeds of your reality begin as thoughts, formed by the information you consume and your interpretation of experiences.



Behaviour

Your thoughts influence your behaviour, determining the actions you take in the physical world.



Lifestyle

The accumulated results of your behavior manifest as your lifestyle (your reality).

The gap between your current lifestyle and your desired one is in who you are being (and thus what you are manifesting). The person living your ideal lifestyle has different thoughts, habits, and beliefs that naturally produce different results.

To manifest your desired reality, you must become the person who already lives that reality. This isn't about superficial changes but a fundamental shift in your operating system- the information structure upon which you base your decisions and actions.

You need to create a vision, for your thought to gain direction and become an asset for the manifestation of your desire.

Designing Your Ideal Lifestyle Vision

Creating your vision is the essential first step in manifesting your ideal lifestyle. This isn't just daydreaming—it's establishing a clear destination that will guide all your future decisions and actions.

1

Remove Limitations

When designing your vision, temporarily suspend all perceived limitations. Act as if money time and physical constraints don't exist. This allows your authentic desires to emerge without being filtered through societal expectations or self-imposed barriers.

2

Write Down Your Vision

Don't just think about your vision, physically write it down. The act of writing makes your vision tangible and commits it more deeply to your consciousness. If you're not willing to take this simple step, honestly assess your commitment to change.

3

(Re)Write Your Story

Create a detailed narrative of your ideal life. This isn't a vague wishlist but a vivid story of how you want your life to unfold. The more specific your vision, the more clearly it will guide your actions.

4

Add Action required for Manifestation

Once your vision feels authentic, integrate practical elements like timeframes and financial requirements. This bridges your ideal vision with tangible goals you can work towards.

When creating your vision, ask yourself powerful questions:

- How do I truly want to live my life, without any external pressures?
- What experiences would bring me genuine fulfillment?
- What kind of impact do I want to have on others and the world?
- What balance of quality and energy expenditure feels right for me?

After establishing your vision, craft a powerful statement that captures its essence. Write this in the present tense as if it's already happening: "I, [your name], am truly grateful to be [your desired lifestyle]. While doing so, I am making [desired income] by doing [monetization methods]. I am doing this [timeframe]."

This statement becomes your north star—not a rigid plan, but a living document that will evolve as you grow. Spend time regularly connecting with this vision to strengthen your emotional bond with it.

The Psychology of Becoming

Character vs. Goals

Traditional goal-setting often leads to frustration because it focuses on chasing external outcomes rather than fostering internal transformation. A more powerful approach is to focus on becoming the person who naturally achieves those goals.

The Chasing Mentality

When you *chase* goals, you:

- Create a relationship of lack and separation with your desires
- Experience frustration when progress seems slow
- Depend on willpower rather than alignment
- Often sacrifice present happiness for future rewards
- Measure worth by achievement rather than growth

The Becoming Approach

When you focus on *becoming*, you:

- Align your identity with your desired outcome
- Experience fulfillment during the process
- Take actions that feel natural rather than forced
- Create sustainable change through identity shifts
- Value the journey as much as the destination

The key distinction is this: goals are what you want to *have*, while character is who you want to *be*. When you focus on becoming, goals become the natural byproduct of your transformed identity.

Ask your self: "Who do I need to become to naturally live my ideal lifestyle? What thoughts, beliefs, habits, and perspectives would that version of me have?"

This approach changes your relationship with your desires. Instead of struggling to reach your goals, you position yourself to naturally attract them through alignment. Your actions become expressions of your new identity rather than sacrifices made to earn future rewards. This doesn't mean you abandon goal-setting altogether. Rather, you use goals as guiding stars while focusing your energy on the inner work of becoming. As your identity shifts, the outer manifestation follows with significantly less resistance.

Understanding Your (Universal) Creative Resources

To effectively create your desired reality, you must understand and skillfully direct your creative resources. These are the fundamental tools through which you manifest your vision.

Time

Time is your most fundamental creative resource. Without it, nothing can be experienced or created in the physical world. The difference between merely spending time and truly investing it lies in your intention. Your lifestyle directly reflects how you use your time.

Am I intentionally investing my time towards creating my ideal lifestyle?

Attention

"Where attention goes, energy flows." Your focus directs your creative energy. Whatever you consistently pay attention to expands in your life. Conscious creation requires deliberate direction of your attention towards what you want to manifest.

What am I focusing on most consistently throughout my day?

Energy

Everything is energy, including your thoughts, actions, and desired outcomes. Your energy is a precious resource that must be protected and directed. Without sufficient energy, your creative capacity diminishes regardless of your intentions.

How am I managing my physical, mental, and emotional energy?

Beyond these primary resources, you also have secondary tools at your disposal:

- **Money:** A resource that can unlock opportunities and experiences, though attention and respect are often more valuable currencies
- **Oxygen:** The fundamental life-sustaining resource that affects your energy levels and mental clarity
- **Perspective:** Your unique way of filtering and interpreting information, which shapes how you direct your other resources
- **Resourcefulness:** Your ability to creatively use what you have to get what you want

The mastery of reality creation comes not from having more resources, but from developing greater skill in directing the resources you already possess. Regularly audit how you're investing these precious assets to ensure alignment with your vision.

The Cycle of Reality Creation

Understanding the cyclical nature of reality creation reveals how your consciousness constantly shapes your experience. This cycle explains why simply changing your outer circumstances without addressing your inner state creates only temporary shifts.

Information

You gather information through your experiences and what you choose to consume. This forms the foundation of your mental database.

New Information

These experiences provide new information, continuing the cycle of creation.



Thoughts

Your mind processes information to form thoughts and beliefs that become your mental operating system.

Actions

Your thoughts determine your decisions and actions in the physical world.

Experience

Your actions create new experiences and results in your external reality.

This cycle reveals that you are essentially a processor of reality. You input information, process it through your unique filters, and output actions that create your life circumstances. These circumstances then feed back into your information database, either reinforcing or challenging your existing beliefs.

The profound implication is that conscious reality creation requires intervention at multiple points in this cycle:

- **Curate your information inputs** by being selective about what you consume and who you spend time with
- **Examine and restructure your thought patterns** through practices like meditation, journaling, and affirmations
- **Take deliberate actions aligned with your desired reality**, even when they feel uncomfortable to your current identity
- **Consciously interpret your experiences** in ways that support rather than undermine your vision

The Power of Visualization

Visualization is one of the most powerful tools for reality creation, serving as the bridge between your current state and your desired reality. It works because your mind processes vivid mental images similarly to actual experiences, creating neural pathways that support new behaviors.

"Visualization is sight without sight. Seeing it in the mind's eye."

Effective visualization goes beyond casual daydreaming—it's a structured practice that engages all your senses and emotions:

1

See the Details

Create mental images with vivid, specific details. Don't just see yourself in a new home; notice its colors, textures, the way light enters the windows, and how you move through the space.

2

Engage All Senses

What sounds accompany your vision? What scents are present? What textures can you feel? The more senses you engage, the more real your visualization becomes to your nervous system.

3

Generate Authentic Emotion

The emotional component is what truly powers visualization. Feel the genuine emotions you'd experience living your vision (health, abundance, peace, excitement). These emotions are the energy that fuels manifestation.

4

Practice Regularly

Visualization becomes more powerful with consistent practice. Set aside at least 5 minutes daily to connect with your vision, allowing it to become increasingly familiar to your subconscious mind.

Think of visualization as mental rehearsal for your desired reality. Just as an athlete visualizes perfect performance before competition, you're programming your mind to recognize and move toward your vision. The more frequently and vividly you visualize, the more your subconscious accepts your vision as achievable and familiar.

Remember: visualization works best when combined with aligned action. The mental practice creates the internal blueprint, while your actions in the physical world bring it into manifestation. Together, they create a powerful momentum toward your desired reality.

The Universal Laws of Creation

Understanding the universal laws that govern reality creation is like learning the rules of a game. These principles operate whether you're aware of them or not, but conscious knowledge allows you to work with them rather than against them.

Law of Cause and Effect

Every action has its corresponding reaction. Your physical actions yield specific results from the world. This is the foundation of karma- what you give, you get; as you sow, so shall you reap.

Reverse engineer your desired outcomes by identifying and implementing the causes that naturally produce them.

Law of Attraction

You attract experiences that match your dominant thoughts, feelings, and beliefs. This isn't magical thinking but the natural consequence of how your mental state influences your perception and behavior.

Position your self to receive by becoming the person who naturally experiences your desires. Create and embrace thoughts that inspire actions aligned with your goals.

Mirror Principle

Your external reality reflects your internal state. What you give to yourself, you get back from life. This is expressed as "as within, so without."

To change your outer circumstances, focus first on changing your inner landscape of thoughts, beliefs, and emotions.

Law of Relativity

All experience is subjective and relative to your perspective. There is no absolute good or bad, only your interpretation of events.

Consciously choose interpretations that empower rather than limit you. Use your perspective as a tool for growth.

These laws aren't separate but interconnected aspects of how reality operates. They create a framework within which you can intentionally craft your experience. Think of them as the chessboard, while your resources are the pieces, and you are the player making strategic moves.

The laws are binding and immutable- they operate regardless of your belief in them, just as gravity works whether or not you understand physics. But by aligning your thoughts, feelings, and actions with these principles, you move from being unconsciously affected by them to consciously working with them. Understanding these laws will liberate you from feeling like a victim of circumstance and empowers you to become a conscious co-creator of your reality.

Clearing Blocks to Manifestation

Even with clear intentions and understanding of reality creation principles, you may encounter resistance in manifesting your vision. These blocks stem from unconscious patterns, limiting beliefs, and emotional baggage that contradict your conscious desires.

Common Manifestation Blocks

- Limiting beliefs about what's possible for you
- Unworthiness feelings that cause self-sabotage
- Fear of change or success
- Attachment to specific outcomes
- Unresolved emotional wounds
- Contradictory intentions in your subconscious
- Impatience with the manifestation process



These blocks operate at a deeper level than your conscious mind, often originating from childhood experiences, cultural conditioning, or past traumas. They create resistance in your manifestation process by sending contradictory signals to the universe about what you truly want and believe is possible.

Identification

Notice where you feel resistance, doubt, or discomfort when visualizing your goals. These emotional responses often point to underlying beliefs that need addressing.

Examination

Question the origins and validity of limiting beliefs. Most are based on past experiences or borrowed opinions rather than universal truths.

Release

Use techniques like journaling, meditation, EFT tapping, or working with a therapist to process and release emotional blocks.

Replacement

Consciously adopt new empowering beliefs that support your vision. Reinforce these through affirmations, visualization, and aligned action.

Remember that clearing blocks isn't a one-time event but an ongoing process of awareness and transformation. Be patient and compassionate with yourself as you uncover and release layers of limitation. Each block you clear creates more space for your authentic desires to manifest.

Positioning: The Art of Attraction

The Art of EntreCreality is to strategically positioning yourself to naturally attract your desires. This shift from pursuit to positioning fundamentally changes your relationship with your goals.

Instead of asking "How can I get this?" ask "Who do I need to be for this to naturally come to me?"



Create Magnetic Alignment

Align your thoughts, emotions, beliefs, and actions with your desired outcome. This coherence creates a powerful attractive force that draws opportunities toward you.



Focus on Input, Not Output

Direct your attention to what you can control (your efforts, skills, and growth) rather than fixating on results. Trust in your self and the laws of the universe that consistent quality input inevitably creates desired output (cause & effect + LOA)



Create Strategic Pathways

Position yourself where opportunities related to your vision naturally flow. This might mean joining certain communities, developing specific skills, or creating work that showcases your capabilities.

Positioning operates on the understanding that manifestation follows the path of least resistance. Rather than forcing outcomes through sheer willpower, you create conditions where your desires can easily find you.

This approach transforms how you view obstacles and delays. Instead of seeing them as failures, recognize them as feedback helping you refine your positioning. Each adjustment brings you into better alignment with your goals.

Practical positioning strategies include:

- Developing skills and knowledge that make you a natural fit for your desired experiences
- Building relationships with people who are already living aspects of your vision
- Creating content or work that demonstrates your capabilities to the right audience
- Structuring your environment to support behaviors aligned with your goals
- Adjusting your communication to reflect the identity you're growing into

Remember that effective positioning requires patience and trust in the process. You're not abandoning action but approaching it from a state of aligned being rather than desperate doing.

The Fluid Nature of Your Vision

One of the most liberating aspects of conscious reality creation is understanding that your vision isn't fixed or rigid- it's naturally fluid and evolutionary. This flexibility allows your goals to mature as you do, reflecting your expanding awareness and experiences.

Many people abandon the manifestation process because they feel trapped by goals that no longer resonate as they grow. Understanding the fluid nature of your vision releases this pressure and allows for authentic evolution.

Growth Changes Perspective

As you evolve, your understanding of what truly fulfills you naturally shifts. What once seemed desirable may lose its appeal as you gain wisdom and self-knowledge.

Details Change, Direction Remains

While specific goals may shift, your overall trajectory toward greater fulfillment, expression, and contribution typically remains consistent.

Experience Refines Vision

New experiences provide information that helps crystallize and refine your vision, making it more aligned with your authentic self.

Freedom from Identity

When you avoid attaching your identity to specific outcomes, you create space for organic growth and unexpected opportunities.

This understanding transforms how you approach your vision:

- Rather than rigidly pursuing a static goal, stay connected to the core feelings and values your vision represents
- Regularly revisit and refine your vision based on new insights and experiences
- Trust that evolution of your goals isn't failure but growth
- Make your vision big enough to allow for multiple expressions and pathways
- Focus on becoming rather than achieving, allowing your vision to unfold naturally

The fluidity of your vision doesn't diminish its power, but rather enhances it by keeping it aligned with your authentic desires. By holding your vision with both commitment and flexibility, you create space for even greater possibilities than you might initially imagine.

(Re)Designing Your Ideal Lifestyle

Creating your life consciously starts with radical clarity and honesty. This is a systematic approach to mapping out who you are, how you live, and how to change it at the root. This blueprint is for self-creation and reality design.

Use these 9 steps to design your ideal lifestyle vision and manifest it deliberately:

1

Self - Awareness (State of Current Self)

Honest inventory of dominant thoughts, beliefs, emotions, and habits.

- What are your dominant thoughts and beliefs? why?
- What emotional states do you frequently inhabit? why?
- What values do you live by? what do I believe my value is? why?
- What habits define your daily life? why?
- How do you respond to challenges, success, failure? why?

2

State of Current Reality

Describe your environment, relationships, finances, career, and health.

- Your environment (where you live, your physical space)
- Your relationships and social circle
- Your financial situation
- Your career, business, or creative work
- Your health and vitality
- How you spend your time

3

Understanding Connection Self to Reality

How has your past & current self created your past & current reality?

- How have your beliefs shaped your choices?
- How have your emotions driven your actions?
- How have your habits determined your results?
- What patterns keep repeating?

4

Question True Nature

If you can choose who you want to be each day, what are you really?

- Who would you be if you weren't bound by conditioned expectations? why?
- What qualities feel most *exciting* to you? why?
- What would you choose if you believed anything was possible? why?

5

Define Desired Lifestyle

Design without limitation: where you live, how you spend your days and live your life, more detail = more power !.

- If time, money, and expectations didn't exist, what lifestyle would you choose? why?
- Where would you live? why?
- How would you spend your days? why?
- What experiences would you have? why?
- How would you love, create, serve, play? why?

6

Design Desired Self

Determine the thoughts, beliefs, and habits of your ideal self.

- What thoughts would you hold?
- What beliefs would you operate from?
- What emotional state would you live in?
- What actions would make you feel most excited?
- What value do you desire to have?

7

Align Lifestyle Vision

Connect how your desired self creates your desired lifestyle.

- How does your desired self create your desired lifestyle? why?
- How do your beliefs and thoughts fuel actions? why?
- How do those actions shape reality? why?

8

Determine Required Actions

What actions will manifest my desired change in the physical realm?

- What habits must you build or break?
- What skills must you learn?
- What environments must you create or leave?
- What commitments will anchor your transformation?
- how must your relationship to your self, habit and discipline change if you want to live a life where you do not judge your self for enjoying your freedom and living a life aligned with your vision?

9

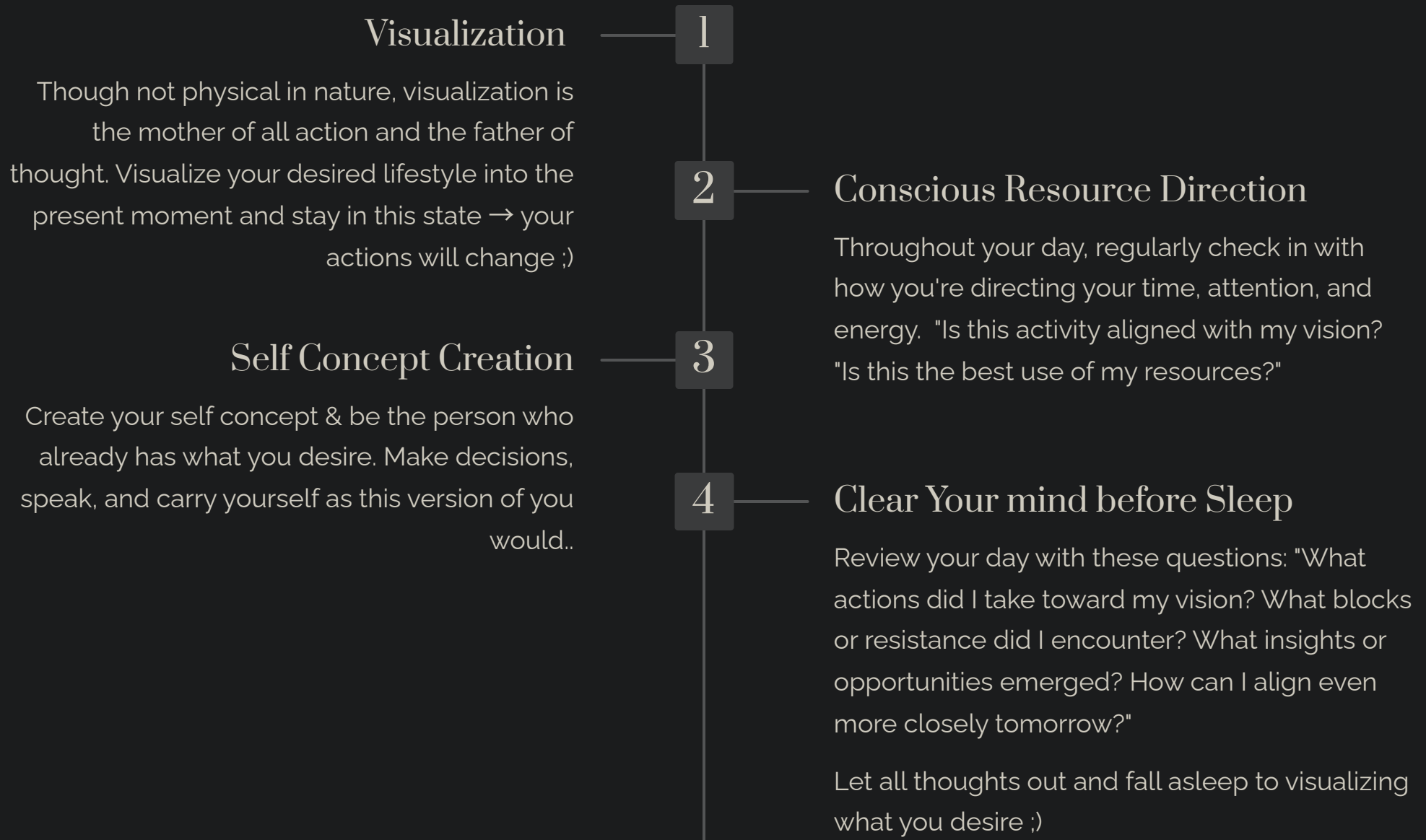
Build Manifestation Blueprint

How will channel your energy and resources into your vision?

- How will you use your time intentionally?
- Where will you focus your attention?
- How will you channel emotion and creative energy?
- Who will you collaborate with or learn from?
- How will you invest resources (money, connections, knowledge)?

Your Daily Reality Creation Practice

Transforming your reality isn't about daily practices and following a strict path or blueprint; It is about always following what excites you and fills you with passion. If you create value through doing so you set your self up for financial abundance too;) I would never recommend sticking to a fixed schedule and judging your self whenever you don't. Create your life in a way where you love to live it, because that is the goal, right? That being said, I understand you may want some practical advice on actions helped me to create the life I desire.



Additional practices to accelerate your manifestation:

Structure your physical surroundings to support your new identity and desired behaviors

Structure your inner world into one of self love, self acceptance and self empowerment

Spend time with people who believe in possibilities and support your growth

Regularly appreciate what you already have and the progress you're making toward your vision

Question limiting thoughts when they arise and consciously choose more empowering perspectives

Remember that reality creation is both an art and a science. The principles are universal, but your application will be unique to you. Trust the process, be patient with yourself, and know that each conscious choice brings you closer to living as the creator of your experience rather than its product.

Your ideal lifestyle isn't a distant dream- it's the natural expression of who you're about to become;)

Seeking Deeper (personalized) Transformation?

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