

Lost Things Matter

A Guided Reflection for Those Learning to Live from Love

This resource is not a lesson to complete or a problem to solve. It's an invitation to slow down and sit with the heart of Jesus in Luke 15. You don't need to fix yourself here. You don't need the right answers. Just honesty and a little space.

1. Re-centering the Question

We often hear the word *lost* and immediately think:

- wrong
- outside
- separated
- unsaved

But Jesus tells stories that frame *lost* very differently.

"For the Son of Man came to seek and to save the lost." (Luke 19:10)

In these stories, lost does not mean unwanted. It means *not where something belongs*.

Reflection:

- When you hear the word *lost*, what emotions come up first?
- Where did you learn to associate lost with failure or shame?

2. Lost Things First Belong

A sheep belongs to a shepherd. A coin belongs to a woman. A son belongs to a father. Nothing is searched for unless it already matters.

"God searches for what matters."

Reflection:

- What if your questions, doubts, or distance do not disqualify you?
- What if they point to belonging that hasn't been fully experienced yet?

Sit with this sentence: *For something to be lost, it must first belong.*

What does that challenge or soften in you?

3. Three Ways People Get Lost

Jesus doesn't tell one story. He tells three. Because people don't get lost in only one way.

The Sheep — Distraction

The sheep doesn't rebel. It wanders.

Reflection:

- Where might you have been distracted rather than defiant?

- What pulled your attention without asking your permission?

The Coin — Circumstance

The coin doesn't choose. It is lost through no fault of its own.

Reflection:

- What happened to you that shaped your faith in ways you didn't choose?
- Where might compassion be more appropriate than self-blame?

The Sons — Misunderstanding

One leaves. One stays. Both are lost.

Reflection:

- Do you resonate more with leaving the house or striving inside it?
- Where might you be working for what already belongs to you?

4. Reframing the Belief

Here is the belief we are gently releasing: *Being lost means I am unwanted.*

Here is the reframe Jesus offers: **God searches for what matters.**

Reflection:

- How would your relationship with God change if this were true?
- What pressure would be lifted?

5. A Practice for the Week

Once a day, pause and ask: "Where do I feel out of place right now?"

Don't fix it. Don't explain it.

Just bring that place into God's presence.

Belonging often begins with being seen.



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*If this worksheet surfaced something,
you don't have to carry it alone.*