Following my purpose to help others, empowering individuals to reconnect with their innate human ability to heal holistically.



Mahiananaidu@gmail.com

Miami - NYC -Dubai



HOLISTIC MEDICINE PRACTITIONER

EDUCATION



2022 - Currently P.H.D Postulant / Holistic

Medicine research. Principals Biochemistry (Harvard)



2016- 2022 Holistic Healer

- Certified Life & Health coach (Health Coach Institute)
- ENERGY HEALER (international REIKI CENTER)
- ACUPRESSURE
- Zen Bodywork Specialist



2007-2013 Master Nutritional medicine

- Autonoma de Oriente university (UAO)
- Nutrition Specialist
- BIOQUIMISTRY
- Culinary & Hospitality (The art institute fort Lauderdale)

MY EXPERTISE

Nutrition	95%
Intuitive healing	90%
Communication	70%
holistic food	95%
Chinese medicine	90%
REIKI /Energy	75%
Breath therapy	90%
Life & health coach	95%

EXPERIENCE



Nutrition, Holistic food developer, Culinary

- Volunteer, Disaster action team (DAT) 2003 -2010
- Menu developer interstate Hotels-2011 - 2015
- 12 years of experience Medicine chef for prestigious chef



Wellness, Mind Healing Behavior specialist

- 300 hours (Dharamsala, Himachal Pradesh, Northern India-2009)
- 2 years healing Breathwork
- Ecstatic Dance
- 10 years self-awareness Practice



Balance, Integrative approach

- fourth-generation healer
- Intuitive empath
- Intensive Psychedelic Ayahuasca (3,350 hours training), Yage Healers in the Andean-Amazonian Piedmont of Colombia- 2002

MY REFERENCE

David Goldin

Development /CEO (516) 521 6574

Yineth Zuniga

Longet Inc. / finances 818 - 903 8295 66 I believe in the power of holistic healing, innovation, and nature's wisdom, fostering education and community to inspire transformation and purposeful living.



Dahiana Naide

HOLISTIC MEDICINE PRACTITIONER

RECIPIENT

To: Whom it may Concern

New York, NY

Date: March 2025

COVER LETTER

My personal journey has led me to a more integrative approach to healing that focuses on aligning the mind, body, heart and spirit effortless.

I'm a results- oriented individual, knowledge seeker, being an intuitive empath allows me to be compassionate, passionate and dedicate to fulfill my purpose of helping others.

Thank you for your time that you have invest in getting to know me.

Bahiana Maida A

looking forward to hear from you.

Yours faithfully,

Dahiana Naidu