Dear Senator [Name],

I write to you as a constituent, a person of faith, and a fellow human being who believes deeply in the sanctity of life. At this moment in history, our nation faces a profound moral crossroads. Across the world, we are witnessing immense suffering — in Gaza, in Ukraine, and in the countless lives impacted by decisions made in the halls of power, including Congress.

Jesus teaches us in Matthew 5:9:  
“Blessed are the peacemakers, for they will be called children of God.”

Yet today, policies supported by our government are escalating violence rather than easing it. In Gaza, we are witnessing not only relentless bombardment but also a man-made famine — an unconscionable suffering inflicted upon innocent civilians, many of them children. In Ukraine, the continued bombings have devastated communities and destroyed lives, while President Zelensky has often been sidelined from key negotiations that determine his people’s future.

As a follower of Christ, I urge you to remember His radical call to mercy:  
“You have heard that it was said, ‘Eye for eye, and tooth for tooth.’ But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other also.” (Matthew 5:38-39)

Retaliation breeds endless suffering. Militarization entrenches division. And withholding food, medicine, and dignity from those who are trapped in war zones stands in direct opposition to the Gospel’s call to love our neighbor as ourselves.

As one of the voices entrusted with representing **the people**, I implore you:

* **Vouch for peace, not escalation.** Support diplomatic efforts that include **all impacted parties** — including President Zelensky — to ensure negotiations honor the voices of those directly affected.
* **End policies that deepen suffering.** Oppose funding that fuels endless war while children starve in Gaza and families in Ukraine endure ceaseless shelling.
* **Be a moral leader in Congress.** Our nation must embody the values we claim to hold: compassion, justice, and the defense of human dignity.

History will remember where we stood in this moment. Will we have chosen to perpetuate cycles of violence, or will we have found the courage to turn toward reconciliation and life? As Christ commands in John 13:34:  
“Love one another. As I have loved you, so you must love one another.”

Senator, I pray that you allow this teaching to guide your leadership and use your influence to advocate for immediate de-escalation, humanitarian relief, and negotiations that prioritize peace over power. The people you represent, and the generations that follow, deserve nothing less.

With hope and conviction,  
[Your Name]  
[Your City, State]