



# Gildersome Spurs Junior Football Club

### Defibrillator (AED) Policy

#### 1. Purpose

The purpose of this policy is to ensure that the Automated External Defibrillator (AED) at Gildersome Spurs Junior Football Club is accessible, maintained, and used appropriately in the event of a sudden cardiac arrest. The safety and wellbeing of our players, coaches, volunteers, and visitors is our highest priority.

#### 2. Scope

This policy applies to all coaches, volunteers, players, parents, match officials, and visitors attending activities organised by the club, whether on matchdays, training sessions, or club events.

#### 3. AED Location & Accessibility

The club has access to a 5 AED's located at:

Gildersome Sports Club (fixed to outside of building)

Street Lane (Stored within the cabin)

Bruntcliffe High School (to be passed between managers and placed within the grassed area during matches)

Hembrigg (to be passed between age group managers)

Springbank (to be passed between age group managers)

- The AED is clearly marked with signage / flag and accessible to all during club activities.
- Where a venue does not have a fixed AED (e.g., away matches), teams should familiarise themselves with the nearest AED location via The Circuit / 999 operator guidance.

#### 4. Responsibilities

#### Club Committee will:

- Arrange regular maintenance checks and battery/pad replacements.
- Record defib checks and any usage

#### Coaches & Team Managers will:

- Familiarise themselves with the AED location at home and away fixtures.
- Ensure they know basic CPR and AED usage procedures and complete the Introduction to First Aid.
- Take responsibility for accessing the AED if an emergency occurs during their session/match.

#### First Aiders & Volunteers will:

- Respond promptly to incidents involving suspected cardiac arrest.
- Follow the chain of survival:
  - 1. Call 999 immediately.
  - 2. Begin CPR.
  - 3. Retrieve and use the AED as instructed.
  - 4. Continue until emergency services arrive.

#### 5. Training

- Coaches and designated first aiders will receive periodic CPR and AED training by completing the Introduction to First Aid via the FA.
- Awareness will be provided regarding club specific AED's (Lifepak 1000).
- Training records will be maintained by the club secretary or welfare officer in line with the completion of the Introduction to First aid.

#### 6. Maintenance & Checks

- AED will be checked weekly for:
  - o 'OK' light showing.

- Pads in date and sealed.
- No visible damage.
- Formal checks logged by managers completing the Defib Check form online.
- Replacement pads and batteries ordered immediately when expiry approaches.

#### 7. Emergency Procedure

If a person collapses and is not breathing normally:

- 1. Call 999 and state "suspected cardiac arrest AED available."
- 2. Start CPR immediately.
- 3. Retrieve AED and follow the voice instructions.
- 4. Continue until paramedics take over or the person shows signs of life.

#### 8. Post-Incident Reporting

- The incident must be reported to the Club Welfare Officer within 24 hours.
- AED use will be logged, and replacement parts ordered immediately.
- A review of the incident will be conducted to identify any improvements needed.

#### 9. Review of Policy

This policy will be reviewed annually or sooner if guidance from the FA, Resuscitation Council UK, or relevant health authorities changes.

Useful links:

Defib reporting form - https://forms.gle/tGW4WDr98zwjNdNaA

Lifepak100 Defib demonstration - LIFEPAK 1000 AED Demonstration Video

SIGNED CHAIRMAN:

JONATHAN MOXON



## Gildersome Spurs Junior

Gildersome Sports Club Street Lane, Gildersome LS27 7HX