

# Physiotherapy Services

- **Physiotherapy for:**

- Musculoskeletal conditions
- Orthopedic conditions
- Sports injuries
- Elderly care
- Neurological conditions

- **Relaxation and therapeutic massage**
- **Corporate wellness and ergonomic consultations**
- **Aids and appliances advice**
- **First Aid and Injury Management**



## Our Promise

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- ✓ Experienced Physiotherapists
- ✓ Customized treatment plans

**Perfecting your health is our commitment to you!**



- **Monday to Friday:**  
8:00 AM - 4:30 PM
- **Saturdays and Holidays:**  
9:00 AM - 2:00 PM

## Contacts us



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Limbe, inside The Heritage Center (Mpingwe), near Heritage Hotel (old Shire Highlands Hotel), along Zomba Road.