# Casa Marian - Pastine Superiore (Levanto, Liguria)

Perched among lemon trees and terraced hills, Casa Marian offers an authentic Ligurian experience just above Levanto — the "gateway to Cinque Terre." Here nature, silence and sea views meet the charm of old stone hamlets and trails scented with rosemary and pine.

## **What to See Nearby**

- Rastine & Lavaggiorosso Two tiny medieval hamlets surrounded by olive groves and vineyards. Stroll through the narrow alleys, admire the stone houses and enjoy the views of the valley.
- Levanto Only 9 minutes away by car, Levanto is a lively seaside town with: a wide sandy beach, a charming old center, the cycling path to Bonassola and Framura, and trains and boats to Cinque Terre.
- Bonassola & Framura Peaceful coastal villages known for crystalclear coves and excellent seafood restaurants.

### Where to Eat

- Antico Borgo traditional Ligurian dishes in the heart of Levanto.
- La Loggia refined seafood with terrace overlooking the bay.
- L'Anciua small osteria with fresh fish and homemade pasta.
- Da Tapulin informal and authentic, ideal for lunch after the beach.
- Bagni Nettuno perfect for a sunset aperitivo on the sand.

### **Useful Services**

- Supermercato Di Meglio Via Trento e Trieste, Levanto.
- Pharmacy Piazza Cavour, Levanto.
- Train Station Levanto 9 minutes away, trains to Cinque Terre and La Spezia.
- Gas Station ENI Via Mazzini, Levanto.
- Weekly Market every Wednesday morning in Piazza Staglieno.

#### Recommended Excursions

- Cinque Terre UNESCO area with colorful villages along the cliffs.
- Bonassola & Framura bike or walk along the coastal path with breathtaking sea views.
- Monterosso al Mare the largest Cinque Terre village, with sandy beach and historical center.
- Deiva Marina ideal for swimming, snorkeling, and relaxed beach days.
- Portovenere a jewel of the Gulf of Poets, perfect for a day trip.
- Val di Vara discover small villages like Varese Ligure and Pignone, surrounded by forest and rivers.

### Local Experiences

- Hiking trails connecting Levanto to Monterosso and Bonassola.
- E-bike tours through olive groves and hilltop villages.
- Wine tastings at local producers in the Levanto valley.
- Boat excursions to Cinque Terre and Portovenere.
- Yoga and nature walks among lemon terraces and sea views.
- Antique and local markets (Levanto, Bonassola, La Spezia).

# Value Tip

• Pastine is a place of peace and authenticity — where the sound of cicadas replaces traffic noise and time flows slowly. Wake up to the scent of lemons, enjoy breakfast on the terrace overlooking the bay, and in the evening watch the sun fade over the Ligurian Sea. Here, the real luxury is silence.

## **Useful Numbers**

• Emergency: 112

• Taxi Levanto: +39 333 741 2188

• Levanto Hospital (La Spezia): +39 0187 939111

• Tourist Info Point Levanto: +39 0187 808125



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