



# S.O.A.P. NOTES

date / /

*scripture*

(What verse or scripture speaks to your heart?)

*observation*

(What stood out in this verse?)

*application*

(How can you apply this verse into your every day life?)

*prayer*

(Ask the Lord how you can apply this verse to your everyday life.)

CONTINUE IN PRAYER, AND WATCH IN THE SAME  
WITH THANKSGIVING;

- COLOSSIANS 4:2



# Prayer JOURNAL

date / /

prayer requests

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requests for others

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confession

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thanks / praise

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BUT MY GOD SHALL SUPPLY ALL YOUR NEED  
ACCORDING TO HIS RICHES IN GLORY BY CHRIST  
JESUS.

- PHILIPPIANS 4:19