



Introduction & Purpose

Creativity is not a solitary act—it’s an energetic force that flows through and around us, connecting us to a larger system. As independent authors, we often imagine ourselves as lone creators, but in reality, our work is shaped by—and shapes—the world we inhabit. Every story, poem, or book we write exists within a broader creative ecosystem, influenced by the conventions, communities, and gatekeepers that surround us.

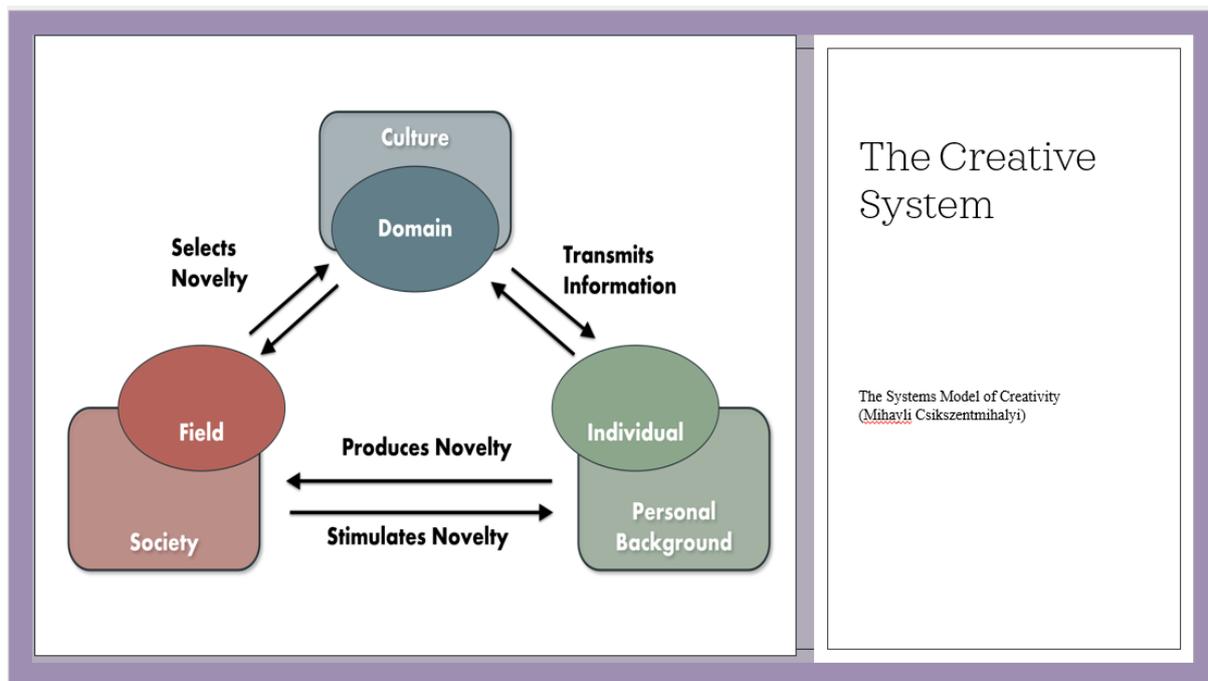
This handout is designed to help you understand and navigate the creative system as described by Mihaly Csikszentmihalyi¹. By mapping your domain (the body of knowledge and community you write within) and identifying your field (the gatekeepers who can help your work reach a wider audience), you’ll gain clarity on how to make meaningful change with your writing.

Whether you’re seeking to connect with readers, achieve recognition, or simply understand your place in the creative landscape, this worksheet will guide you through practical steps to:

- Reflect on your creative purpose (“your why”)
- Define and deepen your understanding of your domain and niche
- Identify the right field(s) to approach for validation and amplification
- Develop actionable strategies to add value and grow your impact

Use this resource to chart your path as a self-published author—so your creative energy can flow where it’s needed most, and your work can make the difference you envision.

¹ Csikszentmihalyi, Mihaly. (1996). *Creativity: Flow and the Psychology of Discovery and Invention*. New York: Harper Collins Publishers.



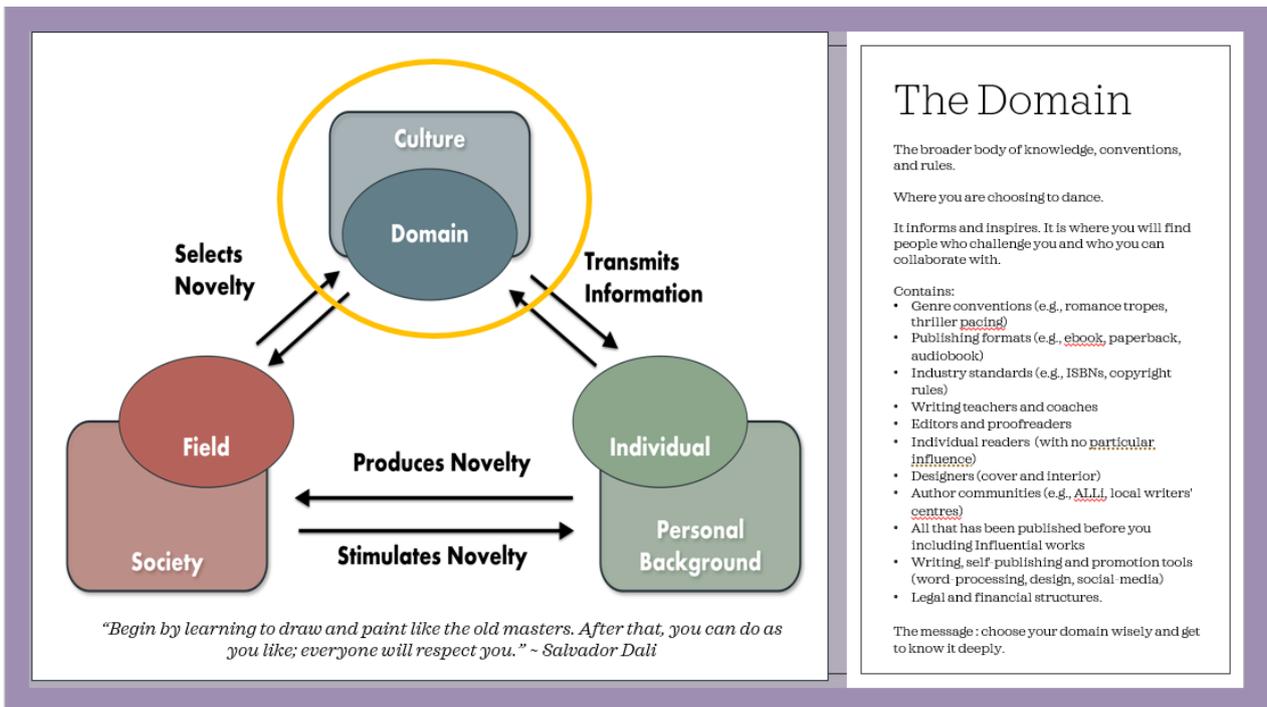
1. Know Thyself

Before you can navigate the creative system or make meaningful change with your writing, it's essential to understand yourself as a creator. Clarity about your aspirations will help you focus your creative energy and make intentional decisions.

Reflect on these questions:

- **Why do you write?** What draws you to storytelling or authorship?
- **What do you hope your creative work will achieve?** Are you seeking personal fulfillment, community, recognition, influence, or something else?
- **What does success look like for you as a self-publisher?** Is it sales, reader impact, creative satisfaction, critical acclaim, or building a legacy?
- **What unique perspectives, experiences, or skills do you bring to your writing?** Consider your background, passions, and expertise.
- **What values are most important to you in your writing and publishing journey?** (e.g., authenticity, innovation, connection, financial independence, social change)
- **How do you want to grow or change as a writer through this process?**

Use your answers as a compass. They will guide your decisions about which domains and fields to engage, what kind of community to build, and how to measure your progress as an independent author.



2. Mapping Your Domain

The domain is the broader body of knowledge, conventions, and community within which your creative work exists. For independent authors, this is your “dancefloor”—the genre, niche, and literary culture you participate in, learn from, and contribute to. Understanding your domain deeply is essential: it informs and inspires your work, connects you with collaborators and readers, and provides the foundation for meaningful change.

Questions to Guide You:

- What genre(s) do you write in?
- Who are the key authors, influencers, or works in your area?
- Where do you go to learn the conventions or “rules” of your genre?
- What communities, tools, or resources are around to support your writing?
- Who are the readers and audiences most engaged with your work?
- Can you get “crunchier” about your niche—for example, not just “romance,” but “queer historical romance set in rural Australia”?
- Are there underserved or emerging sub-niches within your domain that align with your passions or expertise?
- What change would you like to see in your domain? What’s missing, overlooked, or ready for transformation? How could your work contribute to this change?
- How can you test or validate the potential of your chosen niche (e.g., through blogging, reader surveys, or trend research)?

3. Contributing to Your Domain

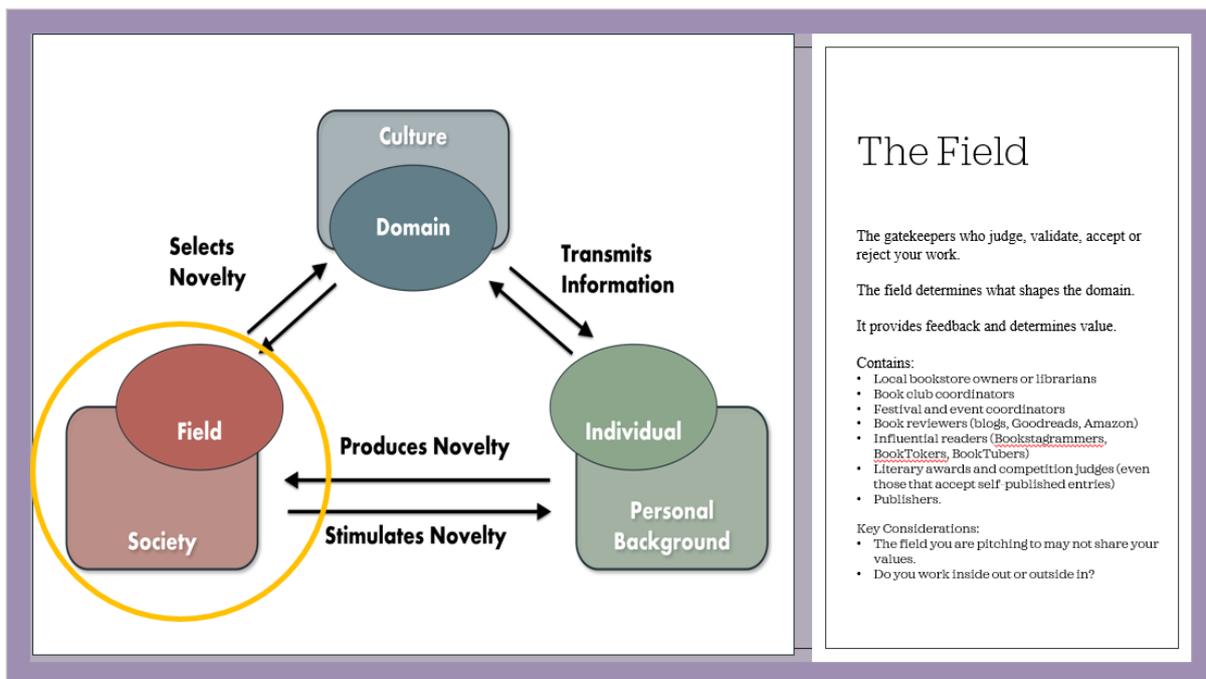
Your domain is not just a backdrop for your creative work—it's a living ecosystem that you can actively enrich and influence. As an independent author, adding value to your domain means contributing to the conversations, knowledge, and connections that shape your genre or niche. This not only helps you build credibility and community, but also positions your work to be noticed and embraced by both readers and gatekeepers.

Ways to Add Value to Your Domain:

- **Share Your Knowledge and Experience:**
Write blog posts, articles, or guides that help others navigate your genre or the self-publishing process. Offer insights, lessons learned, or practical tips based on your own journey.
- **Support and Uplift Others:**
Promote fellow authors, review books in your niche, or collaborate on projects. Engage authentically in author communities, forums, or social media groups.
- **Contribute New Ideas or Perspectives:**
Bring fresh themes, underrepresented voices, or innovative storytelling techniques to your domain. Challenge conventions or address gaps you've identified in your mapping exercise.
- **Host or Participate in Community Events:**
Organize workshops, webinars, book clubs, or online discussions. Attend literary festivals or local writer meetups to foster connections and share expertise.
- **Create Resources for Others:**
Develop tools, templates, or checklists that help other writers or readers in your domain. Share these freely to establish yourself as a generous and knowledgeable contributor.
- **Engage Your Audience Directly:**
Invite feedback, run surveys, or start conversations with readers about what they want to see in your genre. Use their input to shape your work and strengthen your community ties.

Reflection Questions:

- How can you use your unique skills or experiences to benefit others in your domain?
- What conversations or challenges in your niche could you help address?
- In what ways can you foster a sense of belonging and collaboration among your peers?
- What small action can you take this month to add value to your domain?
Remember, you don't need a published book to start making a difference. Every blog post, review, event, or act of support helps to enrich your domain and lays the groundwork for your future success as an author.



4. Identifying Your Field

The field is made up of the gatekeepers—those individuals or groups who have the power to judge, validate, accept, or reject your creative work. While your domain is the dancefloor, the field is the panel of judges who decide whether your work is ready to be shared more widely and what value it brings to the community. For self-published authors, understanding and strategically engaging with the field is essential if you want your work to reach and influence your intended audience.

Who is in your field?

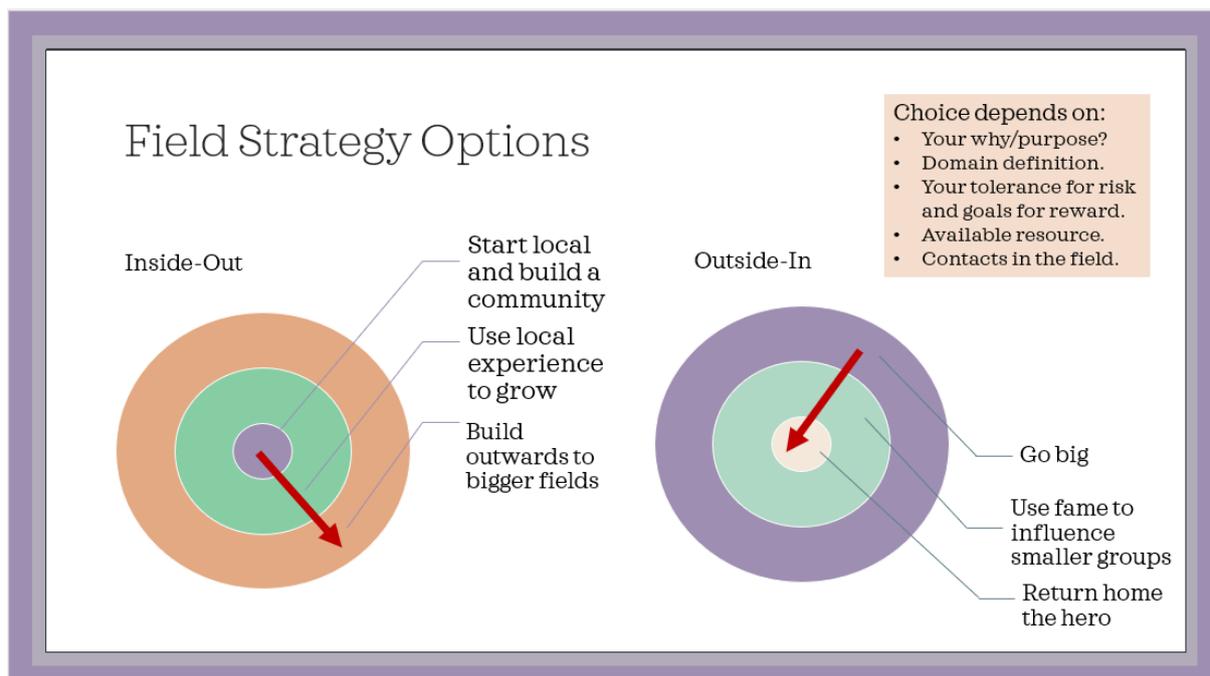
- Local bookstore owners, librarians, and book club coordinators
- Festival and event organizers
- Book reviewers (on blogs, Goodreads, Amazon)
- Influential readers and online personalities ([Bookstagrammers](#), [BookTokers](#), [BookTubers](#))
- Literary awards and competition judges (including those open to self-published books)
- Publishers and agents

Questions to Guide You:

- Who are the key gatekeepers in your genre, niche, or community?
- Which local or online influencers have the power to amplify your work?
- Are there awards, competitions, or festivals that could provide validation or visibility?

- Which reviewers, bloggers, or book clubs are respected in your field?
- Who in your field shares your values and mission—and who might be resistant?
- What criteria does your field use to judge or select work for recognition?
- How can you build authentic relationships with field members (e.g., through networking, supporting their work, or participating in their communities)?

Remember, the field is not always aligned with your personal values or creative vision. Be intentional in choosing which gatekeepers to approach and seek out those who are most likely to support and champion the change you want to make with your work.



5. Field Strategy

Once you’ve identified your field—the gatekeepers, influencers, and validators most relevant to your work—it’s time to develop a strategy for engaging them. Your approach should be intentional and aligned with your creative goals, resources, and values. The right field strategy can help you build credibility, amplify your reach, and create momentum for your work.

Things to Consider:

- **Assess Your Resources:** Consider your available time, energy, budget, and connections. These will shape how you approach different fields and what opportunities are realistic for you right now.
- **Consider Your Risk/Reward Goals:** Do you want to invest in going after more “risky” fields in the hope of rapid and large rewards? Or would you prefer to run a low-risk/gradual reward strategy?

- **Leverage Your Domain Knowledge:** Use your understanding of your domain to identify which fields are most open to your work and which might be resistant.

Strategic Options:

- **Start Local, Build Outward:**
Engage with local bookstores, libraries, writing groups, or community festivals first. Success and validation here can create a ripple effect, making it easier to approach larger or more influential gatekeepers later.
- **Target Niche or Specialized Fields:**
If your work fits a specific sub-genre or community, focus on the field members who are passionate about that niche. Their endorsement can be powerful and help you stand out.
- **Enter Awards and Competitions:**
Recognition from respected contests or awards can provide credibility and open doors to further field opportunities. They also provide valuable feedback to help you continue to grow as a writer.
- **Connect with Online Influencers:**
Build relationships with bloggers, reviewers, and social media personalities who have sway in your genre or niche. The key words here are “build relationships” – no-one likes to feel used for a promo or review.
- **Work Inside Out or Outside In:**
Decide whether to stay true to your unique voice and seek out a field that aligns with your values (inside out), or to focus your marketing to target the expectations of a particular field (outside in).

Action Steps:

- List 2–3 field members or groups you will approach in the next month.
- Identify one local and one online opportunity to engage your field.
- Set a small, achievable goal for your first field interaction (e.g., submit to a local contest, introduce yourself to a bookstore manager, pitch to a blogger).
- Reflect on what feedback or results you receive and adjust your strategy as needed.

Remember, you don't have to win over every gatekeeper. Focus your energy on fields that share your values and are most likely to support your mission. Over time, small wins and authentic relationships can lead to much bigger opportunities for your creative work.

6. Case Studies



Matthew Reilly

- Self-published his first novel and personally placed copies in local Sydney bookstores, targeting a specific field of booksellers and local readers.
- Built early momentum and credibility within this defined field, leading to discovery by a traditional publisher.
- Used local validation as a springboard to a global publishing career.



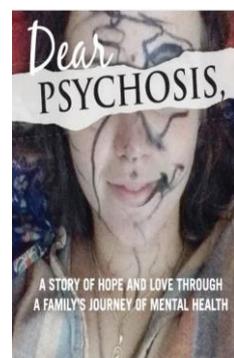
Simone Amelia Jordan

- Entered her memoir into the Richell Prize, targeting the field of literary award judges and the writing community.
- Gained mentorship, support, and visibility through the award, which validated her work within the domain.
- Recognition from the field led to a publishing deal with Hachette Australia.



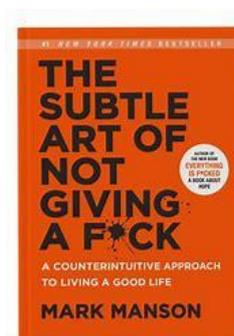
Sarah Martin

- Self-published her memoir and focused on building relationships with local bookstores, a key field for indie authors.
- Achieved strong sales and local buzz, which expanded her book's reach and attracted broader distribution opportunities.
- Leveraged grassroots support to create a ripple effect beyond her initial field.



Mark Manson

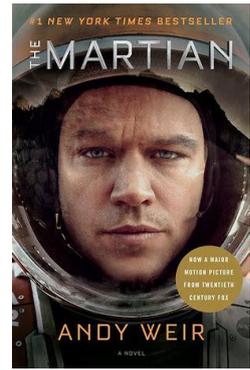
- Grew a massive global audience by blogging about personal development and unconventional life advice, deeply engaging his domain.
- His blog's popularity and strong community presence caught the attention of major publishers (field).
- Transitioned from self-publishing to a bestselling traditional publishing career, with his blog community providing proof of concept.





Andy Weir

- Serialized his novel *The Martian* on his personal blog, inviting feedback and building a dedicated community within the science fiction domain.
- Responded to reader demand by self-publishing on Kindle, where strong sales and reviews validated his work to the field.
- Attracted a traditional publisher and film adaptation deal after field gatekeepers recognized the book's grassroots success.



7. Resources & Further Reading

A thriving indie author career is built on community, learning, and the right tools. Here are trusted resources to help you deepen your knowledge, connect with others, and streamline your publishing journey:

Online Writing Communities

- **Absolute Write Water Cooler:** Large, active forums covering every genre, publishing, and writing craft.
- **Scribophile:** Workshops and peer critiques for writers of all levels.
- **She Writes:** The largest community for women writers, with forums and articles on every stage of the writing process.
- **r/selfpublish (Reddit):** Lively discussions, advice, and support for self-publishers.

Self-Publishing and Writing Blogs

- **Self-Publishing Advice (ALLi):** Daily articles, industry news, and how-tos from the Alliance of Independent Authors.
- **Just Publishing Advice:** Practical tips on grammar, publishing, and book marketing.

Podcasts for Indie Authors

- **Ask ALLi: Self-Publishing Advice Podcast:** Weekly episodes on all aspects of self-publishing, from craft to marketing.
- **The Creative Penn Podcast:** Interviews and advice from bestselling indie author Joanna Penn.

Further Reading & Inspiration

- **20 Best Self-Publishing Blogs for Indie Authors (MIBLART):** Curated list of top industry blogs.
- **10 Great Resources for Indie Authors (Author's Republic):** A roundup of essential platforms, communities, and tools

Key Takeaways

01

Know thyself.
The rest will flow
from there.

02

Choose your
domain wisely and
know it deeply.
You don't need a
book to add value.

03

Target the fields to
meet your mission.
Spend your time
with people who
care.

Thank you for engaging with The Creative System and for being part of this incredible community of independent authors. I hope these ideas and exercises help you find clarity, confidence, and connection as you navigate your creative journey. If you'd like to share your thoughts, ask questions, or continue the conversation, I'd love to hear from you. Please feel free to reach out or connect with me online:

- **Website:** www.belindatobin.com
- **Instagram/Facebook:** @belinda.tobin.author
- **Email:** belinda@heart-led.pub



Belinda Tobin



www.belindatobin.com



[belinda.tobin.author](https://www.instagram.com/belinda.tobin.author)



www.btcreative.agency

