

EVENING PRAYER LITURGY

Opening Prayer

Let us pray.

Eternal God,
as this day draws to a close, we quiet our hearts before you.
You know the challenges we have faced, the worries we carry, and the uncertainties that linger at the edges of our thoughts.
In a world that often feels unsettled, grant us the gift of your calm presence.
When our strength wavers, steady us.
When our confidence falters, remind us that you remain faithful.
Help us to rest tonight not in our own ability to manage everything, but in your unfailing care.
Lead us into a deeper trust — a quiet confidence that you hold our lives securely in your hands.
Through Jesus Christ our Lord. Amen.

Scripture Reading

Isaiah 40:28–31

“Do you not know?
Have you not heard?
The Lord is the everlasting God,
the Creator of the ends of the earth.
He will not grow tired or weary,
and his understanding no one can fathom.
He gives strength to the weary
and increases the power of the weak.
Even youths grow tired and weary,
and young men stumble and fall;
but those who hope in the Lord
will renew their strength.
They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.”

Reflection Questions

Use these to guide a few minutes of shared or silent reflection:

1. **Where in my life do I currently feel tired, stretched, or uncertain?**
What situations are draining my confidence?
2. **What does it mean for me personally to “hope in the Lord” right now?**
How might that hope reshape the way I face my circumstances?
3. **Where have I experienced God’s sustaining presence before?**
How might remembering that help me trust God on the journey ahead?
4. **What would “quiet confidence” look like for me this week?**
Is there one practical step I can take to rest more deeply in God?

Prayers for others.

Spend a few moments thinking about various people and situations that you are concerned about.

Offer the names or situations to God in prayer.

Blessing

Receive this blessing.

May the God who holds the stars in their courses
hold you steady when life feels uncertain.
May Christ, who walked the difficult road before us,
walk beside you and strengthen you for the days ahead.
May the Holy Spirit breathe calm into your spirit,
courage into your decisions,
and peace into the places where fear would take root.
And may you go into the night with a quiet confidence,
knowing that you are guarded, guided, and greatly loved.

Amen.