

EDIBLE FLOWERS

And why you should grow them

Flower vodka anyone? Or viola ice cubes? Add a new dimension to your garden and cooking by growing flowers that you can eat. Lavender, basil, daylily, and many more, are easy to grow and don't need much space. Use this guide to help you embark on a new culinary adventure!

			
	ANNUALS	PERENNIALS	WILD FLOWERS
Peppery	Nasturtium Cornflower	Rosemary Thyme	
Savoury	Basil Rocket	Garlic Lavender	Dandelion Wild garlic
Sweet	Calendula Courgette	Rose	Honeysuckle Meadowsweet
Delicate	Borage Viola	Daylily Primrose	Cowslip Dog Rose

