

WORKBOOK

# DESIGN

YOUR 10X

# LIFE



**MENTOR KRISHNA SINGHAL**

# Introduction:

## Why Most People Stuck in their Life ?

Are you tired of working hard but not seeing the results you desire? Do you feel stuck in your career, business, or personal life? The truth is, success is not just about working harder—it's about designing a life that aligns with your goals and taking the right steps to multiply your success.



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This guide will help you unlock your full potential and 10X your life by focusing on three key areas: Clarity, Capabilities, and Courage. By the end of this guide, you'll have a roadmap to success and a clear action plan to transform your business, career, and life.



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# Step 1: Gain Absolute Clarity on Your Goals

“If you don’t know where you are going, any road will take you there.” - Lewis Carroll

Many people fail to achieve success because they lack clarity about what they truly want. To 10X your life, you need to be crystal clear about your goals.

## 👉 Action Steps:

- ✅ **Define Your 10X Vision** – Write down where you see yourself in the next 1, 3, and 5 years in areas like business, career, health, relationships, and finances.
- ✅ **Identify Your WHY** – What is your driving force? Why do you want to achieve these goals? A strong ‘WHY’ keeps you motivated.
- ✅ **Set SMART Goals** – Your goals should be Specific, Measurable, Achievable, Relevant, and Time-bound.
- ✅ **Example:** Instead of saying, "I want to earn more money," say, "I want to increase my business revenue from ₹10 lakhs to ₹1 crore in 12 months."



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# Step 2: Develop the Right Capabilities to Succeed

Once you have clarity, the next step is to build the right skills, knowledge, and habits to achieve your goals.

## 👉 Action Steps:

✓ **Identify Skill Gaps** – What skills do you need to reach your 10X goal? It could be leadership, sales, time management, or business automation.

✓ **Learn from Mentors** – Surround yourself with people who have already achieved what you want. Learning from a mentor can save you years of struggle.

✓ **Upgrade Your Habits** – Your success is a reflection of your daily habits. Replace time-wasting activities with high-value tasks that move you closer to your goals.

✓ **Example:** If your goal is to double your income, you might need to improve your sales skills, negotiation abilities, or marketing strategies.



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# Step 3: Take Courageous Action

Knowledge without action is useless. The only way to 10X your life is by taking massive, consistent action.

## 👉 Action Steps:

✅ **Break Your Goals into Smaller Steps** – Take one action every day towards your big goal. Small wins lead to big success.

✅ **Overcome Fear & Self-Doubt** – Most people stay stuck because of fear. Courage is not the absence of fear; it's taking action despite fear.

✅ **Implement the 80/20 Rule** – Focus on the 20% of activities that bring 80% of the results. Identify and eliminate distractions.

✅ **Example:** If you want to increase your sales, start making 10 sales calls daily instead of waiting for the perfect moment.



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# Step 4: Build a 10X Mindset for Long-Term Success

Success is 80% psychology and 20% strategy. If you don't have the right mindset, you will always struggle.

## 👉 Action Steps:

✓ **Eliminate Limiting Beliefs** – Replace negative thoughts like “I can't do this” with empowering beliefs like “I am capable of achieving massive success.”

✓ **Practice Daily Visualization** – Spend 5 minutes every morning visualizing your success as if it has already happened.

✓ **Surround Yourself with Growth-** Oriented People – Your environment shapes your mindset. Connect with people who push you to be better.

✓ **Example:** If you believe you're not good at sales, shift your mindset by saying, “Every call I make improves my skills and brings me closer to success.”



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# Step 5: Systemize and Scale Your Success

Once you start seeing success, it's time to automate, delegate, and scale so that your business and life grow without you working 24/7.

## 👉 Action Steps:

✅ **Create Systems for Business & Life** – Automate repetitive tasks and delegate responsibilities to free up time for high-impact activities.

✅ **Focus on High-Value Tasks** – Avoid getting stuck in low-income activities. Spend time on strategic thinking, networking, and business growth.

✅ **Track & Optimize** – Regularly measure your progress and make improvements.

✅ **Example:** If you're a business owner, hire a team to handle daily operations while you focus on expansion.



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# Final Action Plan

What are your top 5 action steps from this workbook?

1.

2.

3.

4.

5.



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# Conclusion:



## What's Next?

You now have the exact steps to design your 10X life and transform your future. But reading this guide alone won't change your life—you need to take action!

**But knowing is NOT enough. You need to implement it!**

 Want to Learn How to Apply This to YOUR LIFE?

 Want personal help to implement these strategies? Book a 1:1 strategy call with me.

 Click here to schedule a call  [CLICK NOW](#)

Take action today, and build a business that grows without you! 



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