

2025

THEMUSE
Guide

*Self-care
Gifts
Guide
for
woman*



FREE GIFT GUIDE WITH CURATED AMAZON FINDS,
BUDGET-FRIENDLY IDEAS, AND SACRED SELF-
GIFTING RITUALS FOR A MEANINGFUL SEASON.

HOW TO USE THIS GUIDE:



1. CLICK ANY "BUY IT!" LINK → GOES DIRECTLY TO AMAZON
2. BROWSE BY CATEGORY OR VIBE
3. SAVE YOUR FAVORITES
4. DON'T FORGET TO GIFT YOURSELF SOMETHING TOO
5. ENJOY THIS CURATED RESEARCH
6. REMEMBER TO READ THE LAST AND MOST IMPORTANT PAGE.

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1. Sacred Space



retro speaker

bluetooth



vintage



cutie



BUY IT!

natural scented candle

sandalwood



roses



*strong and
long lasting
aroma*



BUY IT!

mini movie projector

wifi and bluetooth

film investment



Available for
Outdoor Use

BUY IT!

2 Self-Care Rituals



Olaplex Wash and Shine Hair Kit

For all hair types.

cleanse, hydrate, and control frizz



Up to 72 hours

BUY IT!

LED Light Therapy Skin Mask



BUY IT!

Raw Banana Oil



BUY IT!

3. Creative Flow



The Five Minute Journal



*sustainable,
recyclable
paper with a
natural linen
fabric cover.*



*weekly
challenges,
gratitude, daily
highlights,
inspirational
quotes, daily
affirmations,
and self-
reflection.*



*a mindfulness
journal they
can use every
day.*

BUY IT!

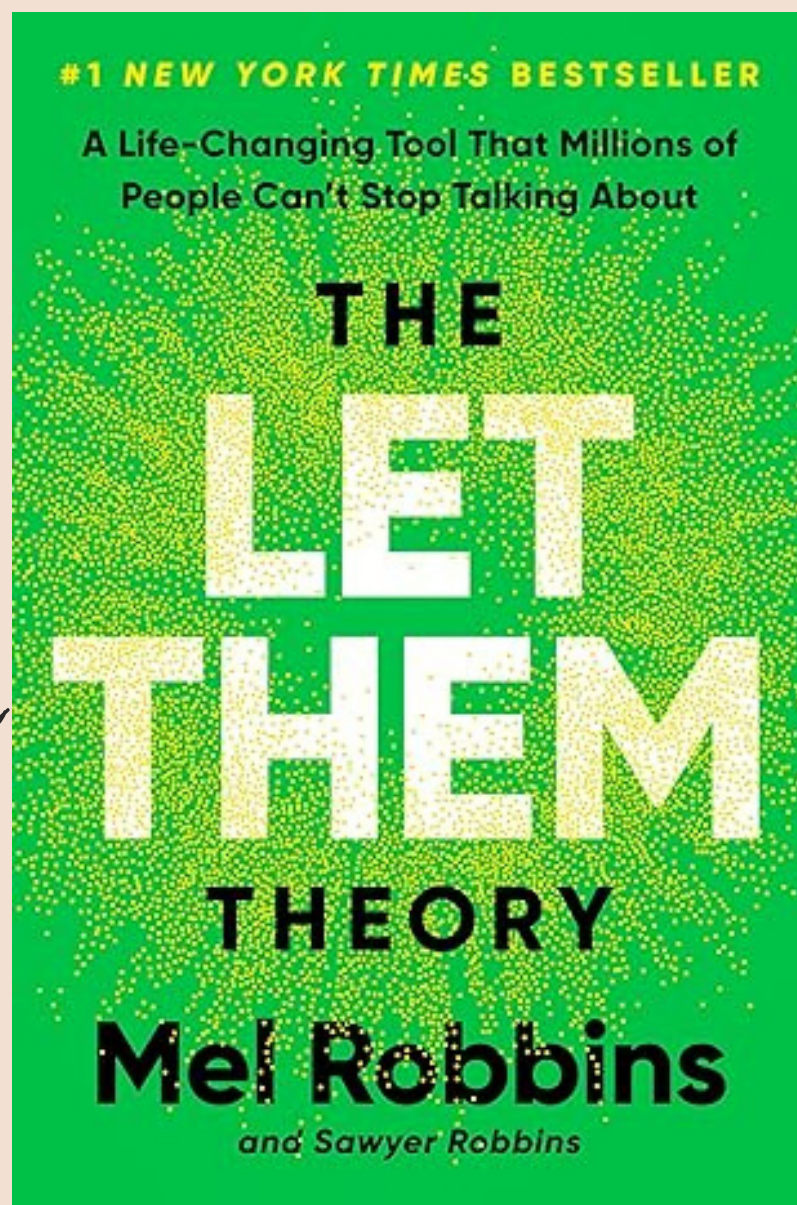
LEGO Botanicals



exclusive LEGO
Botanical Collection
for adults, which
includes
- a bouquet of
flowers,
- a bouquet of
wildflowers
- a dried flower
centerpiece
- orchid .

BUY IT!

The Let Them Theory Book



The problem is the power you give to other people. Two simple words—Let Them—will set you free

#1 New York Times Bestseller
#1 Sunday Times Bestseller
#1 Amazon Bestseller
#1 Audible Bestseller

BUY IT!



4. Mindful Mornings

Silk Eye Mask

lightweight,
soft, and
comfortable



minimize friction and
provide comfort

naturally relieves tension
and improves your mood

BUY IT!

Matcha Starter Set



Traditional tools.

Comes with a full-color, step-by-step preparation guide

Natural bamboo whisk and spoon with stainless steel filter

BUY IT!

Quality Journal



*thicker than
average
notebooks*



*durable, waterproof
vegan leather cover
with rounded corners*

BUY IT!

5. Inner Wisdom



bath tray/ bookholder

bamboo wood
and
waterproof
coating



home spa

multiple compartments,
including a wine glass
holder, mug and candle
holder, phone compartment,
razor and loofah hooks,
and more

BUY IT !

Aesthetic Turntable

No stereo
system or
additional
equipment
required.



Premium sound
quality

Bluetooth

BUY IT !

Iced Coffee/ Tea Infuser Maker



Cold brew is 70%
less acidic than hot
brew. And richer in
flavor

Designed to fit neatly
inside your refrigerator
shelf

BUY IT !



*BIODANCE Real Deep
Bio-Collagen Mask*



*Colorfarm Nano Ionic
Facial Steamer*

EXTRA GIFTS



*Anua Heartleaf Pore
Control Cleansing Oil*



*LEVOIT Classic
Ultrasonic Cool Mist
Humidifier*



6. The Gift of Intention

The Gift of Intention



Beyond the wrapping paper and bows lies the true essence
of giving: presence.
The most meaningful gifts aren't measured in price tags,
but in how deeply they say:
"I see you. I honor who you are. I celebrate your
journey."

This guide was curated with that philosophy at heart.
Each item was chosen not just for its utility, but for
its potential to become part of someone's sacred routine—
or your own.

Browse our free resources on:
themuseguide.com