

### Present Tenses

Tense	Form	Use	Example
<b>Present Simple</b>	subject + base verb	habits, facts, routines	<i>She works every day.</i>
<b>Present Continuous</b>	am/is/are + verb-ing	actions happening now or temporary	<i>She is working now.</i>
<b>Present Perfect</b>	have/has + past participle	experiences, results, unfinished time	<i>She has worked here for 5 years.</i>
<b>Present Perfect Continuous</b>	have/has + been + verb-ing	actions started in the past that continue now	<i>She has been working all morning.</i>

### Past Tenses

Tense	Form	Use	Example
<b>Past Simple</b>	verb + -ed / irregular	finished actions in the past	<i>She worked yesterday.</i>
<b>Past Continuous</b>	was/were + verb-ing	action in progress at a specific past time	<i>She was working at 8 p.m.</i>
<b>Past Perfect</b>	had + past participle	earlier past event, before another	<i>She had worked there before she moved.</i>
<b>Past Perfect Continuous</b>	had + been + verb-ing	long action before another past action	<i>She had been working for hours when he arrived.</i>

### Future Tenses

Tense	Form	Use	Example
<b>Future with will</b>	will + base verb	predictions, decisions at the moment	<i>She will work tomorrow.</i>
<b>Going to Future</b>	am/is/are + going to + verb	plans, intentions, predictions with evidence	<i>She is going to work in London.</i>
<b>Future Continuous</b>	will be + verb-ing	action in progress in the future	<i>She will be working at 6 p.m.</i>
<b>Future Perfect</b>	will have + past participle	action finished before a future time	<i>She will have finished by 5 p.m.</i>