



WWW.TEKGIGLOBAL.COM

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REG: RC/LBE/2025/B/058

NIC: M05217782814R

Community Health & Practice Accelerator Program (CHaPP)

From Classroom to Community — Practical Training for Real Impact

By TEKHI GLOBAL Healthcare

PROGRAM STRUCTURE

Duration:

Self-Paced (Online + Field Internship)

Format:

PDF Notes

Case studies and group discussions

Practical community assignments

Internship or field experience

Final project and certification

MODULE 1: Foundations of Community & Primary Health Care

Objective: Introduce participants to the core concepts and systems that shape community and primary healthcare.

Lessons:

1. Understanding Community Health: Definitions and Importance
2. Levels of Prevention and Health Promotion
3. The Role of Primary Health Care in National Health Systems



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4. Teamwork and Intersectoral Collaboration in Community Practice

5. Barriers to Effective Community Health Delivery

Practical Task:

Write a brief report on community health challenges in your local area.

Learning Outcomes:

- ✓ Define community and primary health care
- ✓ Identify levels of prevention and PHC components
- ✓ Explain the role of teamwork and community participation

MODULE 2: Health Promotion & Disease Prevention

Objective: Equip participants with strategies to promote healthy lifestyles and prevent common diseases in communities.

Lessons:

1. Concepts and Principles of Health Promotion
2. Health Education Methods and Behavior Change Models
3. Designing Health Campaigns for Local Communities
4. Screening and Preventive Services for Non-Communicable Diseases
5. Health Promotion in Schools, Workplaces, and Markets

Practical Task:

Design a short community health education session or flyer.

Learning Outcomes:

- ✓ Explain health promotion concepts and models



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- ✓ Design community health messages and campaigns
- ✓ Apply preventive strategies for common diseases

MODULE 3: Epidemiology & Data for Community Practice

Objective: Develop skills to collect, interpret, and apply health data for decision-making in community settings.

Lessons:

1. Introduction to Epidemiology and Key Terms
2. Basic Tools for Data Collection and Analysis
3. Understanding Community Surveys and Field Assessments
4. Monitoring and Evaluation of Health Programs
5. Using Data for Advocacy and Planning

Practical Task:

Conduct a mini community survey (on any health topic) and analyze basic findings.

Learning Outcomes:

- ✓ Describe core epidemiological concepts
- ✓ Design simple data tools for field assessments
- ✓ Use data to inform public health action

MODULE 4: Maternal, Child & Family Health in the Community

Objective: Enhance understanding of essential health services for families and communities.



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Lessons:

1. Maternal Health: Antenatal, Delivery, and Postnatal Care
2. Child Health: Immunization, Nutrition, and Growth Monitoring
3. Adolescent and Family Health Education
4. Common Community Diseases and Home-Based Care
5. Integrating Family Health into Community Programs

Practical Task:

Develop a one-page family health outreach plan for your area.

Learning Outcomes:

- ✓ Describe key elements of maternal and child health programs
- ✓ Recognize priority family health issues
- ✓ Plan family-centered community interventions

MODULE 5: Community Project Design & Implementation

Objective: Guide participants to design and execute real-world community health projects.

Lessons:

1. Identifying Community Health Needs
2. Planning and Budgeting for Small Health Projects
3. Stakeholder Engagement and Resource Mobilization



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4. Implementation Steps and Monitoring
5. Report Writing and Presentation of Results

Practical Task:

Develop and present a mini community health project proposal.

Learning Outcomes:

- ✓ Conduct a community needs assessment
- ✓ Create a practical project plan with a budget
- ✓ Demonstrate leadership in implementation and reporting

MODULE 6: Leadership, Communication & Health Advocacy

Objective: Empower participants to lead teams, communicate effectively, and advocate for community health change.

Lessons:

1. Leadership Styles in Healthcare
2. Building Effective Health Teams and Partnerships
3. Communication for Health Promotion and Community Mobilization
4. Digital Health Advocacy and Social Media Campaigns
5. Policy Influence and Community Empowerment

Practical Task:

Develop and post a short online health advocacy message (social media assignment).

Learning Outcomes:

- ✓ Demonstrate leadership and communication skills
- ✓ Use digital tools for advocacy



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- ✓ Build partnerships for sustainable community change

FIELD INTERNSHIP / PRACTICUM

Duration: Self-Paced

Activities:

Participate in TEKHI community clinics and outreach campaigns

Conduct basic screenings and health education

Document field experiences in a reflective logbook

Outcome:

Hands-on experience, improved practical competence, and professional exposure.

ASSESSMENT & CERTIFICATION

Module assignments (40%)

Field internship report (30%)

Final project presentation (30%)

Award:

Certificate of Completion – TEKHI Community Health & Practice Program (CHaPP)

Issued by TEKHI GLOBAL Healthcare

ADDITIONAL BENEFITS

Access to TEKHI internship and mentorship opportunities

Networking with healthcare professionals across Africa

Recognition on TEKHI's alumni platform



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Potential recruitment into TEKHI field programs