

The Little Sous Chefs

CLEAN HANDS CHEF READY!

Wash your hands and be ready to cook!

Clean hands keep us healthy and ready for yummy recipes!



WASH YOUR HANDS IN 6 EASY STEPS!

1 WET



Wet your hands with clean, running water.

2 SOAP



Add soap and make lots of bubbles!

3 SCRUB



Scrub all over your hands—between your fingers, under your nails, and the backs too! Sing your ABCs or count to 20!

4 RINSE



Rinse your hands well with clean water.

5 DRY



Dry your hands with a clean towel.

6 READY!



Your hands are clean—you're Chef Ready!

Happy hands make happy chefs!

WASH YOUR HANDS:

- ♥ Before you cook or eat
- ♥ After coughing or sneezing
- ♥ After using the bathroom
- ♥ After touching raw food
- ♥ After touching pets or outside
- ♥ Whenever your hands are dirty!

Clean today, chef every day!

CLEAN HANDS. HEALTHY CHEFS. YUMMY RECIPES!