**Sahasrara Ayurveda HIPAA Authorization Form**

Authorization for Use or Disclosure of Protected Health Information

(Required by the Health Insurance Portability and Accountability Act, 45 C.F.R. Parts 160 and 164)

Authorization- I authorize Sahasrara Ayurveda to use and disclose the protected health information shared with them to all certified associates and staff.

…………………

Please initial here

Extent of Authorization

I authorize the release of my complete health record (including records relating to mental healthcare, communicable diseases, HIV or AIDS, and treatment of alcohol or drug abuse).

…………………

Please initial here

OR

I authorize the release of my complete health record with the exception of the following information:

□ Mental health records

□ Communicable diseases (including HIV and AIDS)

□ Alcohol/drug abuse treatment

□ Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

…………………

Please initial here

This medical information may be used by the person I authorize to receive this information for medical treatment or consultation or other purposes as I may direct. This authorization shall be in force and effect until \_\_\_\_\_\_\_\_ at which time this authorization expires.

I understand that I have the right to revoke this authorization, in writing, at any time. Information used or disclosed pursuant to this authorization may be disclosed by the recipient and may no longer be protected by federal or state law.

Signature of Client Date



**Sahasrara Ayurveda Wellness and Consult Waiver**

Ayurveda is a complementary health system from India that began about 5.000 years ago and believes by many scholars to be the oldest healing science. It is not intended to cure, diagnose, or treat any disease. Sahasrara Ayurveda nor owner, Krithiga Karthik, does NOT provide medical advice.

Ayurveda places emphasis on prevention and encourages the maintenance of health through close attention to balance in one’s life. This is often done through observation of diet, lifestyle, behavior, and in some cases the use of herbs. Knowledge of Ayurveda allows one to create and understand this balance between mind and body and how best to maintain it.

All information is given in the form of verbal consultation, written or printed handouts, and web guidance is for informational purposes only. This information imparted by Sahasrara Ayurveda and its owner, Krithiga Karthik, should be considered holistic health information to be used at your own risk. This information is not intended to be a substitute, directly, or indirectly, for professional medical advice, diagnosis, or treatment.

Always seek the advice of your physician or other qualified medical professionals with any questions you may have regarding a medical condition or before following any course of treatment. Always consult a doctor before using any form of treatment. Never disregard professional medical advice or delay seeking it.

I understand that Ayurveda is NOT a medical system. I take full responsibility and understand that Sahasrara Ayurveda, nor its owner, Krithiga Karthik, is not intended to replace my doctor’s advice or other medical recommendations.



Signature of Client and Date