



















TIPS FOR YOUNG LEARNERS

Cyberbullying is using technology to bully or upset someone else. This can include sending mean messages, embarrassing others online, spreading rumours online, excluding others online and much more! If you or someone you know is being cyberbullied, it is important to know what to do. Here are some helpful tips to stop cyberbullying: Cyber-Buddy or Cyber-Bully? Read each statement below. If it describes an action of a cyber-buddy, colour in the happy face, if it describes an action of a cyber-bully, colour in the sad face. Uses polite or friendly words when communicating online. Cares about how others feel Excludes other people Laughs when people mess up

- · Don't take part in cyberbullying
- · Talk to a trusted adult about it
- · Report cyberbullying
- · Only talk to people you know online
- · Think before you post

FUN ACTIVITY FOR YOUNG LEARNERS

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Uses polite or friendly words when communicating online.





Cares about how others feel





Excludes other people





Laughs when people mess up





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