



THIS IS Crystal & Walter with the Kid Kalendar Newsletter for the month of January, 2026.

@TheDaycareTeacher

Reasons Kids Need Routines and Schedules

Provides stability

Kids feel safe when they know what to expect.



Teaches time management

Kids learn how to plan their day.



Reduces power struggles

Clear expectations mean fewer arguments.



Sets them up for success

Routines build life skills for the future.



Reduces anxiety

Predictability helps kids feel calm.



Boosts confidence

Kids feel accomplished when they follow routines.



Helps with transitions

Routines make it easier to switch between activities.



Prevents meltdowns

Predictable schedules reduce overwhelm.



Encourages creativity

Structured downtime sparks imagination.



Limits screen time

Scheduled activities reduce mindless scrolling.

Encourages better sleep

Consistent bedtime routines improve sleep quality.



Improves focus

Structured time helps kids concentrate better.

Builds healthy habits

Repetition helps kids learn good behaviors.



Prepares them for school

Schedules mimic classroom structure.



Supports emotional regulation

Predictable routines help kids manage emotions.

WANTED- Unwanted Toys

Old Toys Get New Life at PCC

Please think of us when you are cleaning out the kids closets and toy boxes to make room for the toys that Santa delivered.

You'd be amazed at the creative things that a group of kids can do with old toys that seem uninteresting to our kids at home.













WANTED

We are in need of gently used clothes sizes 18 months and up





<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
			1 C L O S E D For New Year's	2 Ts—Snowglobe 2s—Build A Snowman P3s—New Year 3s—Teachers Choice PKs—P Words Sch—Clean & Sort Centers
5 Ts—Penguin Craft 2s—Handprint Cardinals P3s—B for Bells 3s—Letter P PKs—Intro to Letter U Sch—Pizza Day 	6 Ts—Winter Mittens 2s—Hats & Mittens P3s—Cutting Practice 3s—Name Writing PKs—Words that start with U Sch—Back 2 School 	7 Ts—Snowflakes 2s—Winter Free Art P3s—Icicles 3s—Directed Drawing PKs—Capital & Lowercase Sch—Where's Waldo	8 Ts—Melted Snowman 2s—Mugs of Coco P3s—Make Snow 3s—Shape House PKs—Letter Shopping Sch—Large Jenga 	9 Ts—Winter Trees 2s—Melted Snowman P3s—Free Art 3s—I Love You Snow Much PKs—How many U words Sch—Free Art 
12 Ts—Cotton Ball Snowman 2s—Penguins P3s—Letter C 3s—Letter D PKs—Intro to Letter B Sch—Centers	13 Ts—Polar Bear Craft 2s—Polar Bear P3s—Free Art 3s—Numbers 1-10 PKs—Words that start with B Sch—CandyLand	14 Ts—Walking in a winter wonderland 2s—Winter Free Art P3s—Winter Scene 3s—Directed Writing PKs—Capital & Lowercase Sch—Color by Numbers	15 Ts—Salt Painting 2s—Snow Owl P3s—Playdough Fun 3s—Scissor Skills PKs—Letter Shopping Sch—Pictionary	16 Ts—Handprint Snowflakes 2s—Walrus P3s—Winter Wonder Land 3s—Teachers Choice PKs—How many B words Sch—Kids Choice
19 Ts—Winter Gnome Hands 2s—MLK art P3s—Self Portrait 3s—Letter H PKs—Intro to Letter R Sch—Uno	20 Ts—I love you Snow much 2s—Winter Snow Globe P3s—Snowflakes 3s—Name Writing PKs—Words that start with R Sch—Heads Up 7up 	21 Ts—Igloo Craft 2s—Winter Free art P3s—Snowman 3s—Directed Writing PKs—Capital & Lowercase Sch—Tag	22 Ts—Paper plate snowrn 2s—Snowy Tree P3s—Fingerpainting 3s—Scissor Skills PKs—Letter Shopping Sch—Picture Search 	23 Ts—Penguin Feet 2s—Frosty the Snowman P3s—Free Art 3s—Teachers Choice PKs—Review P, U, B, R Sch—Operation 
26 Ts—Olof Feet 2s—Love Arrows P3s—Cutting Practice 3s—Letter Review PKs—Intro to Letter F Sch—Word Jenga 	27 Ts—Deer Hands 2s—Fingerprint Hearts P3s—Free Art 3s—Number 1-10 PKs—Words that start with F Sch—Ashley's Birthday	28 Ts—Ginger Bread Feet 2s—Love Free Art P3s—Cutting Practice 3s—Directed Writing PKs—Capital & Lowercase Sch—Giant Checkers	29 Ts—Winter Hats 2s—Handprint Heart P3s—Collage 3s—Scissor Skills PKs—Letter Shopping Sch—Snowflake Art	30 Ts—Snowy Owls 2s—Valentines Wind Sock P3s—Free Art 3s—Teachers Choice PKs—How many F words Sch—Musical Chairs