



Peoria Child Care
Love to Grow By

Kid Kalendar

www.Brooktownepeoriachildcare.com

THIS IS Crystal with the Kid Kalendar Newsletter for the month of February, 2026

@TheDaycareTeacher

Why Kids Should Play Outside in Cold Weather



Boosts immune system
Helps kids fight off sickness.



Creates fun memories
Playing outside makes happy moments.



Improves mood
Playing outside makes kids happy.



Helps sleep better
Tired kids sleep deeper and longer.



Burns extra energy
Helps kids stay active and not bored.



Encourages creativity
Kids imagine and create new things.



Gets fresh air
Fresh air keeps them healthy.



Strengthens lungs
Fresh air supports healthy lung function.



Teaches problem-solving
They figure out how to play or build.



Reduces screen time
Keeps kids off TVs and tablets.



Encourages exploration
Kids discover new things outside.



Improves balance
Snow and ice help kids stay steady.



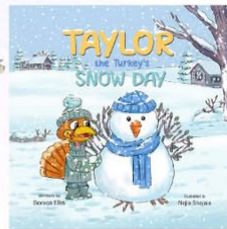
Teaches weather awareness
Kids learn to dress for the cold.



Encourages mindfulness
Kids notice small things in nature.



It's just fun!



@TheDaycareTeacher

Homemade Hot Cocoa Recipe

Perfect for little helpers!

Ingredients:

2 cups of milk (any kind: whole, almond, oat, etc.)
2 tablespoons of cocoa powder
2 tablespoons of sugar
1/4 teaspoon of vanilla
Whipped cream, marshmallows, or sprinkles for topping (optional but fun!)



Steps:

Scoop cocoa powder and sugar into a bowl and mix. Pour milk into a pot (with a grown-up's help), then add the cocoa mix. A grown-up will heat the pot while you take turns stirring carefully. Add vanilla, pour into mugs, top with marshmallows or whipped cream, and enjoy!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ts –Valentine Dinos 2s –Mr Groundhog P3s –Valentines 3s –Letter K PKs –Intro to Letter F Sch –Giant Jengo	3 Ts –Heart Balloon Craft 2s –Puppy Love P3s –Fingerpaint with Red 3s –Number Chart PKs –Words that start with F Sch –UNO	4 Ts –Heart Suncatchers 2s –Love Free Art P3s –Letter V 3s –Cutting Skills PKs –Upper & Lowercase Sch –Large Puzzles	5 Ts –Handprint Bears 2s –Heart Strawberry P3s –Letter V Cutting 3s –Heart Names PKs –Valentine Boxes Sch –Heart Art	6 Ts –Little Love Bugs 2s –2's Super Bowl Predictions P3s –Free Art Day 3s –Teachers Choice PKs –How many F words Sch –Candyland
9 Ts –Valentine Cactus 2s –Olympic Torch P3s –Valentine Box 3s –Letter E PKs –Intro to Letter N Sch –Hershey Kiss Game	10 Ts –Bumblebee Valentine 2s –Love Swans P3s –Valentine Presents 3s –Write Name PKs –Words that start with N Sch –Valentine Craft	11 Ts –Heart Tree 2s –Valentine Free Art P3s –Paint with Pink 3s –Cutting Skills PKs –Upper & Lower Case Sch –Valentine Stamps	12 Ts –Heart Footprints 2s –Heart Dino P3s –Love and Kisses 3s –Color Sort PKs –N Shopping Sch –Clean Cubbies Out	13 Bring Valentines for Valentines Party
16 Ts –Shamrock Stamping 2s –President's Day Craft P3s –Paint with Green 3s –Letter G PKs –Intro to Letter E Sch –Movie Day	17 Ts –Love you berry much 2s –Green Collage P3s –Shamrock 3s –Write Numbers PKs –Words that start with E Sch –Snowflake Art	18 Ts –Handprint Leprechaun 2s –Green Free Art P3s –Cutting Letter S 3s –Cutting Skills PKs –Upper & Lower Case Sch –Pictionary	19 Ts –Rainbow Craft 2s –Olympic Rings P3s –Leprechaun 3s –Shape Sort PKs –E magnetic dots Sch –Playdough	20 Ts –St Patricks Day Wreath 2s –Mickey Leprechaun P3s –Free Art Day 3s –Teachers Choice PKs –How many E words Sch –Slap Jack
23 Ts –Handprint Rainbows 2s –Coffee Filter Shamrock P3s –Letter L Painting 3s –Review K, E, G PKs –Intro to Letter S Sch –Giant Checkers	24 Ts –Torn Paper Craft 2s –Rainbow Pot of Gold P3s –Gold 3s –Write Names PKs –Words that start with S Sch –Car's	25 Ts –Pot of Gold 2s –St Patrick's Free art P3s –Playdough Fun 3s –Cutting Skills PKs –Upper & Lower Case Sch –Make Snowflakes	26 Ts –Shamrock Paintin 2s –Fingerprint Shamrock P3s –Letter L Cutting 3s –Torn Paper Collage PKs –S Sand Painting Sch –Duck Duck Goose	27 Ts –Fork Leprechaun 2s –Marble Paint Clover P3s –Free Art 3s –Teachers Choice PKs –How many S words Sch –Open Ended Art