



Peoria Child Care
Love to Grow By

Kid Kalendar
www.brooktownepeoriachildcare.com

THIS IS Crystal & Walter with the Kid Kalendar Newsletter for the month of November, 2025

Teaching Children about Gratitude

Gratitude is a high-level concept that can be tricky for toddlers and preschoolers. In their early years, children are naturally self-focused as part of their development. However, as they grow, fostering a sense of gratitude helps them become more understanding of the needs and feelings of others.

Children begin learning about gratitude as early as age 2. At this stage, they may start expressing thanks when prompted. By ages 3 to 5, children can understand the concept of gratitude more deeply and show appreciation independently. It's simple to build in daily activities to help your child understand the needs and feelings of others.

Below are five tips to get you started.

1. Teach Them to Say Thank You

Encourage your child to thank people who help them. This can be a server at a restaurant, a sibling who helps them pick up toys or a friend who gives them a birthday gift.

2. Express Your Gratitude

Let your children know why you are grateful for them. Be specific to make them feel special and loved. For example, say, "I appreciate how you help your brother tie his shoes."

3. Model Gratitude

Share what you are grateful for with your children. This can be through a blessing before dinner or a family gratitude journal where everyone writes down what they are thankful for.

4. Support Charitable Activities

Get involved in charitable events or organizations. Whether donating clothes or toys, participating in a food drive or baking cookies for a new neighbor. Explain to your children what these actions mean to those who receive them.

5. Be Consistent

Like all skills, gratitude is not learned in one lesson. Regularly practice and reinforce the habit of being thankful.

Benefits of Teaching Gratitude

Research shows that thankful people are generally more optimistic and less depressed and stressed. And your child's first five years are the most impactful in helping them develop these skills. By teaching our children to appreciate what they have and what others do for them, we are helping them become happier, healthier adults.



Brooktowne Peoria Child Care's

4th Annual Family Thanksgiving Feast

Wednesday, November 19th @ 11:30

Everyone is welcome!

Special shout out to all our veterans. Thank you for serving our nation to keep us safe and defend our rights. As a veteran myself I know the sacrifice that countless men and women have made.

THANK YOU FOR YOUR SERVICE!



Thank You!

To Everyone who helped make

The 4th Annual

Halloween Carnival

**a Great, Life long, Childhood
Memory for a Whole bunch of Kids**



Peoria Child Care



in
BROOKTOWNE
Love to Grow by
918-747-4567

November 2025



Kid Kalendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <i>It's time to</i> IFALL BACK <i>November 2nd</i>		 		 Happy <i>ThanksGiving</i>
3 Ts–Fingerprint Leaves 2s–Fall Leaf Wreath P3s–Fall Leaves 3s–Letter C PKs–Intro to letter L Sch–Make Cornucopia's 	4 Ts–Pinecone Turkeys 2s–Handprint Fall Tree P3s–Thankful Tree 3s–C is for Cat PKs–Words that start with L Sch–Giant Jenga 	5 Ts–Leaf Art 2s–Fall Free Art P3s–Turkey Hands 3s–Cutting Practice PKs–Capital & Lower Case Sch–Clean Cubbies Out 	6 Ts–Paint Dabber Squirrel 2s–Coffee Filter Fall Tree P3s–Make A Fall Tree 3s–Collage Art PKs–Letter Shopping Sch–Large Puzzles 	7 Ts–Pumpkin Pies 2s–Fall Tree Sponge Paint P3s–Indian Hats 3s–Number 2 PKs–How many L words Sch–Pictionary 
10 Ts–Hand Wreaths 2s–Photo Turkey P3s–Fall Wreath 3s–What are you thankful for? PKs–Intro to letter H Sch–Leaf Art	11 Ts–Smash Art Trees 2s–Handprint Turkey P3s–Pumpkin Pie 3s–T is for Turkey PKs–Words that start with H Sch–Giant Connect 4 	12 Ts–Leaf Suncatchers 2s–Thanksgiving Free Art P3s–Pilgrim Hats 3s–Cutting Practice PKs–Capital & Lower Case Sch–Get Organized 	13 Ts–November Sensory Bin 2s–Thankful For You P3s–Turkey Cups 3s–Fall Leaves PKs–Letter Shopping Sch–Operation 	14 Ts–Turkey Hats 2s–Mr. Turkey P3s–Book: Turkey Trouble 3s–Number 3 PKs–How many H words Sch–Freeze Tag 
17 Ts–Paperplate Turkeys 2s–Footprint Pumpkin Pie P3s–Thanksgiving Placemat 3s–Letter M PKs–Intro to letter I Sch–Kids Choice 	18 Ts–Leaf Turkeys 2s–Coffee Filter Turkey P3s–Turkeys 3s–M is for Mouse PKs–Words that start with I Sch–Open Ended Art	19 <i>Thanksgiving Dinner</i> 	20 Ts–Corncob Painting 2s–Free Art P3s–Book: I am Thankful 3s–Cutting Practice PKs–Capital & Lowercase Sch–Lego Tournament	21 Ts–Fingerprint Trees 2s–Turkey Sun Catcher P3s–Free Art 3s–Number 4 PKs–How many I words Sch–Heads Up 7up
24 Ts–Cut and Paste 2s–Turkey Placemats P3s–Fall Picture 3s–My favorite Thanksgiving food PKs–Recap Letter L Sch–What we're Thankful For	25 Ts–Hand Turkey 2s–Turkey Placemats P3s–Scarecrows 3s–Dance Party PKs–Words that start with J Sch–Pizza Day 	26 Ts–Smash Art Pumpkins 2s–Turkey Placemats P3s–Thanksgiving Collage 3s–Cutting Practice PKs–Capital & Lower Case Sch–Movie Day		CLOSED BLACK FRIDAY 11/28/25 