



DONATION LIST

BRAIN INJURY PREVENTION

MOTORCYCLE HELMETS

Target: 500+ helmets

- **Why Critical:** Motorcycle riders (Okada drivers) face daily life-threatening risks without helmets
- **Impact:** Each helmet can save a life and protect a family's breadwinner
- **Program:** RIDERS FOR LIFE GHANA initiative
- **Preferred:** DOT/ECE certified, adjustable sizes, durable construction

REFLECTIVE SAFETY VESTS

Target: 500+ vests

- **Why Critical:** Increases rider visibility, reduces accidents
- **Impact:** Professionalizes riders as community health responders
- **Preferred:** High-visibility orange/yellow, one size fits most

MOTORCYCLE FIRST AID KITS

Target: 300+ kits

- **Why Critical:** Equips riders to be first responders at accident scenes
- **Impact:** Transforms riders into community emergency response network
- **Contents:** Bandages, gauze, gloves, CPR mask, emergency blanket



MEDICAL EQUIPMENT & SUPPLIES

BLOOD PRESSURE MONITORS

Target: 100+ monitors

- **Why Critical:** Early detection of hypertension prevents strokes
- **Impact:** Enables community health screenings for thousands
- **Preferred:** Digital automatic monitors, batteries included

GLUCOSE MONITORS & TEST STRIPS

Target: 75+ monitors, 5,000+ test strips

- **Why Critical:** Diabetes is a major stroke risk factor
- **Impact:** Early detection and management saves lives
- **Preferred:** Easy-to-use digital monitors, unexpired strips

STETHOSCOPES

Target: 50+ units

- **Why Critical:** Basic diagnostic tool for healthcare providers
- **Impact:** Equips clinics and community health workers
- **Preferred:** Dual-head, quality construction

THERMOMETERS

Target: 200+ units

- **Why Critical:** Essential for basic health assessments
- **Impact:** Enables fever detection and infection monitoring
- **Preferred:** Digital, fast-reading, battery-operated

PULSE OXIMETERS

Target: 50+ units

- **Why Critical:** Monitors oxygen levels, detects respiratory issues
- **Impact:** Critical for stroke and emergency assessments
- **Preferred:** Finger-clip style, battery included

BASIC MEDICAL SUPPLIES

- **Bandages & Gauze:** 1,000+ units
- **Disposable Gloves:** 10,000+ gloves (various sizes)
- **Antiseptic Wipes/Solution:** 500+ packages
- **Medical Tape:** 200+ rolls
- **Emergency Blankets:** 100+ units
- **CPR Masks:** 100+ units



EDUCATIONAL MATERIALS

STROKE AWARENESS POSTERS

Target: 1,000+ posters

- **Why Critical:** Visual education reaches illiterate populations
- **Impact:** Communities recognize BEFAST signs (Balance, Eyes, Face, Arms, Speech, Time)
- **Languages:** English, local languages
- **Content:** Stroke warning signs, emergency response steps

EDUCATIONAL FLIP CHARTS

Target: 50+ sets

- **Why Critical:** Training tool for healthcare workers and community leaders
- **Impact:** Enables train-the-trainer model
- **Topics:** Stroke recognition, brain injury prevention, first aid

LAMINATED QUICK-REFERENCE CARDS

Target: 2,000+ cards

- **Why Critical:** Pocket-sized guides for quick reference
- **Impact:** Healthcare workers and riders have instant access to protocols
- **Topics:** Stroke BEFAST, emergency response, vital signs

NOTEBOOKS & PENS

Target: 500+ sets

- **Why Critical:** Documentation and learning materials
- **Impact:** Participants can take notes and create action plans



TRAINING SUPPLIES

TRAINING MANNEQUINS/CPR DUMMIES

Target: 10+ units

- **Why Critical:** Hands-on practice for first responder training
- **Impact:** Proper technique saves lives
- **Preferred:** Adult CPR training mannequins

DEMONSTRATION SUPPLIES

- **Anatomical Models:** Brain, heart, vascular system
- **Training Bandages:** Reusable practice materials
- **Role-Play Props:** Emergency scenario training

TABLETS/TECHNOLOGY

Target: 20+ tablets

- **Why Critical:** Digital training materials, documentation, telemedicine
- **Impact:** Sustainable long-term training and follow-up
- **Preferred:** Durable, pre-loaded with educational content



WELLNESS & HYGIENE

VITAMINS & SUPPLEMENTS

Target: 1,000+ bottles

- **Why Critical:** Nutritional support for at-risk populations
- **Impact:** Strengthens community health
- **Preferred:** Multivitamins, Vitamin D, B-complex

HYGIENE KITS

Target: 500+ kits

- **Why Critical:** Basic sanitation prevents disease
- **Impact:** Improves overall community health
- **Contents:** Soap, toothbrush, toothpaste, hand sanitizer

READING GLASSES

Target: 300+ pairs

- **Why Critical:** Enables older adults to read health education materials
- **Impact:** Inclusive health literacy
- **Preferred:** Various strengths (+1.00 to +3.00)



MISSION SUPPORT SUPPLIES

BACKPACKS/DUFFEL BAGS

Target: 100+ bags

- **Why Critical:** Transport and organize donation distribution
- **Impact:** Efficient mission operations
- **Preferred:** Durable, medium-to-large size

WATER - HYDRATION

Target: 2,500+ bottles

- **Why Critical:** Bottled water to distribute for events
- **Impact:** Safe hydration during screenings and training
- **Preferred:** Bottled water with tight caps.

WATER BOTTLES/HYDRATION

Target: 500+ bottles

- **Why Critical:** Team and community health during activities
- **Impact:** Safe hydration during screenings and training
- **Preferred:** Reusable, BPA-free

FINANCIAL DONATIONS

Cash contributions enable:

- Purchase of locally-sourced supplies (supports local economy)
- Transportation and logistics
- Translation services
- Venue rentals for training
- Local partner stipends
- Emergency supply purchases
- Follow-up mission support

Impact World Travel LLC – email nana.inc2@gmail.com for link

IN-KIND PARTNERSHIPS:

- Medical supply companies
- Pharmaceutical companies
- Safety equipment manufacturers
- Technology companies
- Educational publishers

DONATION IMPACT CALCULATOR

- **\$25** = 1 bicycle helmet = 1 life protected
- **\$50** = 1 blood pressure monitor = 100+ screenings
- **\$100** = Complete first aid kit for 1 rider = Community emergency coverage
- **\$100** = 1 motorcycle helmet = 1 life protected
- **\$250** = Training supplies for 50 healthcare workers

- **\$500** = Medical equipment for 1 clinic = 1,000+ patients served
- **\$1,000** = Full RIDERS FOR LIFE starter package for 1 community

TESTIMONIAL SPACE

"Your donation today creates the healthcare hero of tomorrow. Every helmet, every blood pressure cuff, every educational poster multiplies across communities, creating systems that save lives long after our mission ends. This is not charity—this is transformation."

— Impact World Travel LLC Mission Team

DEADLINE: February 5, 2026 (To allow time for collection, organization, and shipping)

Questions? Contact: Nana Noi – nana.inc2@gmail.com

Together, we will:

- ✓ Protect 500+ motorcycle riders with life-saving helmets
- ✓ Screen 2,000+ community members for stroke risk
- ✓ Train 300+ healthcare workers and first responders
- ✓ Distribute supplies to 10+ clinics and health centers
- ✓ Create sustainable health systems across 2 countries and 3 regions

Every donation counts. Every item saves lives. Let's GO!

*Impact World Travel LLC / Transformational Wellness Tourism
"Do all the good you can, for all the people you can, in all the ways you can."*