

# Tea, text and flow

## Multidisciplinary experimental workshop

When the world of tea meets poetic writing and danced movement.

A source of inspiration, a contemplative starting point from which to shape your own creativity... This workshop proposes a method of research and writing, both poetic and choreographic, based on the preparation and tasting of Chinese tea.

Beyond discovering this fascinating beverage with its thousand facets, the aim is to open a space for experimentation at the crossroads of different practices. Creating connections: sometimes obvious, often oblique, always enriching.



This workshop is aimed at people :

Interested in fine tea

Those with an artistic background in writing

Performing artists (dance, circus, etc.)

Anyone who doesn't fit into any of these categories, but would like to take the time to experiment around these practices.



## Raphaël Perrenoud

Raphaël Perrenoud (Geneva) is a circus acrobat who travels a lot and writes every day. Since 2008, his interest in tea has taken him to a variety of iconic locations, including Pu Er (Yunnan, China) and Darjeeling (India), in search of new leaves and unexpected flavours.

He has published a book of poetic prose on tea, in collaboration with Man Nien Lam.

For several years, he has been experimenting with connections between pen and body writing, methods that have influenced the creation of circus and dance works such as «Partir vers l'Est» (Slovenia) and «A la Mesa » (Compagnie Ilai, Mexico).

His favourite teas are Sheng Pu Er, Li Shan (Taiwanese wulong) and Du Yun Mao Jian (Chinese green).

## What to bring?

**Comfortable clothes for moving**

**A notebook and a pen**

