



**BOOKS I READ**



**IN**  
**2023**



**AUDIOBOOKS + NONFICTION**  
**FICTION + GRAPHIC NOVELS**

@amitpatil





BOOKS I READ



IN

2023



NON-FICTION

@amitpatil







BOOKS I READ



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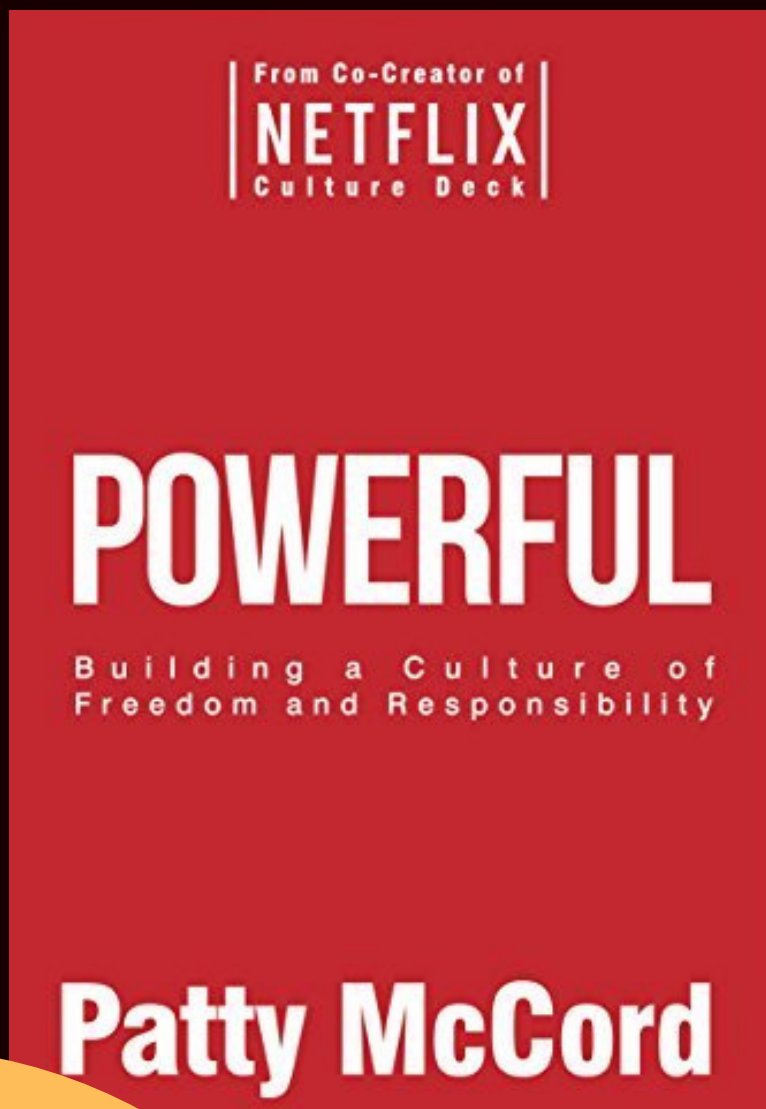
FICTION + GRAPHIC NOVELS

@amitpatil





## BOOKS I READ IN 2023



# POWERFUL

PATTY MCCORD

This book focusses on culture building, particularly on how Netflix built its open and frank culture. She touches on multiple aspects from hiring to everyday lived culture. Some learnings include ‘the intent to be direct and transparent can lead to empowered employees.’  
Must read for all managers.

NON FICTION | AUDIO BOOK



## BOOKS I READ IN 2023



# Rest

WHY YOU GET MORE DONE  
WHEN YOU WORK LESS



Alex Soojung-Kim Pang

# REST

ALEX SOOJUNG-KIM PANG

In this modern world we work all the time, we are given examples of athletes who achieve their goals with excellence, but one thing most of us are not taught is about rest and how the best athletes, artists or any successful person in the world gets more rest to get more done. This book made me rethink of my core values of work. Must read for everyone starting their careers

NON FICTION | AUDIO BOOK





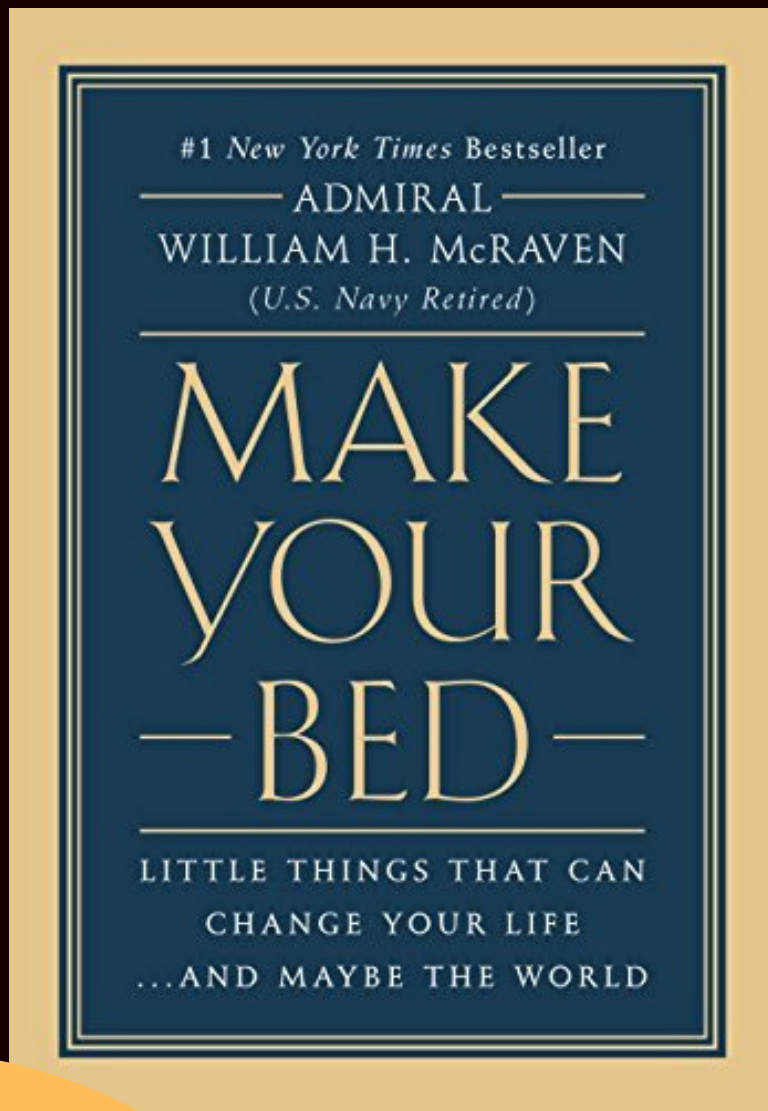
## BOOKS I READ IN 2023



# MAKE YOUR BED

ADM. WILLIAM H. MCRAVEN

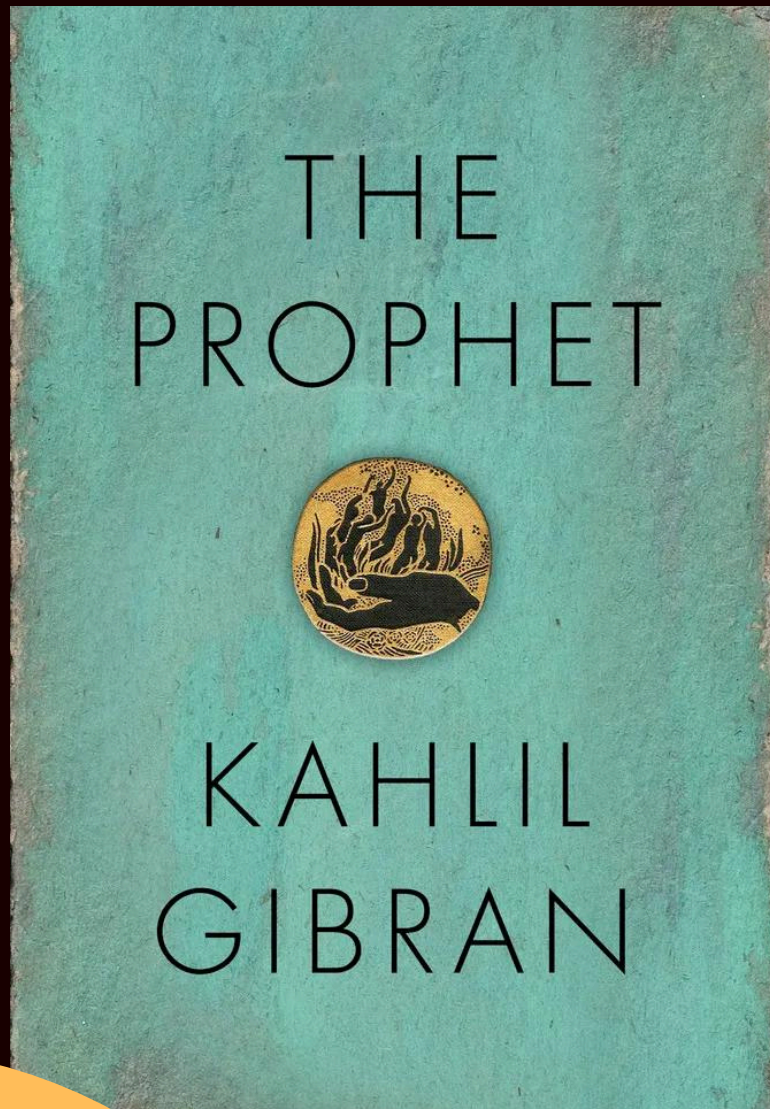
**This particular book derived from the authors speech at university of texas, has a series of 10 rules that focus on how changing your life and world start with changing basic habits, like starting your day with completing one task. Its a short quick read, but all the lessons are easily relatable.**



NON FICTION | AUDIO BOOK



BOOKS I READ IN 2023



# THE PROPHET

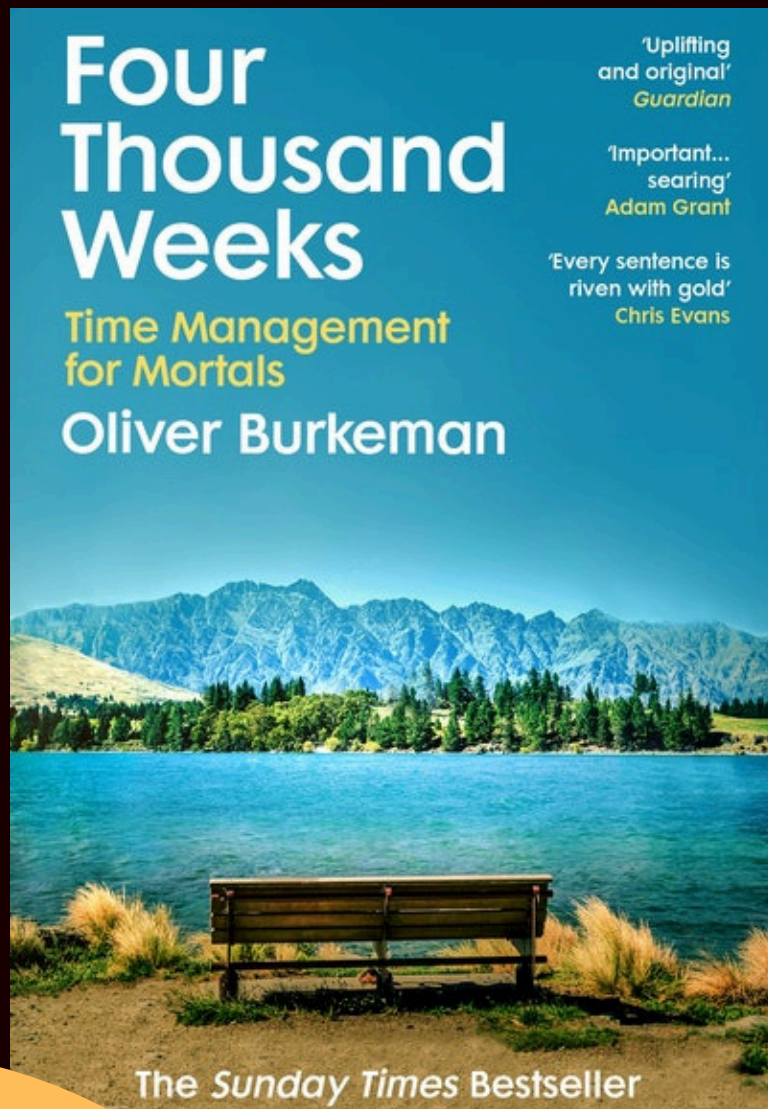
KAHLIL GIBRAN

If there is one book that i would rate the best find in my list of books for 2023, that would be this one. It's a book on life's values. To summarize it's a set of philosophical poetries around meaning of life. It's a thought-provoking book and has religious vibes even when its non-religious.

NON FICTION | AUDIO BOOK



## BOOKS I READ IN 2023



# FOUR THOUSAND WEEKS

OLIVER BURKEMAN

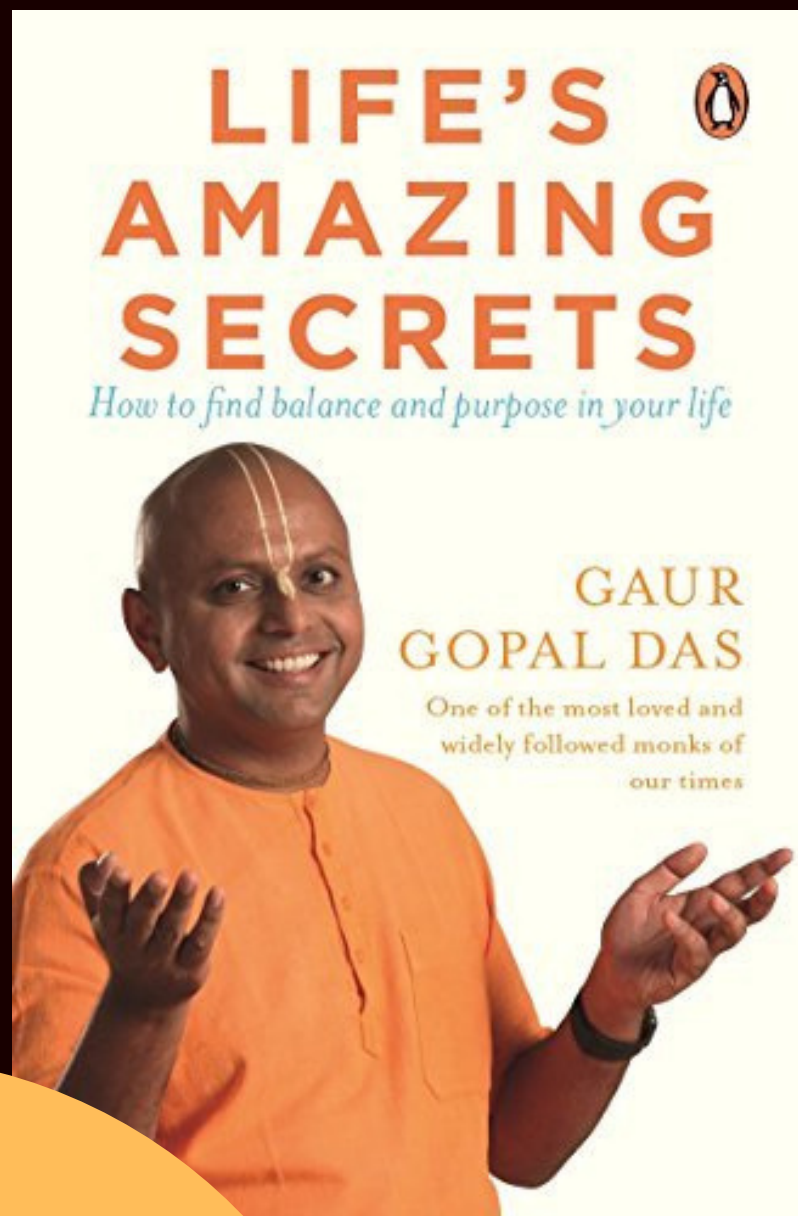
Although the title says its a time management book, its not. Its a book about valuing life. Its not about productivity, but about how we need to rethink our limited time on this planet. Its a book that tells you the hard truths unapologetically. Its one of those life altering books for me, which made me rethink decisions.

NON FICTION | AUDIO BOOK





## BOOKS I READ IN 2023



# LIFE'S AMAZING SECRETS

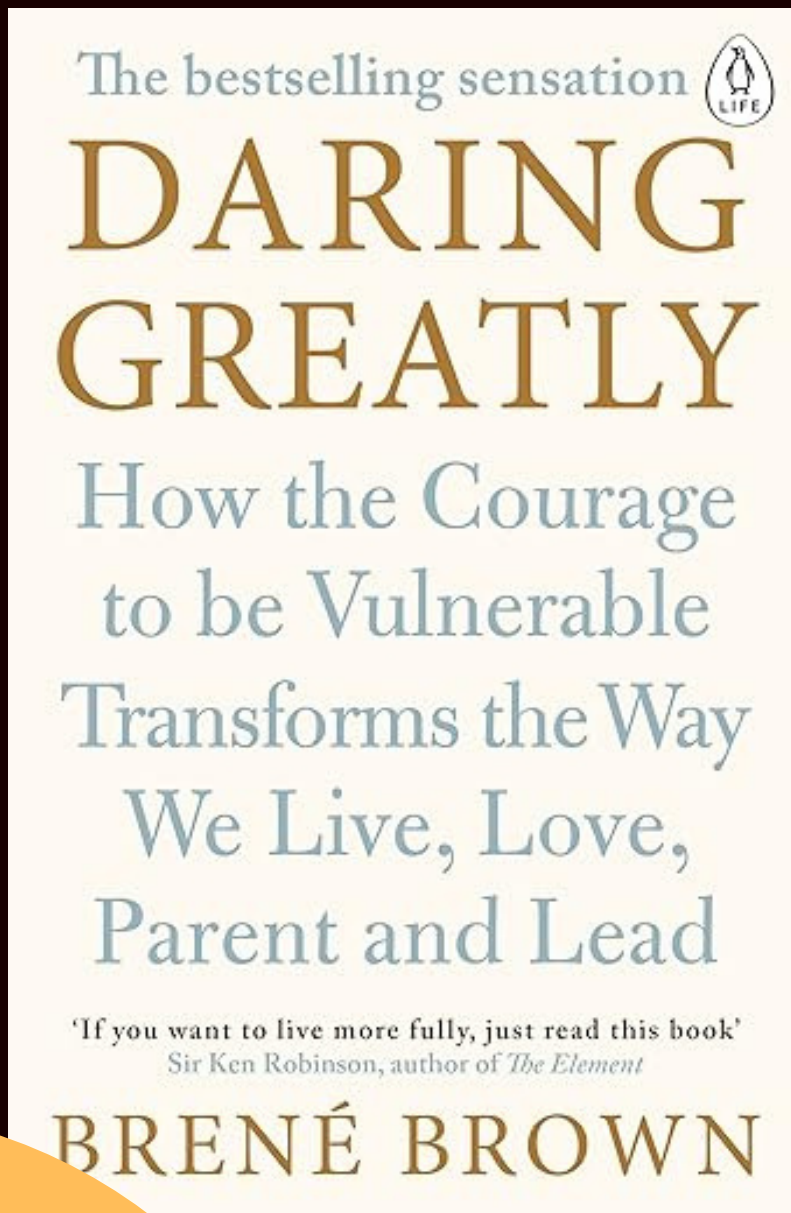
GAUR GOPAL DAS

The author has been amazingly entertaining on social media and this book extends his witty humor with loads of wisdom. Its vedic philosophy explained as a fast paced dramatic story. The audio book with his own voice makes it even more engaging to listen. Light yet meaningful read/listen.

NON FICTION | AUDIO BOOK



## BOOKS I READ IN 2023



# DARING GREATLY

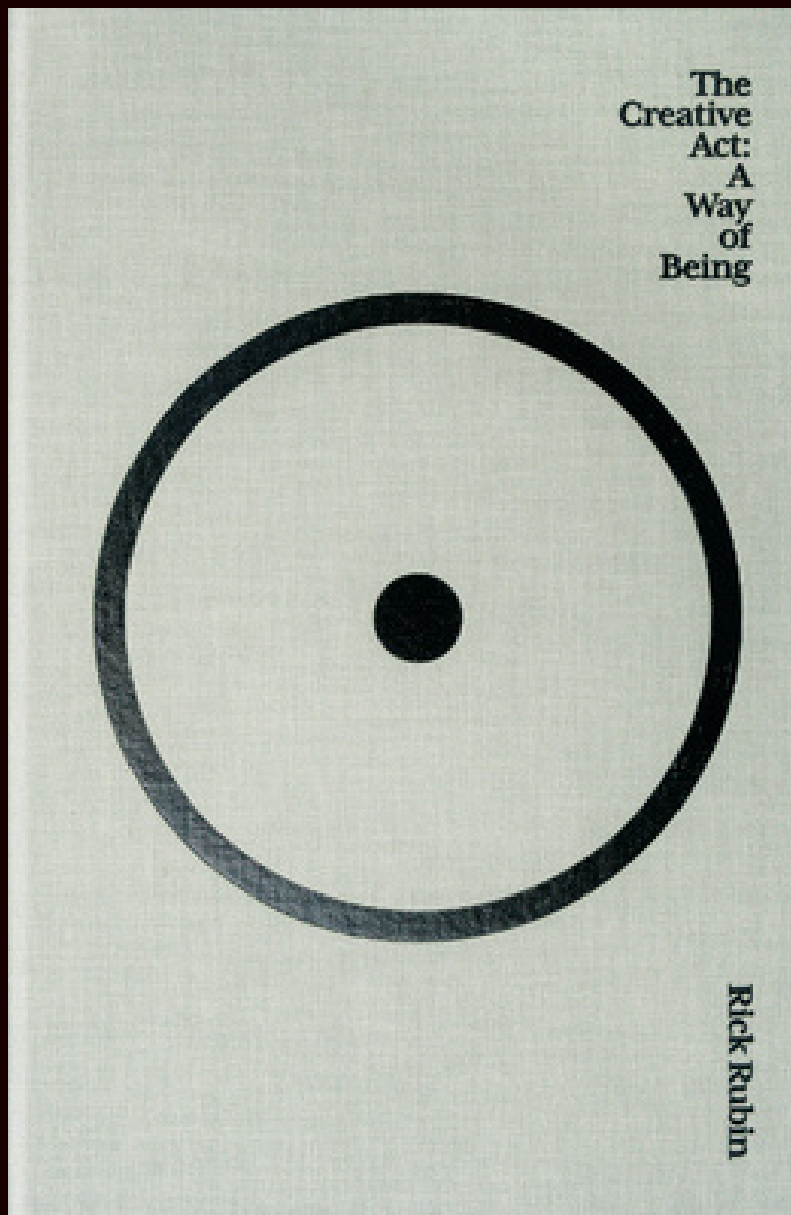
BRENE BROWN

Shame and vulnerability are emotions that mostly don't get talked about or discussed. The author brings it front and center in this book. She delves into the reasons we hold ourselves back and how we can empower ourselves to grow beyond these. The author also has a famous TED talk which talks about the same topic.

NON FICTION



## BOOKS I READ IN 2023



# THE CREATIVE ACT

RICK RUBIN

Creativity is taken for granted in multiple professions, this book structures creative mindset, process and makes the most fundamental discourse on it. This book is very much like *The Prophet*, but about creativity. It's a must read for anyone who is struggling to maintain their creative zest.

NON FICTION | AUDIO BOOK





## BOOKS I READ IN 2023



# NORWEGIAN WOOD

HARUKI MURAKAMI

This classic has been on my list for long, but I finally listened to it this year. Murakami continues to be his ethereal self here, but one can't help to notice that this one has a different style of writing. The love story goes very deep and descriptive. The book has many references that makes you ponder about your reality. Some dialogs about age and existence are deep. Overall a book to fall in love with.

FICTION | AUDIO BOOK



# FIRST PERSON SINGULAR

HARUKI MURAKAMI

This is a short story collection of and only few stories feel like typical magical realism of Murakami. Not all stories are engaging but some stand out clearly, like confessions of a shinagawa monkey, Cream and Carnival. The deep philosophical correlations that the author experiments with, is amazing.

FICTION



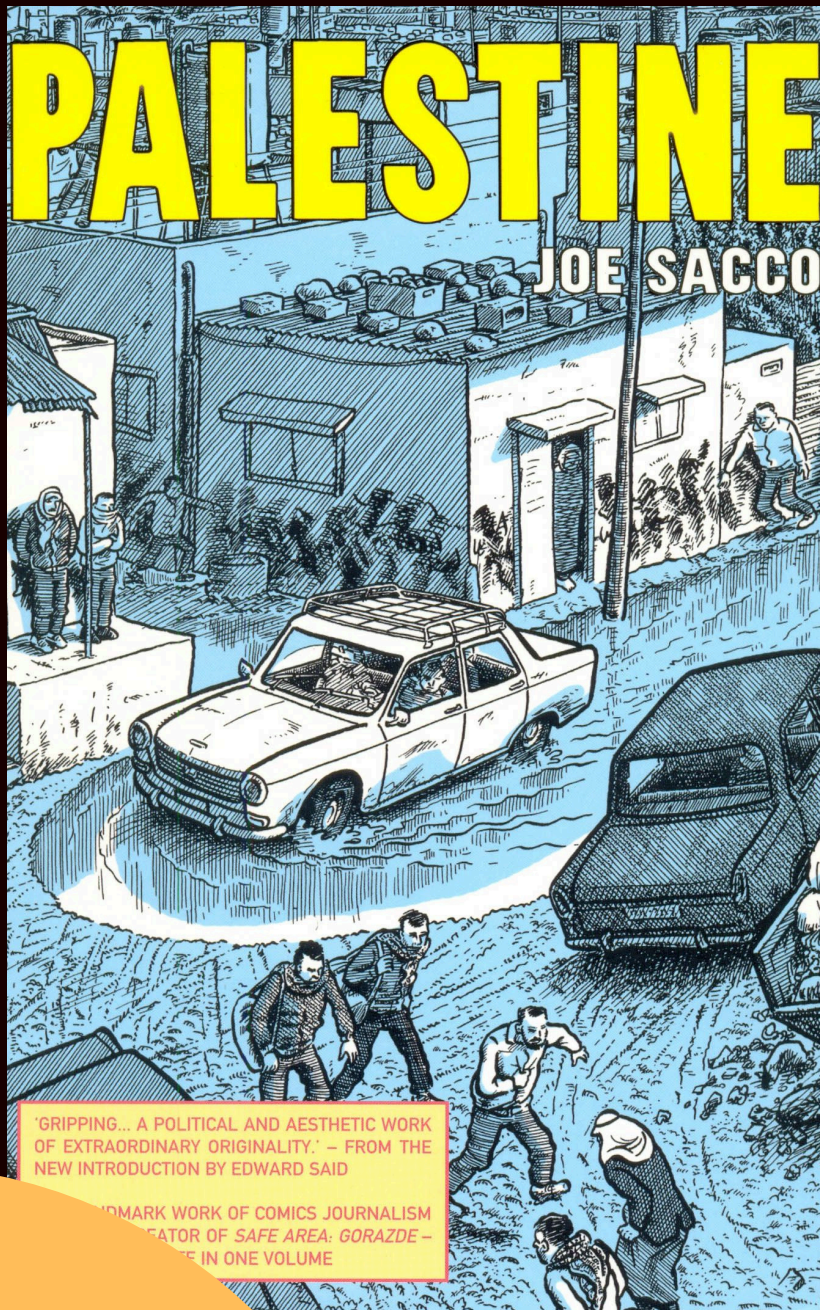


# PALESTINE

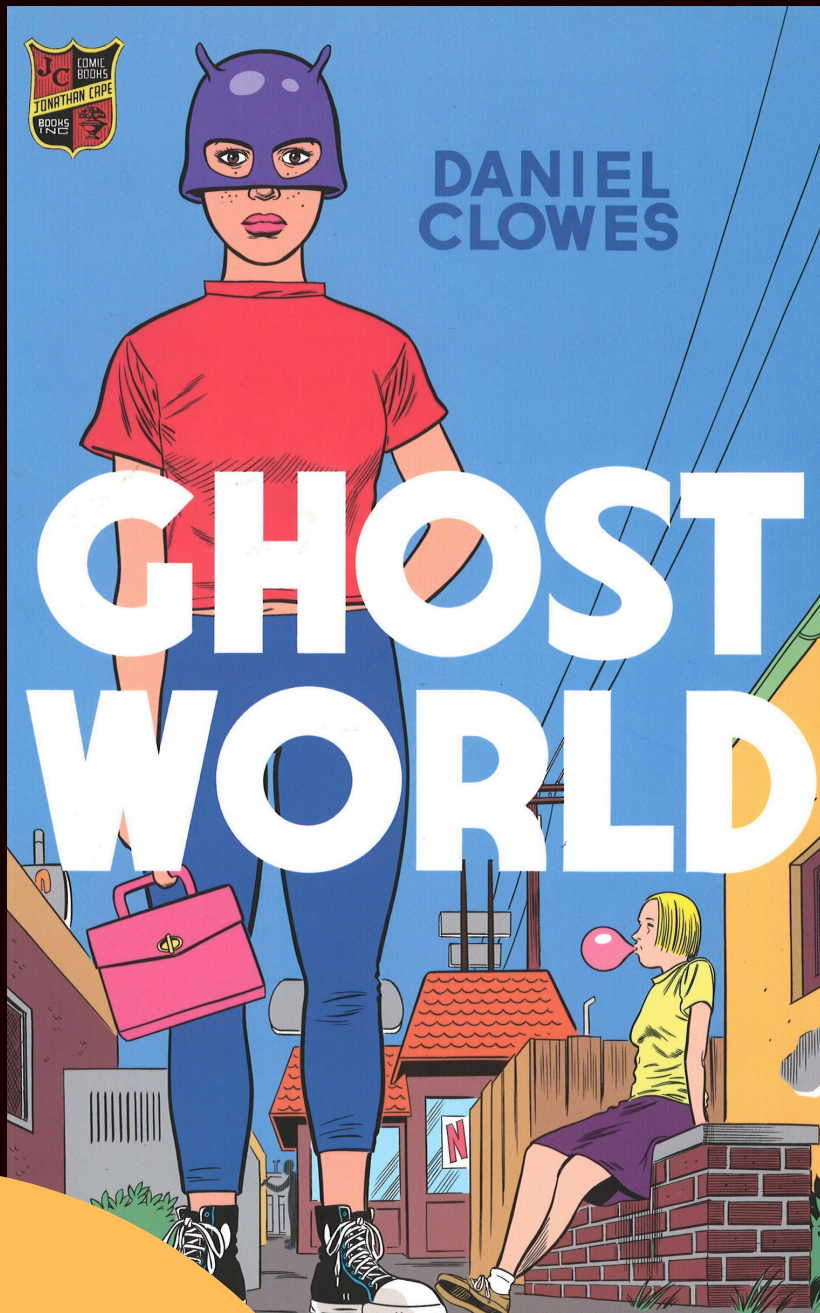
JOE SACCO

Reading this graphic novel was challenging given the stark realities it portrays. However, it isn't a mere graphic novel – it's a visual representation of journalism. The writer vividly depicts the struggles of Palestinians in an authentic and truthful way. The illustrations are also quite intricate. I was unaware that the present-day Palestinian situation would mirror what I had read just a few months prior. To gain insight into Gaza, this is a must-read.

GRAPHIC NOVEL [18+]







# THE GHOST WORLD

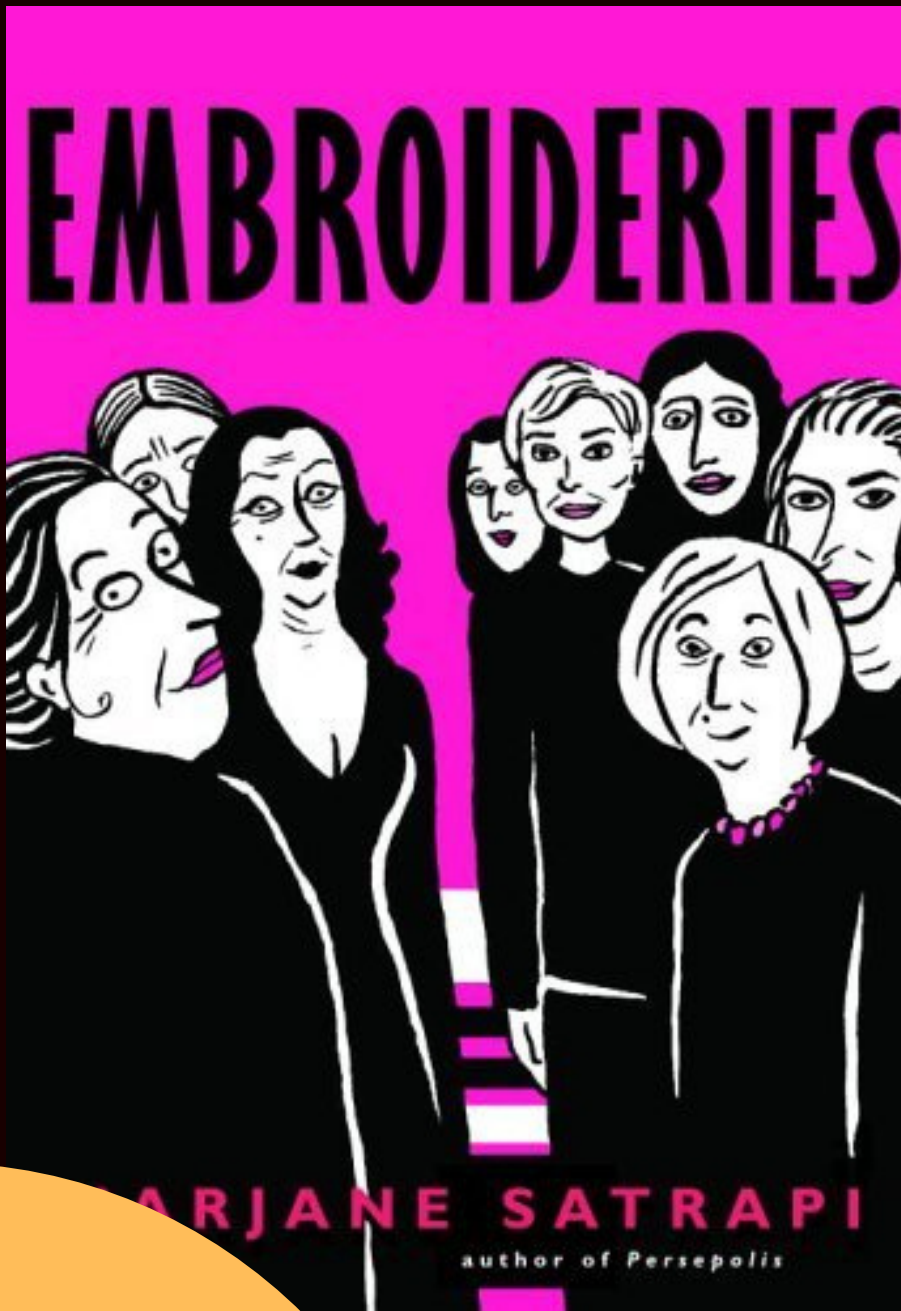
DANIEL CLOWES

A story of two girls coming of age and transitioning from teenage to adulthood. It is full of American references but the uneasiness and indecisiveness is visible in every frame of the characters. From lost love & friendship to identity crisis to even a persistent denial to their state of transition. This one is a dark and humorous comic.

GRAPHIC NOVEL [18+]



## BOOKS I READ IN 2023



# EMBROIDERIES

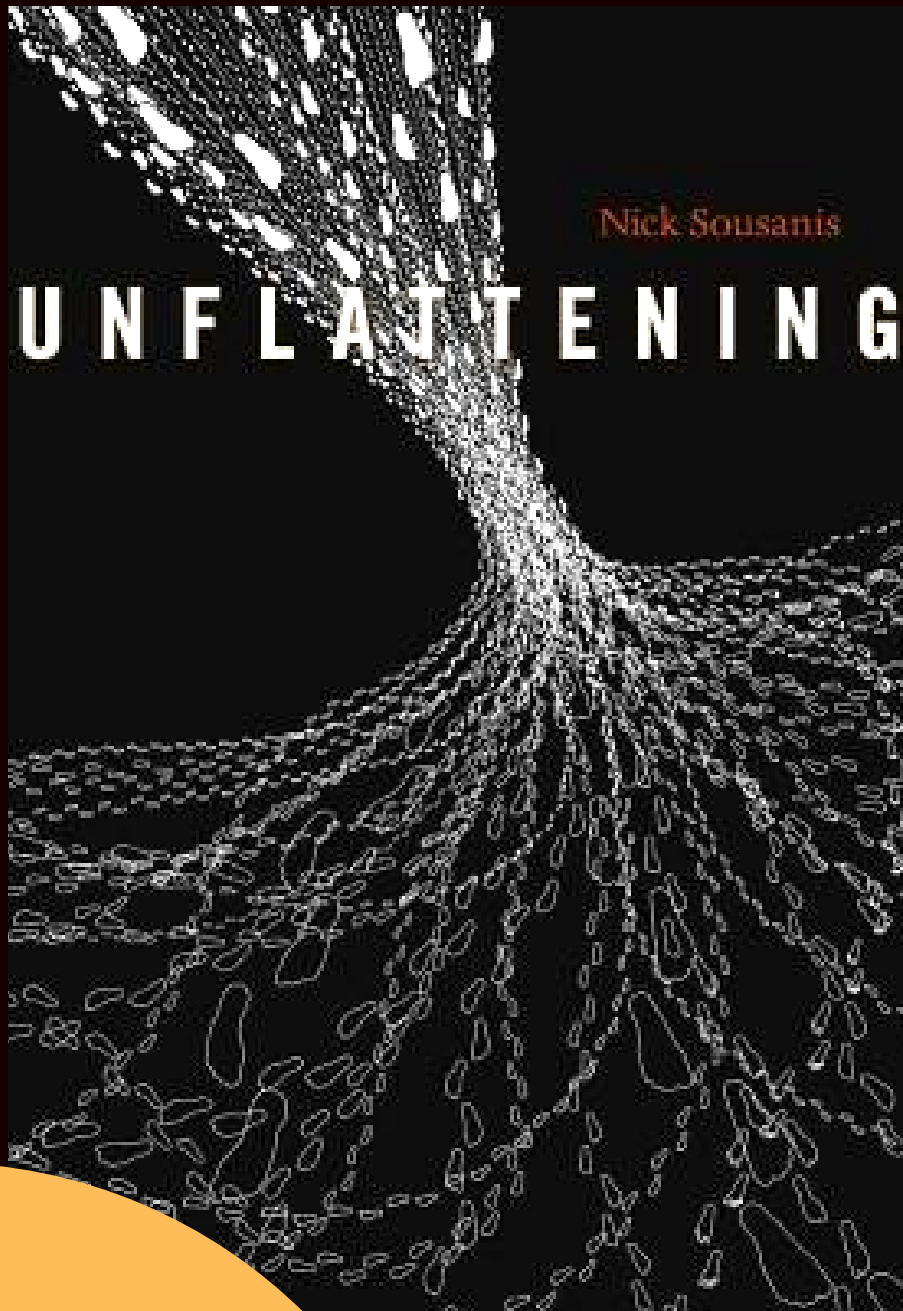
MARJANE SATRAPI

An interesting light fast read. Comical yet brings forward many issues women faced in countries like Iran. What's interesting is how it spreads across ages and types of relationships. From the author who wrote Persepolis it does remind us about the challenges women faced in Iran as against the west.

GRAPHIC NOVEL [18+]



## BOOKS I READ IN 2023



# UNFLATTENING

NICK SOUSANIS

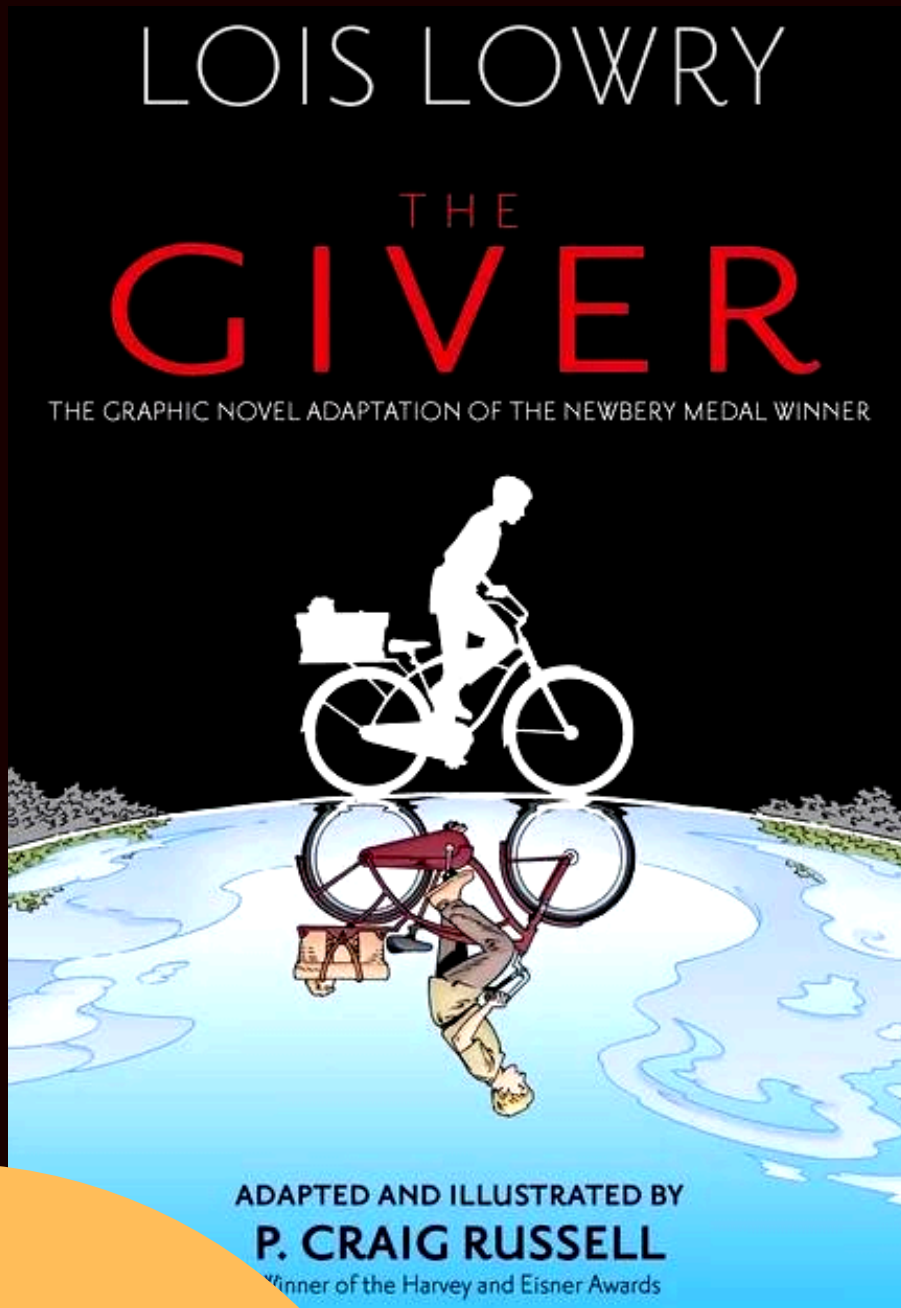
Beautifully illustrated graphic thesis. Conveys a very basic thought of looking beyond in a deeper manner. While the book is highly explorative in nature just like the topic, meaning making is a bit difficult while reading it. Its visuals are very strong and at times you get lost in them. At times you wonder if you should follow the text or just wander visually.

GRAPHIC NOVEL [18+]





## BOOKS I READ IN 2023



# THE GIVER

LOIS LOWRY

The simplistic illustration style is very soothing to read. The use of colors and quick transitions across frames is very welcoming to the readers. I particularly liked the part where the giver starts transferring memories and how they are depicted beautifully. The story about the dystopian future gives you the vibes of 1984.

GRAPHIC NOVEL [18+]



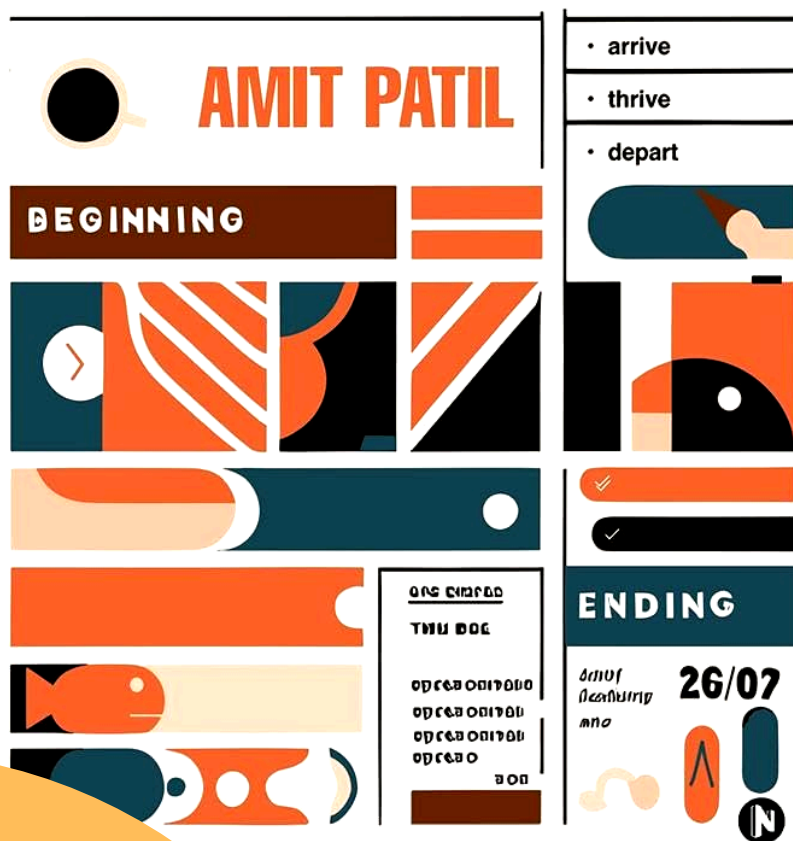


## BOOKS I READ IN 2023



# OBLIVION EXPRESS

and other stories



# OBLIVION EXPRESS

AMIT PATIL

My first book and yes I read it multiple times as part of the publishing process. If you want snackable quick stories based on life's experiences then this book is for you. Stories are from various paths of life that depict new beginnings, thriving middles and memorable departures.

FICTION