

THE DISRUPTION DIRECTORY

YOU DON'T HAVE TO
BE ON THE
FRONTLINES TO HELP
SLOW THE SPREAD OF

FASCISM

CHOOSE YOUR ROLE.
GET ANNOYING.
GET INVOLVED.



EVERYONE IS ASKING WHAT TO DO.

This guide is a direct response to the paralyzing feeling of helplessness that is occurring across our country. It's built on the reality that while no single person can stop a massive system, a coordinated community of "glitches" can make it impossible for that system to move efficiently. This packet provides a menu of over 150 unique actions designed to move you from doom-scrolling to doing.

PICK YOUR LANE:

Do not try to do everything. Look at the six archetypes: Guardian, Builder, Strategist, Amplifier, Ghost, or Intervenor, and find where your natural skills and current risk tolerance meet.

CHOOSE YOUR TASK:

Every archetype includes up to 30 tasks ranging from Local to National levels. If you're new or don't know where to start start with a Local task with Zero Risk. You don't have to do everything in here, but you can find SOMETHING to do.

FIND YOUR OTHERS:

Disruption only works when it is distributed. A Strategist who files a FOIA request is most effective when an Amplifier is ready to blast the results to the public.

EXECUTE AND REPEAT

Consistency is the key to overburdening a system. When you perform a "small" act of friction, you are joining a proven historical tradition of people who clogged the machine until it could no longer function.

A PLAN IS HERE. THE LANES ARE OPEN. CHOOSE WHAT YOU CAN DO, FIND YOUR PEOPLE, AND GET ANNOYING.

THE GUARDIAN

The Guardian is the movement's lifeline, focusing on the human sustainability of the resistance through childcare, emotional support, and physical safety. They are the "Hearth," providing the meals and recovery spaces that prevent burnout, and the "Shield," standing in the gap when tensions rise. They are important because authoritarianism thrives when the "burden of life" makes it too hard for people to stay active; the Guardian removes those barriers so the community remains a functional family rather than a collection of isolated targets. If you are the person who notices when someone is quiet, who always has an extra snack, or whose home is the "safe place" for your friends, you are a Guardian.

THE BUILDER

The Builder handles the movement's "stuff" and its "money," turning abstract ideas into physical and financial reality. They are the architects of administrative friction, using tasks like "The Penny Payment" and "Red-Tape Repair" to divert state resources into meaningless manual labor. Their importance lies in their ability to create sovereign community zones like "The Free Pantry" or "The Tool Library" that starve the state of its power to control the neighborhood's basic needs. If you are the person who can fix anything with a zip-tie, who understands the "fine print" on a bill, or who always knows where to find a good deal, you are a Builder.

THE STRATEGIST

The Strategist is the movement's brain, specializing in "Systemic Friction" by using the state's own bureaucracy as a weapon of delay. They are essential because they coordinate the "Human DDOS," flooding government queues and inboxes with perfectly legal, highly technical obstacles that freeze the system's ability to act. By planning "Meeting Decoys" and "Shift-Change Static," they keep the regime guessing and unable to pin down the movement's leadership. If you are a spreadsheet-lover, a project manager, or someone who can spot a logic loophole from a mile away, you are a Strategist.

THE AMPLIFIER

The Amplifier controls the narrative and the lookout, bridging the gap between physical presence and the public story. They are important because they prevent the state from erasing history or using the element of surprise; they act as the "Whistle-Guard" who sounds the alarm if enforcement is spotted, buying time for the community to react. Through "Slow Walks" to delay motorcades or "Chalk Alerts" to unmask surveillance, they turn the public square into a visible classroom of resistance. If you are a storyteller, a photographer, or the hyper-vigilant person who always notices the "vibe" change in a room, you are an Amplifier.

THE GHOST

The Ghost is the undetectable friction, resisting through strategic anonymity and a refusal to be tracked. They are important because they deprive the regime of its most valuable resource: data. By pulling their personal "thread" out of the state's digital tapestry, teaching others "The Browser Scrub" and insisting on slow "Snail Mail," they build an invisible community shroud that the state's algorithms simply cannot see. If you are an introvert, a tech-privacy geek, or someone who values a quiet, off-the-grid life, you are a Ghost

THE INTERVENOR

The Intervenor is the institutional speed bump, stepping directly into the gears of the system to halt its forward motion. They are important because they use their status as citizens to challenge the state's legal authority at every turn, from "The Signature Audit" to the "Legislative Sentry" who reads the dry bills others ignore. Whether they are forcing a meeting to be moved to a physical space or filing a federal complaint, they ensure the state is always mired in a spotlight of relentless scrutiny. If you are fearless in a boardroom, obsessive about "The Rules," or the person who actually reads the Terms of Service, you are an Intervenor.

THE FIRST 24 HOURS

DON'T OVERTHINK IT. JUST DO IT.

THE SELF AUDIT:

LOOK AT YOUR SCHEDULE AND YOUR SKILLS. ARE YOU A "MAKER" (BUILDER), A "NURTURER" (GUARDIAN), OR A "THINKER" (STRATEGIST)? PICK YOUR LANE NOW.

THE "PENNY RULE"

IDENTIFY ONE INTERACTION YOU HAVE WITH THE SYSTEM THIS WEEK (A BILL, A PERMIT, AN INQUIRY). APPLY FRICTION. OPT-OUT OF THE DIGITAL PORTAL. DEMAND THE PAPER FORM. ASK FOR THE ITEMIZED RECEIPT TO FORCE THEM TO WASTE RESOURCES.

CONNECT:

SEND THIS TO THREE PEOPLE YOU TRUST. ASK THEM: "IF I'M THE GUARDIAN, WHO ARE YOU?"

SECURE THE SIGNAL:

DOWNLOAD AN ENCRYPTED MESSAGING APP. MOVE YOUR "RESISTANCE" TALK THERE.

GAURDIAN ACTION STEPS

TASK: THE PROTEST CRÈCHE

Provide free childcare for parents attending rallies or town halls.

EXPLANATION:

Authoritarianism thrives when the "burden of life" keeps people at home. By watching kids, you aren't just babysitting; you are liberating a voice that would otherwise be silenced by a lack of childcare. It allows parents to remain active leaders in the movement.

- ⌚ Time | 3-6 Hours |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1+

TASK: RECOVERY MEAL

Cook and deliver high-protein, easy-to-eat meals to frontline activists.

EXPLANATION:

High-stress resistance work causes massive adrenaline dumps and physical exhaustion. Providing "recovery fuel" ensures that the people on the front lines don't collapse from burnout or poor nutrition. It is a tactical intervention that keeps the movement's "human engines" running through the longest, hardest days.

- ⌚ Time | 2-3 Hours |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: STREET MEDIC (BASIC)

Carry a basic kit (eye-flush, bandages, water) to local public actions.

EXPLANATION:

When tensions rise, minor injuries or dehydration can quickly turn into emergencies that allow the state to clear a crowd. As a basic medic, you provide the immediate care that keeps people safe and on the street. Your presence reduces fear and provides a vital sense of community security.

- ⌚ Time | 2-5 Hours |
- ⚠ Risk | Medium |
- 🧠 Emotional Load | High |
- 👥 People Required | 1 (Best in pairs) |

TASK: THE MEETING SANCTUARY

Host "under-the-radar" strategy sessions in your private living room.

EXPLANATION:

Public libraries and community centers are often monitored or have restrictive "use" policies. By opening your home, you provide a "black site" for the movement where people can speak freely, strategize without surveillance, and build the deep trust required for long-term resistance.

- ⌚ Time | 2-4 Hours |
- ⚠ Risk | Low/Medium |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE WELLNESS CHECK

Systematically call five community members a week specifically to prevent burnout.

EXPLANATION:

Isolation is an authoritarian's greatest tool. Regular check-ins disrupt the "spiral of silence" and ensure that no one feels like they are struggling alone. These calls catch burnout before it becomes a resignation, keeping the community's collective mental health resilient and intact.

- ⌚ Time | 1 Hour |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE SHOWER HUB

Offer a hot shower to people who have been on the street for 48 hours.

EXPLANATION:

Prolonged exposure to the elements and the "grime" of the street can break a person's spirit as much as their body. By offering a safe, private place to wash, you restore a sense of humanity and physical readiness to those who have been living in the rough for the sake of the cause.

- ⌚ Time | 1-2 Hours (including cleaning) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Low (Hospitality-focused)
- 👥 People Required | 1 |

TASK: THE PET SITTER

Take in the animals of people participating in multi-day actions.

EXPLANATION:

Many people are forced to stay home because they cannot leave a pet unattended or pay for boarding. By becoming a temporary foster, you remove a major barrier to participation and give the activist peace of mind, knowing a member of their family is safe and fed while they are in the field.

- ⌚ Time | 24+ Hours (Daily care) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low/Medium (Depends on the pet) |
- 👥 People Required | 1 |

TASK: THE COOLING/WARMING CENTER

Open your home for AC/Heat and bathrooms during outdoor protests.

EXPLANATION:

Extreme weather is a tool the state uses to "disperse" crowds naturally. By providing a nearby physical "off-ramp" where people can regulate their body temperature or use a private restroom, you extend the endurance of the entire protest and prevent medical emergencies like heatstroke or hypothermia.

- ⌚ Time | 1-2 Hours (including cleaning) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Low (Hospitality-focused) |
- 👥 People Required | 1 |

TASK: THE SAFE MAILING ADDRESS

Accept mail for people who are being tracked or are unhoused.

EXPLANATION:

Maintaining a fixed address is a requirement for many legal and social services, yet it makes vulnerable people easy for the state to find. You act as a "buffer," allowing people to receive essential communications and documents without exposing their actual physical location to those who might do them harm.

- ⌚ Time | Ongoing (Minimal daily effort) |
- ⚠️ Risk | Medium (Potential for legal scrutiny of your address) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE DE-ESCALATOR

Stand between an official and a vulnerable person to "lower the temperature."

EXPLANATION:

Authoritarian figures often rely on intimidation to provoke a reaction they can use to justify force. By stepping into that gap with a calm, firm, and witnessed presence, you disrupt the power dynamic and protect the more vulnerable person from being isolated or baited into an escalation.

- ⌚ Time | Variable (Minutes to hours) |
- ⚠️ Risk | High (Direct interaction with officials) |
- 🧠 Emotional Load | Very High (Requires intense composure) |
- 👥 People Required | 1 (Best with a witness/recorder) |

TASK: THE DOCUMENT SANCTUARY

Keep physical, fireproof copies of the community's legal records.

EXPLANATION:

Digital records can be wiped, and "the cloud" is owned by corporations. By keeping hard copies of bylaws, maps, or legal defense documents in a secure, physical location, you ensure that the movement's memory and legal standing cannot be erased by a server "glitch" or a state-ordered takedown.

- ⌚ Time | Ongoing (Setup + occasional filing) |
- ⚠ Risk | Low/Medium (Target for seizure) |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE SIGNAL SHIELD

Use EM-shielding paint or fabric to create "dead zones" in your home.

EXPLANATION:

Privacy is a prerequisite for safety. By creating a room where signals struggle to penetrate, you provide a space where activists can set their phones aside and speak without the constant threat of remote eavesdropping or digital "pings" revealing who is in the room.

- ⌚ Time | 4-8 Hours (Installation) |
- ⚠ Risk | Low (Private property) |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE FIRST-AID HUB

Host a first-aid or street-medic training in your backyard.

EXPLANATION:

Skill-sharing is a form of defense. By providing the space for experts to teach the community how to handle tear gas, heatstroke, or basic wounds, you are decentralizing medical power. You ensure that if a medic is arrested, five more people are ready to step in.

 Time | 4-6 Hours |

 Risk | Low |

 Emotional Load | Medium (Coordination energy) |

 People Required | 1 Host (plus instructor) |

TASK: THE SUPPLY DEPOT

Store the community's bulk water, signs, and gear in your garage.

EXPLANATION:

A movement is only as mobile as its supplies. When you act as the "quartermaster," you ensure that resources aren't lost to rain, theft, or police sweeps of public spaces. You are the "logistics heart" that ensures the front line has what it needs on demand.

 Time | Ongoing (Organization + loading) |

 Risk | Medium (Liability/Asset seizure) |

 Emotional Load | Low |

 People Required | 1 |

TASK: THE DINNER DELIVERY

Deliver essential food and supplies to neighbors who are afraid to leave their homes.

EXPLANATION:

Targeted individuals or vulnerable community members often face "geographic imprisonment" when the risk of being spotted by enforcement or hostile actors makes a simple trip to the store dangerous. By acting as a liaison, you handle the public-facing part of survival like shopping and transport, while keeping the neighbor's location and movements invisible to state or commercial surveillance.

 **Time | 2-3 Hours (Weekly) |**

 **Risk | Low |**

 **Emotional Load | Low |**

 **People Required | 1 |**

TASK: THE VENT SESSION

Offer a safe, non-judgmental space for activists to talk through trauma.

EXPLANATION:

Resistance work involves witnessing heavy things. Without a place to process, that trauma turns into bitterness or "quitting." You provide the emotional filtration system that allows people to release the "sludge" of the work so they can keep going.

 **Time | 1-2 Hours |**

 **Risk | Zero |**

 **Emotional Load | Very High |**

 **People Required | 1 |**

TASK: THE POWER STRIP

Leave a power station on your porch for neighbors to charge devices.

EXPLANATION:

Digital communication is a lifeline during a crisis. By providing a "no-questions-asked" charging point, you help neighbors stay connected to their families and to the movement, especially during power cuts or for those who are currently unhoused.

- ⌚ Time | Ongoing (Minimal) |
- ⚠ Risk | Low (Theft risk of device) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE GARDEN PLOT

Grow medicinal herbs (aloe, mint, chamomile) for community care.

EXPLANATION:

Parallel systems of health reduce reliance on the state. Growing these plants provides immediate, natural relief for minor protest injuries (burns/nausea) and creates a "healing landscape" that serves as a living symbol of community resilience.

- ⌚ Time | 1-2 Hours (Weekly maintenance) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low (Grounding) |
- 👥 People Required | 1 |

TASK: [STATE] THE REGIONAL HUB

Act as a "landing pad" for traveling activists moving through your state.

EXPLANATION:

Inter-city solidarity requires travel, and hotels are expensive and trackable. By providing a bed and a meal to those moving between actions, you create a "safe corridor" that allows the movement to scale and share ideas across geographic lines.

- ⌚ Time | 12-24 Hours |
- ⚠ Risk | Medium (Vetting travelers is required) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: [STATE] THE CRISIS HOTLINE

Manage a digital check-in system for state-wide actions.

EXPLANATION:

When things happen fast across a large area, people get lost. You act as the "switchboard," ensuring that when a car breaks down or a group is detained 200 miles away, the message gets to the people who can help.

- ⌚ Time | 4-8 Hours (Shift-based) |
- ⚠ Risk | Low/Medium (Digital surveillance) |
- 🧠 Emotional Load | High |
- 👥 People Required | 1+ |

TASK: [STATE] THE SANCTUARY NETWORK

Register your home as a safe house for people at risk.

EXPLANATION:

Some people need to "disappear" for their safety. Being a designated sanctuary means you have prepared your space and your life to protect someone from the state. This is the highest form of Guardian work, requiring absolute discretion and courage.

- ⌚ Time | Indefinite |
- ⚠ Risk | Very High (Potential legal consequences) |
- 🧠 Emotional Load | Extreme |
- 👤 People Required | 1-2 |

TASK: [STATE] THE CARE PACKAGE

Ship "activist survival kits" to rural areas with less infrastructure.

EXPLANATION:

Urban centers get the resources; rural areas get the isolation. Sending high-quality masks, battery packs, and guides to rural groups ensures that the resistance isn't just a city phenomenon, but a state-wide network.

- ⌚ Time | 2-3 Hours |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: [NATIONAL] THE WELLNESS CURRICULUM

Develop a national burnout-prevention guide for movements.

EXPLANATION:

We cannot afford to lose our best people to exhaustion. By standardizing "care protocols" across the country, you ensure that movements everywhere are building in the rest and recovery necessary to win a marathon, not just a sprint.

- ⌚ Time | 40+ Hours (Project-based) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1-3 |

TASK: [NATIONAL] THE SOLIDARITY NETWORK

Link local "Guardian" hubs together via encrypted channels.

EXPLANATION:

One house is a refuge; a hundred houses is a system. By connecting Guardians across the country, you allow for the safe passage of people and information at a national scale, creating a literal "underground" network for the modern age.

- ⌚ Time | Ongoing |
- ⚠ Risk | High (Digital security focus) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 Coordinator

TASK: [NATIONAL] THE TRAUMA SUPPORT

Coordinate a network of pro-bono therapists for activists.

EXPLANATION:

Professional care is a resource of war. By organizing a national directory of practitioners who understand the specific stresses of activism, you ensure that even those without money have access to the mental healthcare they need to stay in the fight.

- ⌚ Time | Ongoing |
- ⚠ Risk | Low |
- 🧠 Emotional Load | High |
- 👥 People Required | 1-2 |

TASK: [NATIONAL] THE COMMUNITY BIRTH NETWORK

Coordinate a network of midwives and doulas for those afraid of institutional settings.

EXPLANATION:

Institutional settings can become sites of fear, surveillance, or restricted autonomy during times of intense state pressure. By organizing a network of midwives, doulas, and birth workers, you provide a safe, private alternative for families who are afraid to enter state-monitored medical systems.

- ⌚ Time | Ongoing |
- ⚠ Risk | High |
- 🧠 Emotional Load | Extreme |
- 👥 People Required | 1-3 |

BUILDER ACTION STEPS

TASK: THE FREE PANTRY

Physically build and install a "Free Little Pantry" on a street corner.

EXPLANATION:

Food insecurity is a primary lever of state control. By building a permanent, physical station for free food exchange, you create a "sovereign food zone" that reduces the community's dependence on state-monitored welfare and corporate charity.

- ⌚ Time | 6-10 Hours (Build + Install) |
- ⚠ Risk | Low (Zoning/Permit issues) |
- 🧠 Emotional Load | Low (Hands-on/Productive) |
- 👤 People Required | 1-2 |

TASK: THE PENNY PAYMENT

Pay small city fines or fees in person using low-denomination coins.

EXPLANATION:

This is a form of "legal harassment." Forcing a government clerk to manually count \$40 in pennies creates a physical bottleneck in their office. It forces the state to spend more on labor costs to process the fine than the fine itself is actually worth.

- ⌚ Time | 1-2 Hours |
- ⚠ Risk | Low (Legal tender must be accepted) |
- 🧠 Emotional Load | Medium (Requires calm in a tense office) |
- 👤 People Required | 1 |

TASK: THE RED TAPE REPAIR

Report every tiny city code violation to distract repair crews.

EXPLANATION:

Authoritarian regimes rely on efficient infrastructure for their own projects. By flooding the city's request system with thousands of minor, valid repair needs (cracked curbs, burnt-out bulbs), you force the state to divert resources away from "high-priority" surveillance or enforcement projects.

- ⌚ Time | 1 Hour (Ongoing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE CASH ONLY DRIVE

Encourage the neighborhood to use only cash for one week.

EXPLANATION:

Digital transactions are the state's most powerful surveillance tool. By facilitating a "cash-only" week, you temporarily blind the algorithms that track community movement and spending habits, while keeping 100% of the money circulating within the local economy rather than losing fees to banks.

- ⌚ Time | 1 Week (Passive) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium (Inconvenient) |
- 👤 People Required | 10+ (Community effort) |

TASK: THE TOOL LIBRARY

Collect and maintain tools (saws, drills, generators) for community use.

EXPLANATION:

Private ownership of tools is expensive and inefficient. By centralizing a community cache of construction and survival gear, you ensure that the "Guardians" and "Builders" can mobilize instantly for repairs or barricades without waiting for a store to open or having funds in the bank.

- ⌚ Time | Ongoing (Maintenance) |
- ⚠ Risk | Low (Theft/Liability) |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE REFUND REQUEST

Systematically request legal refunds from state-affiliated utilities.

EXPLANATION:

Large bureaucracies are designed to take money, not give it back. By finding and filing for every possible rebate, overcharge, or service-credit, you force the utility's accounting department into a labor-heavy review process that bleeds administrative time.

- ⌚ Time | 2 Hours (Research + Filing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium (Bureaucratic frustration) |
- 👤 People Required | 1 |

TASK: THE HEDGE HEIGHT LIMIT

Plant shrubs that block surveillance cameras while remaining in code.

EXPLANATION:

This is "biological encryption." By carefully selecting and placing plants that grow to the maximum legal height allowed by city code, you can physically obstruct the field of vision for facial recognition or license plate cameras without giving the city a legal reason to remove them.

- ⌚ Time | 4 Hours (Planting) |
- ⚠ Risk | Low (Potential code disputes) |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1-2 |

TASK: THE PAPER CHECK PROTEST

Pay every tax bill or utility with a physical check via certified mail.

EXPLANATION:

Automated payments are frictionless for the state. Physical checks require a human to open, scan, and file them. Multiplying this by thousands of citizens adds weeks of manual labor to the state's financial cycle, slowing the "metabolism" of the regime

- ⌚ Time | 30 Mins (Monthly) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE BARTER LOOP

Facilitate service-swaps (e.g., plumbing for tutoring) to avoid taxes.

EXPLANATION:

Every dollar spent in the formal economy is taxed and tracked. By setting up a "time bank" or barter system, you starve the state of tax revenue and build deep, direct dependencies between neighbors that the state cannot mediate or shut down.

- ⌚ Time | 2-4 Hours (Weekly coordination) |
- ⚠ Risk | Low (Tax gray-area) |
- 🧠 Emotional Load | Medium (Managing personalities) |
- 👥 People Required | 5+ |

TASK: THE POTHOLE PATROL

Circle potholes in chalk and file individual, detailed reports for each.

EXPLANATION:

This turns a public nuisance into a public records burden. By circling a pothole, you make it a visible liability for the city; by filing the report, you create a paper trail that makes the city legally liable for any damage it causes, forcing them to spend money on neighborhood maintenance.

- ⌚ Time | 1 Hour |
- ⚠ Risk | Low (Traffic safety) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE LOCKED GATE LOOP

Ensure all community gates/doors are locked to force officials to wait.

EXPLANATION:

Authoritarians rely on "voluntary" compliance. By keeping all private property strictly locked and refusing entry without a specific warrant, you force officials to spend hours of legal and logistical time to perform even the simplest "check-in" or inspection.

- ⌚ Time | Ongoing |
- ⚠ Risk | Medium (Confrontation with officials) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE MICRO-DONATION

Send \$1 to an authoritarian's campaign to trigger higher processing fees.

EXPLANATION:

Most digital donation platforms charge a flat fee plus a percentage. If a campaign is flooded with \$1 donations, they may pay more in merchant processing fees than they actually receive in funds. It creates an accounting nightmare for their treasurer.

- ⌚ Time | 10 Mins |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 100+ (Coordination is key) |

TASK: THE OVERPAYMENT

Overpay a tax bill by \$1.00 to force the state to issue a manual refund.

EXPLANATION:

Any overpayment triggers a mandatory audit and refund process. The state is forced to print a check, pay for a stamp, and have a human verify the account. You are essentially "purchasing" \$10 of the state's time and resources for the price of \$1.

-  **Time** | 20 Mins |
-  **Risk** | Zero |
-  **Emotional Load** | Low |
-  **People Required** | 1 |

TASK: THE ANALOG BRIDGE

Build and install physical community bulletin boards for info.

EXPLANATION:

When the state censors the internet, physical space becomes the only source of truth. By building weather-proof boards in high-traffic areas, you provide a platform for "The Amplifier" to post news that cannot be "deleted" by an administrator.

-  **Time** | 4 Hours |
-  **Risk** | Low (Vandalism/Removal) |
-  **Emotional Load** | Low |
-  **People Required** | 1-2 |

TASK: THE SOLAR STATION

Install a rainwater or solar setup that bypasses city monitoring.

EXPLANATION:

Autocracy is easiest when the state can turn off your water or power. By building independent energy and water systems, you ensure the community's "Safe Houses" and "Meeting Sanctuaries" remain operational even if the state attempts an infrastructure blackout.

- ⌚ Time | 10-20 Hours |
- ⚠ Risk | Low/Medium (Code compliance) |
- 🧠 Emotional Load | Medium (Technical focus) |
- 👥 People Required | 2 |

TASK: THE PERMITTED SHED

Apply for permits with the most complex (legal) blueprints possible.

EXPLANATION:

If you are building something legally, make it an administrative ordeal. Using hand-drawn, multi-layered, or highly technical (but valid) blueprints forces the city's engineers to spend hours or days in "review," clogging up the permit office for everyone else.

- ⌚ Time | 8 Hours (Drawing/Filing) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE SUPPLY DIVERT

Buy building supplies in bulk and donate them to community projects.

EXPLANATION:

Resource scarcity is a bottleneck for builders. By acting as the "resource mover," you ensure that the people building the pantries and libraries never have to stop because they can't afford a box of nails or a sheet of plywood.

-  **Time | 2 Hours (Sourcing) |**
-  **Risk | Zero |**
-  **Emotional Load | Low |**
-  **People Required | 1 |**

TASK: THE ANALOG ENCRYPTION

Build "privacy screens" on private land to block license plate readers.

EXPLANATION:

Surveillance cameras rely on specific angles. By constructing legal architectural features such as fences or angled awnings on your private property, you can create "blind spots" on your street that protect the privacy of every car that passes your house.

-  **Time | 6 Hours |**
-  **Risk | Low/Medium (Visibility disputes) |**
-  **Emotional Load | Low |**
-  **People Required | 1-2 |**

TASK: THE EXPENSE REPORT

Ask for the itemized receipt for every minor public works project.

EXPLANATION:

State corruption thrives in "lump sum" budgets. By demanding the specific receipts for the new benches at the park or the repairs to the town hall, you force the state to account for every dollar, often revealing where they are overpaying state-aligned contractors.

-  **Time** | 2 Hours (Filing FOIA) |
-  **Risk** | Low |
-  **Emotional Load** | Medium |
-  **People Required** | 1 |

TASK: THE SURPLUS STOCKPILE

Collect items the city must eventually pay to haul away (old tires, etc.).

EXPLANATION:

By "adopting" waste on your private land, you prevent the city from hitting its cleanup quotas. Later, you can legally demand the city provide a "free pickup day" or "disposal credit," essentially making the city pay you to help clean the neighborhood.

-  **Time** | Ongoing |
-  **Risk** | Low (Nuisance complaints) |
-  **Emotional Load** | Low |
-  **People Required** | 1 |

TASK: [STATE] THE GRANT SIPHON

Help "unlikely" local candidates apply for obscure state grants.

EXPLANATION:

State funds are often earmarked for "community development." By finding these obscure funds and coaching movement-friendly neighbors or small businesses on how to win them, you redirect state wealth back into the hands of the resistance.

- ⌚ Time | 10-20 Hours |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1-2 |

TASK: [STATE] THE BAIL FUND

Manage the logistics of a regional bail-out fund.

EXPLANATION:

Jailing activists is the state's favorite way to "pause" a movement. By managing a pool of liquid capital at the state level, you ensure that anyone arrested in a rural town can be back on the street within hours, negating the state's power to intimidate.

- ⌚ Time | Ongoing |
- ⚠ Risk | High (Financial scrutiny) |
- 🧠 Emotional Load | High (Triage) |
- 👥 People Required | 2+ |

TASK: [STATE] THE BLUEPRINT LEAK

Archive and share building plans of state offices from public records.

EXPLANATION:

Knowledge of the "territory" is power. By systematically downloading and categorizing the publicly available blueprints of government buildings (exits, camera positions, utility rooms), you provide "The Amplifier" with the intel they need for safe actions.

 **Time** | 5 Hours |

 **Risk** | Medium (Information flagging) |

 **Emotional Load** | Low |

 **People Required** | 1 |

TASK: [STATE] THE WEALTH CIRCLE

Organize a regional "wealth redistribution" group to fund rural builders.

EXPLANATION:

Resistance is often underfunded in rural areas where it's needed most. You act as a financial "bridge," taking excess resources from affluent urban members and moving them to the rural "Builders" who are struggling to buy basic supplies.

 **Time** | 4 Hours (Weekly) |

 **Risk** | Low |

 **Emotional Load** | High (Trust building) |

 **People Required** | 5+ |

TASK: [STATE] THE COMPLIANCE AUDIT

Request a safety inspection on every state-owned vehicle you see.

EXPLANATION:

State vehicles (police cruisers, city trucks) must follow the same safety laws as everyone else. By filing a formal complaint for every cracked taillight or expired tag on a state vehicle, you force them to ground their fleet for repairs and spend their budget on maintenance.

 **Time | 30 Mins (Per report) |**

 **Risk | Low |**

 **Emotional Load | Low |**

 **People Required | 1 |**

TASK: [STATE] THE SKILLS SHARE

Lead a workshop on building "off-grid" communications for other cities.

EXPLANATION:

You are a force multiplier. By teaching others how to build mesh networks or solar arrays, you ensure that the movement's physical independence isn't dependent on one "expert," but is a shared, unstoppable skill set across the entire state.

 **Time | 6 Hours |**

 **Risk | Low |**

 **Emotional Load | Medium |**

 **People Required | 1 Instructor |**

TASK: [NATIONAL] THE DISASTER CREW

Join a national crew to rebuild infrastructure after state neglect.

EXPLANATION:

When the state fails to provide for its citizens during a disaster, they lose legitimacy. By arriving as an independent "Builder" crew to fix homes and wells, you prove that the community is more capable than the regime, winning the hearts of the unaligned.

- ⌚ Time | 1-2 Weeks |
- ⚠ Risk | Medium (Physical danger) |
- 🧠 Emotional Load | High |
- 👥 People Required | 5+ |

TASK: [NATIONAL] THE PHILANTHROPIC HACK

Consult on how to move national foundation money to the local level.

EXPLANATION:

National non-profits often have millions that never reach the street. You act as a "translator," showing local groups how to phrase their needs in the specific "grant-speak" required to capture and redistribute these massive national funds

- ⌚ Time | 10 Hours (Per project) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: [NATIONAL] THE GLOBAL BARTER

Help set up a national "alternative currency" for movement supplies.

EXPLANATION:

By creating a decentralized ledger or credit system that works across the country, you allow the movement to trade resources (like paper, fuel, or legal time) without ever touching a bank or a government-monitored dollar.

- ⌚ Time | Ongoing |
- ⚠ Risk | High (Financial regulations) |
- 🧠 Emotional Load | High |
- 👥 People Required | 3+ |

TASK: [NATIONAL] THE HOUSING PROTOTYPE

Design modular, mobile housing for national movement use.

EXPLANATION:

The state can seize land, but it's harder to seize mobility. By designing and building low-cost, portable living units, you allow national organizers to move into high-conflict zones with their own "safe space" already built-in, avoiding the need for local hotels or rentals.

- ⌚ Time | 40+ Hours |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Low |
- 👥 People Required | 3 |

STRATEGIST ACTION STEPS

TASK: THE MEETING MARATHON

Coordinate 100 people to sign up for public comment at City Council.

EXPLANATION:

Most local governments have laws requiring they hear every speaker. By flooding the queue, you turn a routine 30-minute meeting into an 8-hour endurance test. This forces officials to actually listen to the community or face the public relations disaster of shutting down "democracy" in real-time.

Time | 4-10 Hours (Coordination + Attendance) |
 **Risk | Low (Perfectly legal participation) |**
 **Emotional Load | High (Managing 100 people's schedules) |**
 **People Required | 100+ |**

TASK: THE CHECK IN CHAIN

Schedule calls to a govt department every 15 minutes for updates.

EXPLANATION:

Bureaucracy relies on "quiet time" to process paperwork. By organizing a continuous, polite chain of inquiries regarding a specific permit or public project, you tie up the department's phone lines and force staff to spend their entire day answering the phone rather than executing the state's agenda.

 **Time | 1 Hour (Planning) |**
 **Risk | Zero |**
 **Emotional Load | Low |**
 **People Required | 10+ (The Callers) |**

TASK: THE FOIA FREEZE

File broad, legal public records requests that require weeks of review.

EXPLANATION:

Under Transparency laws, the state must respond to requests. By asking for "all emails containing the word 'pantry' between 2020 and 2026," you force state lawyers to manually review thousands of documents. This "freezes" their legal department's ability to work on other enforcement actions.

- ⌚ Time | 2 Hours (Drafting the request) |
- ⚠ Risk | Low (May result in fees for copies) |
- 🧠 Emotional Load | Medium (Technical writing) |
- 👥 People Required | 1 |

TASK: THE RSVP SPIKE

Encourage hundreds of "Maybe" RSVPs to govt town halls.

EXPLANATION:

Event planning relies on predictable numbers. When hundreds of people RSVP "Maybe" to an official event, the state is forced to book a larger, more expensive venue and hire more security and staff for a crowd that may or may not show up, bleeding their "public outreach" budget.

- ⌚ Time | 1 Hour (Digital outreach) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 50+ |

TASK: THE AGENDA OBJECTION

Use "Robert's Rules of Order" to challenge every line of a public meeting

EXPLANATION:

Most boards must follow strict parliamentary procedures. By mastering these rules, you can legally "interrupt" the flow of a meeting with points of order or inquiries, forcing the chair to stop and address technicalities, which prevents them from passing controversial measures quickly.

 **Time** | 3 Hours (The Meeting) |
 **Risk** | Medium (May be ruled "out of order") |
 **Emotional Load** | High (Requires sharp focus) |
 **People Required** | 1 (The Interjector) |

TASK: THE SHIFT CHANGE

Rotate volunteer roles so the system can't pin down a contact.

EXPLANATION:

Authorities look for "ringleaders" to target or co-opt. By systematically rotating who holds which title every week, you make it impossible for the state to build a "file" on any one person or to establish a predictable relationship with the movement's leadership.

 **Time** | 2 Hours (Weekly roster management) |
 **Risk** | Low |
 **Emotional Load** | Medium |
 **People Required** | 1 (The Coordinator) |

TASK: THE APPEAL OF EVERYTHING

Appeal every single parking ticket or permit denial to the highest level.

EXPLANATION:

Systems rely on people just "paying the fine" to keep the revenue flowing. By appealing every minor infraction, you force the city to schedule a hearing, pay a judge, and have an officer appear in court. Usually, the cost of the trial far exceeds the \$50 fine.

- ⌚ Time | 2-4 Hours (Per appeal) |
- ⚠ Risk | Low (Court costs may apply) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE CERTIFIED LETTER LOOP

Send every question to officials via Certified Mail, Return Receipt Requested.

EXPLANATION:

Emails can be "missed," but a certified letter requires a physical signature. This creates a legal paper trail that the official cannot deny receiving. It also forces a human staffer to physically sign, log, and file the letter, adding friction to their daily workflow.

- ⌚ Time | 1 Hour (Post office visit) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE CONTACT TREE

Organize 500 people to email one specific clerk on one day.

EXPLANATION:

This is a digital "flood." By focusing the entire community's attention on one specific point in the bureaucracy (like a zoning clerk), you make it impossible for that person to do any other work. It signals that the community is watching that specific office's every move.

- ⌚ Time | 2 Hours (Coordination) |
- ⚠ Risk | Low (Standard advocacy) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 500 |

TASK: THE BUDGET LINE INQUIRY

Ask for a breakdown of "Miscellaneous Expenses" in the city budget.

EXPLANATION:

Authoritarians hide their "slush funds" in vague budget categories. By formally inquiring about the \$10,000 listed as "Other," you force the treasurer to produce receipts. This often uncovers secret surveillance tech or payments to controversial contractors.

- ⌚ Time | 3 Hours (Research + Filing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium (Numbers-heavy) |
- 👥 People Required | 1 |

TASK: THE CORRECTION OF RECORD

Use public comment time to correct the minutes of the previous meeting.

EXPLANATION:

If the official minutes are "sanitized," the truth is lost. By standing up and spending your 3 minutes reading the actual events into the record, you force the board to acknowledge their errors and ensure that historians have an accurate account of the dissent.

- ⌚ Time | 1 Hour (Prep) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE ETHICS INQUIRY

File a question for every minor conflict of interest an official has.

EXPLANATION:

Every official has an ethics board. By filing a formal question when a councilperson's brother-in-law gets a city contract, you trigger an automatic investigation process. Even if "cleared," the official is tied up in hearings and paperwork for months.

- ⌚ Time | 4 Hours (Investigation) |
- ⚠ Risk | Medium (Potential for retaliation) |
- 🧠 Emotional Load | High |
- 👥 People Required | 1 |

TASK: THE CHARTER CHALLENGE

Ask the council to prove they follow obscure, 100-year-old laws.

EXPLANATION:

Many city charters contain ancient laws (like requiring a public posting on a physical town bell) that are now ignored. By demanding the city follow its own founding documents, you create an "unsolvable" legal riddle that halts their current, modern projects, or at the very least forces them to get old rules off the books.

- ⌚ Time | 10 Hours (Historical research) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: THE PUBLIC CALENDAR FLOOD

Add hundreds of legal community events to town square boards.

EXPLANATION:

Official calendars are for official news. By flooding the public calendar with hundreds of "Community Discussion: Potholes" or "History of the Sidewalk" events, you bury the state's PR messages under a mountain of community-focused "noise."

- ⌚ Time | 2 Hours (Digital entry) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE PLUS ONE PROTOCOL

Require a vetted "witness" for every interaction with officials.

EXPLANATION:

Never speak to the state alone. By establishing a rule that every interaction must include a second person taking notes, you prevent "off-the-record" threats or intimidation and force the official to be on their best, most formal behavior at all times.

- ⌚ Time | Ongoing |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium (Vigilance) |
- 👤 People Required | 2 |

TASK: THE SIGNATURE AUDIT

Formally challenge the validity of a signature on an official document.

EXPLANATION:

If a permit or order is signed by a "digital stamp" or an unauthorized deputy, it may be invalid. By challenging the signature, you force a delay while the state's legal team verifies the authority of the signer, potentially stopping an eviction or construction project.

- ⌚ Time | 2 Hours (Filing) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1 |

TASK: THE QUESTION QUEUE

Prepare 100 unique, complex questions for a single Q&A session.

EXPLANATION:

In a town hall, the state wants "soft" questions. By preparing a queue of 100 people with highly technical questions (e.g., "How does section 4, sub-section B of this bill affect greywater runoff?"), you prevent them from using their pre-written talking points.

- ⌚ Time | 5 Hours (Writing the questions) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | High |
- 👤 People Required | 1 (Researcher) + 100 (Speakers) |

TASK: [STATE] THE FOIA FLASH

Formally challenge the validity of a signature on an official document.

EXPLANATION:

The state hopes you will keep the results of your requests to yourself. By immediately "flashing" every response (even the boring ones) to a public, searchable database, you crowdsource the investigation and ensure the truth cannot be hidden again.

- ⌚ Time | 1 Hour (Scanning/Uploading) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: [STATE] THE LEGISLATIVE LOBBY

Organize a "Call-In" day that floods a state senator's phone lines.

EXPLANATION:

State senators often operate with very small staffs. If 200 people call in one day to discuss the same bill, the entire office is paralyzed. This is the most effective way to "force" a meeting or an amendment to a state law.

- ⌚ Time | 2 Hours (Coordination) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 100+ |

TASK: [STATE] THE TESTIMONY FLOOD

Coordinate 50 people to travel to the State House to testify on one bill.

EXPLANATION:

State hearings are often held during work hours to prevent attendance. By organizing a "flood" of testimony, you force the committee to stay in session until midnight, making it a "hot button" issue that the news cannot ignore.

- ⌚ Time | 12 Hours (Travel + Testimony) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | High |
- 👤 People Required | 50 |

TASK: [STATE] THE OFFICIAL BOND INQUIRY

Ask for the bond numbers of every state-level official.

EXPLANATION:

Most officials are "bonded" (insured) against misconduct. By formally asking for their bond information, you signal that you are preparing to file a claim against their insurance personally. This makes officials much more cautious about overstepping their legal bounds.

- ⌚ Time | 2 Hours (Drafting) |
- ⚠ Risk | Medium (Directly threatens officials) |
- 🧠 Emotional Load | High |
- 👥 People Required | 1 |

TASK: [STATE] THE REGIONAL ROADMAP

Develop a "playbook" for other cities to follow your successes.

EXPLANATION:

Resistance shouldn't be reinvented. By documenting exactly how you stopped an eviction or jammed a council meeting, you create a "state-wide contagion" of effective friction, making the regime's job impossible across multiple jurisdictions.

- ⌚ Time | 10 Hours (Writing/Design) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1-2 |

TASK: [NATIONAL] THE STRATEGY BOARD

Join a national call to coordinate "Friction" days across the country.

EXPLANATION:

Coordination multiplies power. By ensuring your local "FOIA Freeze" or "RSVP Spike" happens on the same day as 50 other cities, you overwhelm the national narrative and force the regime to fight on 50 fronts at once.

- ⌚ Time | 2 Hours (Monthly) |
- ⚠ Risk | Low/Medium (Surveillance) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 (The Delegate) |

TASK: [NATIONAL] THE BRIEF SUBMISSION

Submit a detailed legal brief to a federal regulatory body.

EXPLANATION:

Federal agencies (like the FCC or EPA) must read public submissions. By submitting a technically dense, 50-page brief regarding a state-level abuse, you force federal eyes onto a local issue, potentially triggering a national audit.

- ⌚ Time | 40+ Hours |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | High |
- 👥 People Required | 1-3 (Researchers) |

TASK: [NATIONAL] THE DATA ARCHIVE

Maintain a national database of "Bureaucratic Vulnerabilities."

EXPLANATION:

Every regime has "weak points" in its code. By maintaining a shared list of which departments are slow to respond or which laws have the best loopholes, you provide the national movement with a map of where to apply the most friction.

- ⌚ Time | Ongoing |
- ⚠ Risk | High (Target for hacking/seizure) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1+ |

TASK: [NATIONAL] THE MASTER CALENDAR

Coordinate a national "General Strike" through decentralized scheduling.

EXPLANATION:

This is the "Ultimate Jam." By creating a system where hundreds of thousands of people simultaneously take their "personal day" or "sick day" on a date determined by a secret, decentralized schedule, you paralyze the national economy without a single protest sign.

- ⌚ Time | 100+ Hours |
- ⚠ Risk | Extreme (Economic impact) |
- 🧠 Emotional Load | Extreme |
- 👥 People Required | 1 Coordinator + Millions |

AMPLIFIER ACTION STEPS

TASK: THE SLOW WALK

Crossing streets legally but slowly to delay official motorcades or high-traffic govt zones.

EXPLANATION:

The state relies on "efficient flow" to project power. By utilizing the full legal time allowed for a pedestrian to cross a street, you create a physical bottleneck that forces the system to literally wait for the people. It is a visual demonstration that the pace of the community is more powerful than the schedule of the state.

- ⌚ Time | 1-2 Hours |
- ⚠ Risk | Medium (Potential police intimidation) |
- 🧠 Emotional Load | Medium (Requires composure) |
- 👥 People Required | 10+ (The more, the slower) |

TASK: THE CORRECTION CHAIN

Emailing "Letters to the Editor" to correct typos/misstatements in govt PR.

EXPLANATION:

Authoritarianism begins with small lies. By meticulously correcting every "typo" or "misstatement" in official press releases you signal to the state and the public that every word they say is being scrutinized. It creates a "high-cost" environment for state propaganda where they can no longer sneak in false narratives.

- ⌚ Time | 1 Hour (Ongoing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE TAG ALONG

Tagging govt agencies in mundane photos to clutter their monitoring feeds.

EXPLANATION:

Intelligence agencies use automated software to track "mentions." By tagging a city department in 500 photos of a ham sandwich or a sunrise, you flood their social media monitoring tools with "noise." This makes it much harder for them to find actual, sensitive community coordination amidst the clutter.

 **Time | 15 Mins (Daily) |**

 **Risk | Zero |**

 **Emotional Load | Low (Actually quite fun) |**

 **People Required | 20+ |**

TASK: THE WHISTLE GUARD

Act as a lookout and sound the alarm if immigration or state enforcement is spotted.

EXPLANATION:

Enforcement relies on the element of surprise to isolate individuals. By acting as a "Whistle-Guard," you provide the community with an early warning system. Sounding a literal or digital alarm buys time for "The Guardian" to provide sanctuary and for "The Intervenor" to arrive with legal documentation, turning a "quiet sweep" into a witnessed, public event. 3 short ICE spotted, 3 long detention made, non stop you are personally in danger.

 **Time | Variable (Ongoing vigilance) |**

 **Risk | High (Directly disrupting state operations) |**

 **Emotional Load | Extreme (High-stakes vigilance) |**

 **People Required | 2+ work in groups |**

TASK: THE SOLIDARITY CHORUS

Lead the crowd in singing hymns instead of repetitive shouting or chanting.

EXPLANATION:

Melodic singing carries further than shouting, humanizes the crowd to bystanders, and provides a powerful "Signal Flare" of emotional endurance that prevents the movement's own energy from turning into ragged exhaustion. It creates a "sonic shield" that is legally protected as free speech but visually and aurally impossible for the state to control.

 **Time** | 2-4 Hours |

 **Risk** | Medium |

 **Emotional Load** | Medium |

 **People Required** | 5+ (To carry the melody)

TASK: THE LENS LOCK

Coordinating a group of people to stand in the "thick of it" and continuously call out the names and badge numbers of officials into megaphones or toward cameras.

EXPLANATION:

Authorities rely on "bureaucratic anonymity" to act with impunity when in the field. By identifying officials out loud and on camera, you strip away their mask of anonymity and force them to act as individual, accountable humans. This is a "verbal spotlight" that signals to the official that their actions are being recorded, archived, and attached to their specific identity in real-time.

 **Time** | 1-3 Hours (Duration of action)

 **Risk** | High |

 **Emotional Load** | Very High |

 **People Required** | 3+ (One to identify, one to speak, one to record) |

TASK: THE PUBLIC READING

Reading the Constitution or local charter out loud in a public square.

EXPLANATION:

Nothing highlights state hypocrisy like reading their own rules back to them. By standing in a public space and reading foundational laws, you force the state to decide: do they stop you (violating the law) or let you finish (affirming the rights of the people)? It is an un-winnable PR battle for the regime.

- ⌚ Time | 2-4 Hours |
- ⚠ Risk | Low (Exercising free speech) |
- 🧠 Emotional Load | Medium (Vulnerability in public) |
- 👤 People Required | 1+ |

TASK: THE NARRATIVE LOOP

Creating confusing community hashtags that drown out official state narratives.

EXPLANATION:

Control of digital "trending" is a major state goal. By creating and saturating local networks with nonsensical or overly technical hashtags, you "pollute" the digital environment. This prevents the state's targeted messages from reaching the public clearly because the algorithm can't distinguish between the state's signal and your "noise."

- ⌚ Time | 1 Hour (Coordination) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 50+ |

TASK: THE PHYSICAL NEWSLETTER/ZINE

Printing and hand-delivering news to bypass digital algorithms.

EXPLANATION:

Digital communication can be shut down with a switch. A paper newsletter in a mailbox is sovereign information. By delivering news "analog," you ensure that the neighborhood stays informed even during "internet blackouts" or when the state shadow-bans movement leaders online.

- ⌚ Time | 3 Hours (Design + Walking) |
- ⚠ Risk | Low (Solicitation laws) |
- 🧠 Emotional Load | Medium (Direct neighbor contact) |
- 👤 People Required | 1 |

TASK: THE SOLIDARITY SHIRT

Organizing 100 people to wear the same word in public.

EXPLANATION:

This is "low-impact" protest. By wearing a shirt with a single, legal word (like "NOTICE" or "WAIT"), you create a visual anomaly that the state cannot legally ban but which signals to everyone else: "We are organized, we are here, and we are many." It's a silent census of the resistance.

- ⌚ Time | Ongoing |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 100+ |

TASK: THE CHALK ALERT

Drawing circles around every security camera on the sidewalk.

EXPLANATION:

Surveillance relies on being invisible. By highlighting every camera with bright chalk on the ground, you "unmask" the state's eyes. It changes the psychology of the neighborhood from "being watched" to "watching the watchers," stripping the regime of its aura of hidden power.

- ⌚ Time | 1 Hour |
- ⚠ Risk | Low (Vandalism vs. Chalking laws) |
- 🧠 Emotional Load | Medium (Visible activity) |
- 👤 People Required | 1-2 |

TASK: THE MIRROR FLASH

Using handheld mirrors to reflect sun toward surveillance lenses.

EXPLANATION:

Many surveillance sensors are easily blinded by direct glare. By coordinating a "flash" from a group of mirrors, you can temporarily disable the "sight" of a camera during a sensitive community action without ever physically touching or damaging the state's property.

- ⌚ Time | 15-30 Mins |
- ⚠ Risk | Medium (Will attract immediate attention) |
- 🧠 Emotional Load | High (Active disruption) |
- 👤 People Required | 3+ |

TASK: THE EXPLAIN LIKE I'M FIVE

Flooding "Contact Us" forms to ask for jargon-free simplification.

EXPLANATION:

Authoritarians use jargon to hide intent. By relentlessly asking for simplified explanations of new laws or orders, you force the state's "experts" to spend hours re-writing their documents. It exposes how often their "complex" rules are actually just simple, unjust commands.

- ⌚ Time | 30 Mins |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 5+ |

TASK: THE FACT-CHECK FLOOD

Sending "Correction Notices" to the media every time an official misspeaks.

EXPLANATION:

The media often parrots state lines out of habit. By flooding newsrooms with documented corrections every time an official lies, you "raise the cost" for journalists who don't do their homework. You force the local press to choose between the state's lies and the community's receipts.

- ⌚ Time | 2 Hours (Research + Emailing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1 |

TASK: THE VISUAL ARCHIVE

Photographing every physical change to a public building.

EXPLANATION:

Regimes "harden" their infrastructure slowly by adding a camera here, a new gate there. By archiving these changes, you provide a map of the state's increasing paranoia. This data allows the "Strategist" to see where the state is building its defenses before it's too late.

- ⌚ Time | 1 Hour (Weekly) |
- ⚠ Risk | Low (Photography in public) |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE GRAPHIC SHIELD

Designing flyers that make them difficult for automated OCR to read.

EXPLANATION:

Modern states use AI to "read" public flyers and flags. By using specific "glitch" fonts, layered textures, or handwritten elements, you ensure that a human neighbor can read the info, but the state's automated digital scanners see only a "corrupted" image.

- ⌚ Time | 2-4 Hours (Design) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low (Creative) |
- 👤 People Required | 1 |

TASK: THE STORY SWAP

Interviewing elders about past resistance and publishing it.

EXPLANATION:

Authoritarian regimes love to erase history. By capturing the stories of people who survived past regimes or strikes, you build a "lineage of resistance." It reminds the community that they aren't the first to fight and that the regime, like all regimes before it, is temporary.

 **Time | 5 Hours (Interview + Editing) |**

 **Risk | Zero |**

 **Emotional Load | Medium |**

 **People Required | 1 |**

TASK: THE STICKER SLAP

Placing legal QR codes that link to "The Ghost's" data archives.

EXPLANATION:

This is a "digital breadcrumb." By placing stickers on your private property or community boards that lead to secure, off-shore data, you provide an "exit ramp" for neighbors to find the truth without the state being able to block the physical point of entry.

 **Time | 1 Hour |**

 **Risk | Low (Removal/Vandalism) |**

 **Emotional Load | Low |**

 **People Required | 1 |**

TASK: THE SIGNAL FLARE

Organizing a "lights on/off" time to show solidarity.

EXPLANATION:

This is a massive visual display that is entirely legal and impossible to stop. If an entire neighborhood turns their lights off for 60 seconds at 9:00 PM, it demonstrates total coordination. It terrifies the regime because it shows that even in their own homes, the people are listening to each other, not the state.

- ⌚ Time | 1 Min (Action) + 5 Hours (Organizing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1,000+ |

TASK: THE BILLBOARD HACK

Legally renting a small sign to post "Daily Friction" tips.

EXPLANATION:

Using the state's own capitalist rules against it. By renting a legal sign or board and posting a tip on how to file a FOIA or use a VPN, you turn the "commercial" landscape into a revolutionary schoolroom. The state cannot remove it without violating the contract and showing their hand.

- ⌚ Time | 1 Hour (Rental) |
- ⚠ Risk | Low (Target for vandalism) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE "STATUS UPDATE"

Emailing a dept daily to ask if their mission statement still applies.

EXPLANATION:

Most departments have mission statements about "serving the public." By asking them daily to reconcile that statement with an unjust action they took, you force their employees to mentally engage with their own morality. It is a daily "integrity check" for the people inside the machine.

- ⌚ Time | 15 Mins (Daily) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE META DATA DEMAND

Using state law to demand accessibility data for all state images.

EXPLANATION:

State agencies must comply with accessibility laws (like the ADA). By formally requesting the "alt-text" or metadata for every state-posted image, you force their entire digital media team to spend weeks retroactively fixing thousands of posts. It's a massive "compliance-drag."

- ⌚ Time | 2 Hours (Filing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: [STATE] THE MIRROR SITE

Hosting a "mirror" of state data on a private server.

EXPLANATION:

States love to "edit" history by deleting old reports or changing crime data on their websites. By keeping a live, public "mirror" that captures every change, you make it impossible for the regime to quietly gaslight the public about past facts or failures.

- ⌚ Time | Ongoing (Automated) |
- ⚠ Risk | Medium (Cyber-warfare targets) |
- 🧠 Emotional Load | Low (Technical) |
- 👤 People Required | 1 (The Dev) |

TASK: [STATE] THE PRESS LIST

Managing a list of independent journalists and pitching them stories.

EXPLANATION:

The state-controlled media is a wall; independent journalists are the cracks. By curating a regional network of truth-tellers and feeding them "The Strategist's" findings, you ensure that local resistance becomes a state-wide narrative that the regime cannot contain.

- ⌚ Time | 5 Hours (Weekly) |
- ⚠ Risk | Low/Medium (Surveillance of list) |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1 |

TASK: [STATE] THE REGIONAL VIDEO

Producing a "State of the Resistance" video series.

EXPLANATION:

People feel helpless when they don't know others are winning. By producing high-quality, monthly video summaries of "small wins" from every city in the state, you build a "collective identity" of power. It proves the movement is a state-wide tidal wave, not a local puddle.

- ⌚ Time | 10-20 Hours (Production) |
- ⚠ Risk | Medium (Visible leadership) |
- 🧠 Emotional Load | High |
- 👥 People Required | 3+ |

TASK: [STATE] THE SATIRE SITE

Creating a parody site of a state agency.

EXPLANATION:

Humor is the greatest enemy of the authoritarian. By creating a site that looks like the "State Department of Truth" and using their own logic to absurd ends, you make the regime look ridiculous. Once the people laugh at the state, they are no longer afraid of it.

- ⌚ Time | 10 Hours |
- ⚠ Risk | Medium (Trademark/Libel disputes) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1-2 |

TASK: [NATIONAL] THE VIRAL EXPLAINER

Creating a video that explains a complex issue in 60 seconds.

EXPLANATION:

National attention is short. By distilling a massive state-level abuse into a punchy, 60-second "TikTok" style explainer, you ensure the story escapes the local vacuum and reaches a national audience, putting massive external pressure on local bad actors.

- ⌚ Time | 4 Hours |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 1 |

TASK: [NATIONAL] THE ARCHIVE LEAD

Managing a national digital library of every win and tactic.

EXPLANATION:

When a regime feels the eyes of the world, they often "soften" their tactics to avoid sanctions or international shame. By acting as a liaison for global news agencies, you bring the highest possible level of scrutiny to your local streets

- ⌚ Time | Ongoing |
- ⚠ Risk | High (Cyber-warfare target) |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 2+ |

HOST ACTION STEPS

TASK: THE MANUAL OPT-OUT

Submitting physical forms to opt-out of every automated data-sharing system.

EXPLANATION:

Authoritarianism is powered by data. By systematically opting out of "simplified" data-sharing between the DMV, credit bureaus, and local police, you pull your personal "thread" out of the state's digital tapestry, forcing them to find you manually rather than through an algorithm.

- ⌚ Time | 2-4 Hours (Research + Mailing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE WAIT FOR THE MAIL

Refusing to use digital portals; insisting on slow, physical "Snail Mail."

EXPLANATION:

Digital portals are designed for state efficiency. By demanding that every interaction (taxes, utility disputes, permit questions) happens via physical mail, you force the state to pay for postage, paper, and human clerks. You are essentially "down-shifting" the regime's speed to 1950.

- ⌚ Time | 30 Mins (Per interaction) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE CASH-ONLY LIFESTYLE

Using cash for all transactions to eliminate your digital "trail."

EXPLANATION:

Every credit card swipe is a GPS ping and a data point for a behavioral profile. By using only cash, you become a "ghost" to the financial surveillance state. They can no longer see what you eat, where you travel, or who you support, stripping them of their ability to predict your behavior.

 **Time | Ongoing |**

 **Risk | Low (Risk of loss/theft) |**

 **Emotional Load | Medium (Inconvenient) |**

 **People Required | 1 |**

TASK: THE LITERAL NAME

Writing your name in cursive, print, or stamps randomly to disrupt OCR.

EXPLANATION:

Optical Character Recognition (OCR) software loves "Standard Print." By varying how you sign or print your name on every physical form, you create "glitches" in the state's automated filing systems, often forcing a human to intervene and manually correct the record, which takes time and money.

 **Time | 1 Min |**

 **Risk | Zero |**

 **Emotional Load | Low |**

 **People Required | 1 |**

TASK: THE "LOST" PASSWORD

Routinely "forgetting" govt portal passwords to force human help-desk interactions.

EXPLANATION:

Automated resets are easy. By calling the help desk because you are "struggling" with the technology, you take up 15 minutes of a state-funded employee's time. If 1,000 "Ghosts" do this in a week, the help desk is paralyzed, and the state's digital "efficiency" evaporates.

- ⌚ Time | 15-30 Mins |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low (Requires "acting") |
- 👤 People Required | 1 |

TASK: THE QUIET REFUSAL

Simply not filling out "voluntary" census, survey, or research questions

EXPLANATION:

The state uses "voluntary" data to plan its next moves. By quietly declining to participate in any data collection that isn't legally mandated, you leave "white spots" on the state's map of the population. They cannot control what they cannot measure.

- ⌚ Time | 0 Mins (The act of doing nothing) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE DEVICE BLACKOUT

Leaving your phone at home when attending community meetings.

EXPLANATION:

A smartphone is a state-sponsored tracking beacon. By physically detaching from your device before meeting with other activists, you ensure that the state's "cell-site simulators" see a ghost instead of a gathering. It is the only way to guarantee a truly private conversation in the 21st century.

 **Time** | Duration of meeting |
 **Risk** | Low (Safety concern without a phone) |
 **Emotional Load** | Medium (Digital withdrawal) |
 **People Required** | 1 |

TASK: THE MIS-DIRECTED INTEREST

Browsing for "noise" data to poison your digital profile.

EXPLANATION:

Algorithms build a "file" on you based on your clicks. By spending 10 minutes a day clicking on things that have nothing to do with your life (e.g., searching for "industrial sheep shears" or "17th-century pottery"), you feed the machine "garbage data," making your actual profile useless to the state.

 **Time** | 10 Mins (Daily) |
 **Risk** | Zero |
 **Emotional Load** | Low |
 **People Required** | 1 |

TASK: THE ANALOG MAP

Refusing to use GPS; using only paper maps to avoid location tracking.

EXPLANATION:

GPS apps report your speed, destination, and route to a central server. By returning to paper maps, you move through the world without leaving a digital trail. It forces the state to use 19th-century methods (like physical following) to track your movement, which is expensive and difficult.

- ⌚ Time | Ongoing |
- ⚠️ Risk | Low (Getting lost) |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE PRIVACY FILTER

Using physical privacy screens on all devices when in public.

EXPLANATION:

Surveillance isn't just cameras; it's "shoulder surfing." A physical privacy screen ensures that only you can see your device. This protects the "Amplifier" or "Strategist" you may be communicating with from being identified by a bystander or a long-range zoom lens.

- ⌚ Time | 1 Min (Installation) |
- ⚠️ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE NO COMMENT

Legally refusing to answer any question without a lawyer.

EXPLANATION:

Authoritarians rely on people being "polite" to gather information. By adopting a strict "No Comment" policy (even for mundane questions from a beat cop) you deny the state the "social data" they use to map community connections. It is your legal right to be a wall.

 **Time | Seconds |**

 **Risk | Medium (May provoke official frustration) |**

 **Emotional Load | High (Socially awkward/tense) |**

 **People Required | 1 |**

TASK: THE PAPER TRAIL

Demanding paper receipts and statements to force postage costs and waste resources.

EXPLANATION:

Corporations and state agencies save millions through "e-statements." By demanding the paper version, you force them to spend money on printing, envelopes, and stamps. It is a tiny "financial leak" that, when multiplied by thousands of Ghosts, costs the regime a fortune. It's the same principle as asking for a paper receipt for every purchase you make, it wastes the company's resources.

 **Time | 10 Mins (One-time setup) |**

 **Risk | Zero |**

 **Emotional Load | Low |**

 **People Required | 1 |**

TASK: THE BROWSER SCRUB

Teaching 5 neighbors how to clear cookies and use private browsers.

EXPLANATION:

A single Ghost is hard to track; a neighborhood of Ghosts is impossible. By sharing basic digital hygiene skills, you are building a "shroud" over your entire community. You are the digital "Caretaker" who ensures that the community's movement remains invisible.

 **Time** | 1-2 Hours |

 **Risk** | Zero |

 **Emotional Load** | Medium (Teaching others) |

 **People Required** | 1 (The Teacher) + 5 (Students) |

TASK: THE DIGITAL DUMMY

Setting up a "dummy" email address for all non-essential local services.

EXPLANATION:

Your primary email is a key to your life. By using a "dummy" account for city services, park permits, or local newsletters, you ensure that if the city's data is hacked or shared with the police, they only find a dead-end account with no connection to your actual identity.

 **Time** | 10 Mins |

 **Risk** | Zero |

 **Emotional Load** | Low |

 **People Required** | 1 |

TASK: THE SILENT SWITCH

Closing accounts with banks that donate to authoritarian candidates.

EXPLANATION:

Your money is your vote. By moving your life to a small, local credit union that has no ties to the state-level regime, you ensure that your "interest" and deposits aren't being used to fund the very people who are trying to control your community.

 **Time | 4-6 Hours |**

 **Risk | Zero |**

 **Emotional Load | Medium (Administrative hassle) |**

 **People Required | 1 |**

TASK: THE TAX STRIKE

Finding every legal deduction to minimize state revenue or going exempt on taxes.

EXPLANATION:

A regime is fueled by taxes. By being a "Ghost" who utilizes every legal credit, deduction, and "loophole" available in the state tax code, you ensure that as little of your labor as possible is converted into state power. It is "financial non-cooperation." You can also go exempt on taxes and place that percentage + a little extra for fines in a high yield savings account. You can pay your bill at tax time without giving the government an interest free loan throughout the year.

 **Time | 10 Hours (Annual) |**

 **Risk | Low (Stay within the law) |**

 **Emotional Load | Medium |**

 **People Required | 1 |**

TASK: THE ANALOG ARCHIVE

Keeping a physical address book and calendar.

EXPLANATION:

If the state seizes your phone, they seize your entire social network. By keeping your most sensitive contacts and dates in a physical, paper book that you keep at home, you ensure that even if your digital life is compromised, the movement's "who and when" remains safe in your hands.

- ⌚ Time | Ongoing |
- ⚠ Risk | Low (Physical theft) |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE ENCRYPTION INTRO

Helping one person a week move their chats to an encrypted app.

EXPLANATION:

Standard texting is an open book for the state. By acting as the "onboarding agent" for secure communication, you are building a private communication infrastructure for the whole town. You are closing the "open windows" that the state uses to peek into community plans.

- ⌚ Time | 20 Mins |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👥 People Required | 2 |

TASK: THE INFORMATION GLITCH

Providing legal but slightly "off" data (e.g., your height is 5'11.5").

EXPLANATION:

Systems rely on perfect data to link files. By being technically accurate but inconsistent (e.g., using "Avenue" on one form and "Ave." on another), you create "duplicates" in the system that a human must manually merge. It is the "paper-cut" of data entry.

- ⌚ Time | Seconds |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE SIGNAL JAM

Using "white noise" machines during private meetings.

EXPLANATION:

Even if phones are gone, long-range laser mics can pick up window vibrations. A simple \$20 white noise machine placed near doors or windows creates "audio friction" that makes remote eavesdropping impossible, securing the "Meeting Sanctuary" for the Strategists.

- ⌚ Time | Duration of meeting |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE OFFLINE LIBRARY

Keeping a physical collection of "purged" or "banned" books.

EXPLANATION:

Digital books can be edited or deleted by the publisher at the state's request. A physical book is a permanent truth. By maintaining an offline library of history, philosophy, and resistance, you ensure the community's "operating system" cannot be rewritten by the regime.

- ⌚ Time | Ongoing |
- ⚠ Risk | Low/Medium |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: [STATE] THE VPN PIVOT

Moving all state-level digital interactions behind a high-quality VPN.

EXPLANATION:

State-level ISPs often share data directly with government agencies. A VPN creates a "tunnel" that masks your IP address and location. It ensures that when you file a FOIA or check a state budget, the state doesn't know which house the inquiry is coming from.

- ⌚ Time | 15 Mins (Setup) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: [STATE] THE DATA SCRUB

Using "Right to be Forgotten" laws to remove your info from brokers.

EXPLANATION:

Many states have laws (like CCPA) that allow you to demand data brokers delete your file. By systematically filing these requests, you dry up the "private intelligence" market that authoritarians use to bypass warrant requirements and track citizens.

 **Time** | 10+ Hours (Spread over weeks) |
 **Risk** | Zero |
 **Emotional Load** | Medium (Persistence required) |
 **People Required** | 1 |

TASK: [STATE] THE SOVEREIGN SERVER

Moving community data to a server in a high-privacy jurisdiction.

EXPLANATION:

If your data is on a local server, the state can seize it with a phone call. By moving the movement's "brain" to a server in a country with strong privacy protections (like Switzerland or Iceland), you force the state to go through an international legal battle just to see a single email.

 **Time** | 5-10 Hours |
 **Risk** | Medium (State hacking attempts) |
 **Emotional Load** | High (Technical responsibility) |
 **People Required** | 1 (Technical expert) |

TASK: [NATIONAL] THE BIG TECH EXIT

Transitioning community communication away from major platforms.

EXPLANATION:

"Free" apps are surveillance traps. By leading the move to decentralized, open-source platforms (like Mastodon or Matrix), you ensure that the community's collective "Ghost" cannot be unmasked by a subpoena to a Silicon Valley tech giant.

 **Time** | Ongoing |
 **Risk** | Low |
 **Emotional Load** | High (Hard to convince people) |
 **People Required** | 1 (The Leader) + Many |

TASK: [NATIONAL] THE ALGORITHM HACK

Coordinating thousands to search for a "nonsense" term.

EXPLANATION:

If 10,000 people search for "blue apples" at the same time, the national algorithm breaks. This "digital flash-mob" proves that the people can control what the internet "thinks" is important, burying the state's national propaganda under a pile of intentional community noise.

 **Time** | 5 Mins |
 **Risk** | Zero |
 **Emotional Load** | Low |
 **People Required** | 10,000+ |

TASK: [NATIONAL] THE PRIVACY CURRICULUM

Writing the national standard for "Ghosting" the system.

EXPLANATION:

You are the "Ghost Architect." By documenting all these tactics into a simple, shareable guide, you ensure that the skill of disappearing is not a secret but a national standard. You are teaching a nation how to be invisible to its oppressors.

- ⌚ Time | 50+ Hours |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1-3 |

TASK: [NATIONAL] THE ANALOG ANCHOR

Coordinate a national "Blackout" where thousands of people simultaneously swap their registered SIM cards/devices with strangers in different states via secure mail.

EXPLANATION:

National surveillance relies on the "Permanent Link", the assumption that Phone A belongs to Person A in City A. By coordinating a massive, cross-country hardware swap, you essentially "scramble the signal" of the entire movement. This creates a massive logic failure in state tracking algorithms, forcing the regime to rely on manual, physical surveillance which they do not have the manpower to sustain on a national level. It turns the "digital panopticon" into a useless map of lies.

- ⌚ Time | 2-3 Hours (Setup and shipping) |
- ⚠ Risk | High (Intentional hardware obfuscation; potential device loss) |
- 🧠 Emotional Load | High |
- 👤 People Required | 100+ (To create significant algorithmic noise) |

INTERVENOR ACTION STEPS

TASK: THE CONFLICT SEARCH

Finding where officials' donors work and filing inquiry forms about those businesses.

EXPLANATION:

Corruption relies on "favors." By systematically looking at campaign finance reports and then filing public inquiries about those donors' city contracts, you create "heat" on the regime's financial backers. It makes supporting the authoritarian regime a public relations liability for local businesses.

- ⌚ Time | 5 Hours (Research) |
- ⚠ Risk | Medium (Institutional retaliation) |
- 🧠 Emotional Load | High |
- 👥 People Required | 1 |

TASK: THE LIABILITY LETTER

Writing to the city's insurance company about "unsafe" govt buildings.

EXPLANATION:

Government agencies answer to voters, but they fear their insurers. By documenting safety hazards (broken railings, poor lighting) at government-run sites and sending that data to their insurance provider, you force them to make expensive, immediate repairs or face losing their coverage.

- ⌚ Time | 2 Hours |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Low |
- 👥 People Required | 1 |

TASK: THE OPEN-SEAT DEMAND

Forcing an election or appointment process for every tiny, obscure board seat.

EXPLANATION:

Authoritarians love to leave "vacant" seats filled by their own appointees. By formally demanding an election or a public application process for the "Library Board" or "Soil and Water District," you force the state to spend money on elections and open the door for community members to take those seats.

- ⌚ Time | 10+ Hours (Legal research) |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1-3 |

TASK: THE FORM REQUEST

Going to an office to ask for 100 physical copies of a specific form.

EXPLANATION:

The state wants you to use the website to save them money. By showing up in person and demanding physical, printed copies of complex forms "for the neighborhood," you force the office to utilize their limited paper, toner, and staff time to serve a "public request."

- ⌚ Time | 1 Hour |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE PUBLIC HEARING HIKE

Demanding that a "virtual" meeting be moved to a physical space.

EXPLANATION:

Virtual meetings are easy for the state to "mute" or control. By citing accessibility laws and demanding a physical space with a public podium, you force the state to deal with the physical presence of the community, which is much harder to ignore than a "Zoom" window.

- ⌚ Time | 2 Hours (Filing the demand) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 5+ (Signatures help) |

TASK: THE ETHICS CHALLENGE

Filing an ethics complaint every time an official uses their office for PR.

EXPLANATION:

Most officials are barred from using public resources for personal campaigning. By filing a formal complaint when an official uses a city social media page to post a "political" win, you trigger a mandatory review process that costs the state legal fees and staff time.

- ⌚ Time | 3 Hours (Documentation) |
- ⚠ Risk | Medium |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1 |

TASK: THE PERMIT PROTEST

Filing a formal objection to every commercial permit for regime allies.

EXPLANATION:

Businesses that fund authoritarianism rely on easy permits to grow. By filing valid, technical objections to their zoning or building permits, you force them into "Public Hearings," which delays their construction and costs them thousands in legal and interest fees.

 **Time | 5 Hours |**

 **Risk | Low |**

 **Emotional Load | Medium |**

 **People Required | 1 |**

TASK: THE POINT OF ORDER

Disrupting a public meeting by pointing out a procedural slip.

EXPLANATION:

When the state tries to rush a vote, they often skip steps. By mastering the meeting's "Bylaws," you can stand up and force them to go back to "Section 2" and redo the process correctly. It is a legal way to "pause" the regime's most harmful decisions.

 **Time | 3 Hours (The meeting) |**

 **Risk | Medium (Removal from meeting) |**

 **Emotional Load | High |**

 **People Required | 1 |**

TASK: THE CENSUS CHALLENGE

Asking for the specific legal justification for every survey question.

EXPLANATION:

If the city sends out a "Community Survey," don't just fill it out. Write back and ask for the specific ordinance that allows them to ask those questions. This forces their legal team to write a unique response for every "Intervenor," clogging their inbox with "Why?"

- ⌚ Time | 1 Hour |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Low |
- 👤 People Required | 1 |

TASK: THE POLICE COMMISSIONER CALL

Demanding an itemized list of all "surveillance equipment" purchased.

EXPLANATION:

Most "secret" tech is actually in the public budget. By demanding the itemized receipts for the police department's "Technology Fund," you can uncover and publicize the presence of stingrays, drones, or facial recognition before they are deployed against the people.

- ⌚ Time | 3 Hours |
- ⚠ Risk | Medium (Flagged as a target) |
- 🧠 Emotional Load | High |
- 👤 People Required | 1 |

TASK: THE OFFICIAL TRANSCRIPT

Hiring a private stenographer to sit in a public meeting.

EXPLANATION:

If the city's record of a meeting is "summarized," they can hide their threats. Having your own certified stenographer (or a very precise recorder) forces the city to be honest, as they know there is a second, legally admissible record of exactly what they said.

 **Time | 3 Hours |**

 **Risk | Low |**

 **Emotional Load | Medium |**

 **People Required | 1 + The Stenographer |**

TASK: THE PROCESS DELAY

Filing an "Emergency Motion" to delay a city project.

EXPLANATION:

If you can find one "Environmental" or "Historical" reason why a city project shouldn't start, you can file a motion for a "Stay." Even if you eventually lose, you may win months of time for the "Strategists" to organize a more permanent solution.

 **Time | 10+ Hours |**

 **Risk | Medium (Court fees) |**

 **Emotional Load | High |**

 **People Required | 1 |**

TASK: THE TRANSPARENCY WALK

Walking through a govt building and asking for names/titles.

EXPLANATION:

Bureaucrats love anonymity. By politely walking through the "public access" areas of a government building and asking every employee for their name and title (which is public info), you remind them that they are public servants, not an anonymous "state."

- ⌚ Time | 1 Hour |
- ⚠ Risk | Medium (Security interaction) |
- 🧠 Emotional Load | High |
- 👤 People Required | 2 (One to talk, one to record) |

TASK: THE AGENCY AUDIT

Requesting a formal "Performance Audit" of a state agency.

EXPLANATION:

If an agency (like the DMV or State Police) is failing the community, you can formally request their "Oversight Board" launch an audit. This triggers months of internal investigation, forcing the agency to justify its spending and its actions to a higher power.

- ⌚ Time | 10 Hours |
- ⚠ Risk | Low |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1 |

TASK: THE LOBBYING LOOPHOLE

Registering as a "Lobbyist" for your neighborhood

EXPLANATION:

In many states, being a registered lobbyist gives you special access to "Lobbyist only" areas of the State House. Use this to get closer to the officials who are making the rules and force them to hear a neighborhood voice in a space they thought was "safe."

-  **Time | 2 Hours (Registration) |**
-  **Risk | Medium (Reporting requirements) |**
-  **Emotional Load | High |**
-  **People Required | 1 |**

TASK: THE RULE MAKING CHALLENGE

Filing a "Petition for Rule-Making" to change a tiny procedure.

EXPLANATION:

Most state agencies have a process where citizens can propose a "new rule." By proposing a rule that requires them to perform an "Impact Study" before any new enforcement action, you force the agency into a months-long legal review of your proposal.

-  **Time | 20+ Hours |**
-  **Risk | Zero |**
-  **Emotional Load | Medium |**
-  **People Required | 1 |**

TASK: THE LEGAL OBSERVER

Attend hearings as a quiet, physical witness.

EXPLANATION:

State-level officials often act with impunity because "no one is watching." Your physical presence in the room signals that the community is documenting their behavior. It forces them to play by the rules.

 **Time | 4-8 Hours |**

 **Risk | Low |**

 **Emotional Load | Medium |**

 **People Required | 1 (Best in a block of 5+) |**

TASK: THE TOWN SQUARE NOTARY

Becoming a licensed Notary Public and offer your services for free at community actions to "Affirm" eyewitness statements in real-time.

EXPLANATION:

In court, a "notarized statement" carries significantly more weight than a regular witness account. By being on the scene, you transform a chaotic street interaction into a series of legally binding documents before the state can even get back to the station to write their report, making it much harder for officials to change their stories later because the community already has a notarized, time-stamped record of exactly what happened.

 **Time | 3-5 Hours (Weekly review) |**

 **Risk | Zero |**

 **Emotional Load | Medium (Requires intense focus) |**

 **People Required | 1 |**

TASK: THE CONFLICT OF INTEREST FILIBUSTER

Identifying and filing mass ethics complaints against federal contractors or judges based on their stock portfolios or previous corporate ties.

EXPLANATION:

National-level decisions are often carried out by people with deep ties to the industries they are "regulating." By weaponizing ethics disclosures, you force a mandatory pause in the proceedings. Even a frivolous ethics investigation can legally bar an official from voting or signing an order until the investigation is resolved. You are essentially using the state's "Integrity Rules" to create a legislative logjam, preventing high-level orders from being executed until the "conflict" is cleared.

- ⌚ Time | 40+ Hours (Deep research) |
- ⚠ Risk | High (Targeting high-level power structures) |
- 🧠 Emotional Load | Very High |
- 👤 People Required | 1-5 |

TASK: THE LEGISLATIVE SENTRY

Pick a specific topic and monitor every bill introduced to sound the alarm on concerning language.

EXPLANATION:

Authoritarianism often hides in the "fine print" of boring, 300-page bills. Choose one area (e.g., "Surveillance," "Education," or "Zoning"). and read the dry text that others ignore. "Sound the alarm" the moment a sentence appears that threatens community autonomy.

- ⌚ Time | 3-5 Hours (Weekly review) |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium (Requires intense focus) |
- 👤 People Required | 1 |

TASK: [STATE] THE RECUSAL REQUEST

Formally asking an official to recuse themselves due to "bias."

EXPLANATION:

If a state official has ever made a public comment against your community, they may have a "bias." By formally asking them to recuse themselves from a vote, you create a "cloud of illegitimacy" over the process that can be used later in a court of law to overturn their decision.

- ⌚ Time | 4 Hours |
- ⚠ Risk | Medium (Directly confronts an official) |
- 🧠 Emotional Load | High |
- 👤 People Required | 1 |

TASK: [NATIONAL] THE CONGRESSIONAL INQUIRY

Working with a staffer to launch an inquiry into state funding.

EXPLANATION:

National "intervenors" find sympathetic Congressional staffers. By providing them with proof of state-level misuse of federal funds, you can trigger a "Congressional Inquiry," which is the only thing that can force a state governor to stop an unjust project.

- ⌚ Time | Ongoing |
- ⚠ Risk | High |
- 🧠 Emotional Load | Extreme |
- 👤 People Required | 1-2 |

TASK: [NATIONAL] THE INTERNATIONAL WATCHDOG

Filing a report with an international body about a local event.

EXPLANATION:

Organizations like the UN or Amnesty International track "Local Human Rights." By filing a report, you put your town on a global map of "Zones of Concern." It makes the national regime look like a "pariah state" on the world stage, forcing them to pull back.

- ⌚ Time | 10 Hours |
- ⚠ Risk | High (Labeled a "traitor") |
- 🧠 Emotional Load | Extreme |
- 👤 People Required | 1 |

TASK: [NATIONAL] THE "FRICTION" MANUAL

Developing the national strategy for "The Intervenor" role.

EXPLANATION:

You are the "Intervenor Architect." By writing down every loophole, bond-inquiry, and recusal-tactic you've discovered, you ensure that every community in the nation has the "Blueprint for Institutional Sabotage."

- ⌚ Time | 50+ Hours |
- ⚠ Risk | Zero |
- 🧠 Emotional Load | Medium |
- 👤 People Required | 1 |

YOUR NEXT STEPS

If you've reached this page, you're no longer someone "waiting for a plan". You are now equipped with a blueprint for tactical friction and community defense.

Authoritarianism relies on the speed of a machine and the silence of the people. But a machine can't run when it's filled with glitches. You don't need to be a hero to be effective; you just need to be a persistent, calculated, continuous disruption.

TRUST YOUR LANE:

You don't have to carry the whole movement. If you are a Ghost, be the best shadow you can be; if you are an Amplifier, be as loud as you can be.

VARY YOUR RISK:

This list was built so you can help whether you have five minutes and zero risk budget, or a week and a high risk budget. Pick what you can sustain.

OVERBURDEN THE STATE

Every manual refund check, every slow walk, every ethics complaint, and every "lost" digital password is a victory. These are safe, legal ways to reclaim the community's time and autonomy.

YOU ARE NOT HELPLESS, BE A GLITCH. GO FIND YOUR "OTHERS," PICK YOUR FIRST TASK, AND GET STARTED. THE SYSTEM WORKS BECAUSE WE COMPLY; START BEING MALICIOUS ABOUT THAT COMPLIANCE.

THE DISRUPTION DIRECTORY

**HISTORY IS MADE BY
PEOPLE WHO WERE "TOO
BUSY" AND "UNQUALIFIED"
BUT DID IT ANYWAY. GO
FORTH AND BE**

ANNOYING