



Privacy Policy

Montana Couples Counseling LLC

Montana Couples Counseling values your privacy and is committed to protecting the information you share with us.

This Privacy Policy explains how we collect, use, store, and safeguard information obtained through our website.

It also outlines the choices available to you regarding how your information is handled.

This policy applies solely to the website operated by Montana Couples Counseling and does not apply to external websites that may be linked from our site.

1. Information We Collect

Information You Choose to Provide

We collect personal information only when you voluntarily provide it. This may occur when you:

- Complete a contact or inquiry form
- Request an appointment or consultation
- Subscribe to emails or newsletters
- Communicate with us directly

Depending on the context, the information you provide may include:

- First name and last name (or initial)
- Email address
- Phone number
- City and state
- Services requested
- Preferred provider (if applicable)
- Referral source
- Details included in your message or inquiry

You are never required to provide personal information to browse our website. However,

declining to provide certain information may limit our ability to respond to your inquiry or provide requested services.

2. How We Use Your Information

Information you provide may be used to:

- Respond to inquiries
- Schedule appointments
- Provide requested services
- Send appointment reminders
- Deliver email communications you've opted into
- Improve our website functionality and user experience

We do not sell, rent, trade, or lease your personal information.

3. Website Usage Data (Non-Personal Information)

Like most websites, we collect certain technical data automatically. This information does not personally identify you and may include:

- IP address
- Browser type and version
- Pages visited
- Time spent on pages
- Referring website
- Device type

This information is used in aggregated, anonymous form to analyze website performance and improve user experience. It is not linked to personally identifiable information.

4. Cookies

Our website may use cookies to enhance functionality and improve your browsing experience. Cookies are small data files stored on your device that help us recognize returning visitors and optimize website performance.

Cookies used on our site are not connected to personal information.

You may disable cookies through your browser settings at any time. Doing so may limit certain features of the website but will not prevent access to most content.

5. Third-Party Service Providers

Montana Couples Counseling may use trusted third-party platforms to support operations

such as:

- Website hosting and development
- Email communications
- Appointment scheduling
- Billing services
- Analytics tools

These service providers are given access only to the information necessary to perform their functions and are required to maintain confidentiality.

6. External Links

Our website may contain links to third-party websites for your convenience. Montana Couples Counseling does not control or endorse these external sites and is not responsible for their privacy practices.

We encourage you to review the privacy policies of any third-party websites you visit.

7. Data Security

We take reasonable administrative, technical, and physical precautions to protect the personal information you submit through our website.

Information is stored securely and access is limited to authorized personnel and service providers who are required to maintain confidentiality.

While we strive to use commercially reasonable safeguards, no internet-based transmission can be guaranteed to be completely secure.

8. Data Retention

We retain personal information only for as long as necessary to fulfill the purpose for which it was collected, comply with legal obligations, or resolve disputes.

9. Your Choices

If you would like to:

- Unsubscribe from emails
- Update your contact information
- Request removal of your information

You may contact us directly at:

Montana Couples Counseling
Email: contactus@montanacouplescounseling.com
Phone: 406-425-3467

You may also unsubscribe using the link included in email communications.

SMS Terms & Conditions

SMS Consent:

Phone numbers collected for SMS communications will not be shared, sold, or distributed to third parties for marketing purposes.

Types of SMS Messages:

If you opt in to receive text messages from Montana Couples Counseling, you may receive messages related to:

- Appointment scheduling
- Appointment reminders
- Follow-up communications
- Provider information

Message Frequency:

Message frequency will vary depending on your interaction with our office but typically will not exceed 2 messages per week related to scheduling or appointment coordination.

Messaging Fees:

Standard message and data rates may apply based on your mobile carrier's plan.

Opt-In Methods:

You may opt in to receive SMS messages by:

- Submitting an online form
- Providing verbal consent during a conversation
- Confirming via text or email

Opt-Out Instructions:

You may opt out of SMS messages at any time by replying "STOP" to any text message received.

For assistance, reply "HELP" or contact us directly.

Contact Information:

If you have questions regarding this Privacy Policy or SMS program, please contact:

Email: contactus@montanacouplescounseling.com