

4 Mary Visits Elizabeth

Lk. 1:39-56

Since she knew what was meant by agape,⁹
She heard the news and quickly went away,

Leaving her home behind, in Galilee,
To help her cousin through her pregnancy.

Once she arrived in Zechariah's home,
As soon as hearing Mary shout, "Shalom!",¹⁰

The infant in Elizabeth's womb leapt.
Filled with the Spirit and with joy, she wept,

"Above all other women, you are blessed,
For holy is the offspring of your nest.

I stand here overwhelmed! How can it be,
The mother of my Lord should visit me?

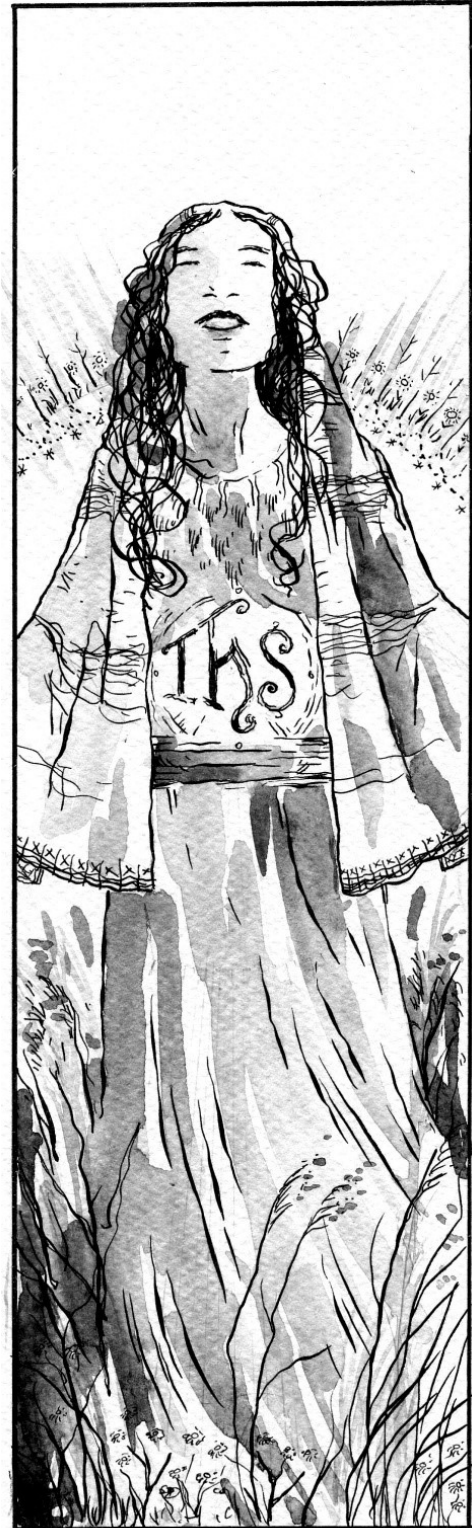
Behold, for once your greeting reached my ear,
My infant leapt, the sense of which is clear.

For you shall see, that much will be extolled
The one who trusts in what the Lord foretold."

"My soul proclaims God's glory with elation,
Rejoicing in the God who brings salvation,

For He has seen His humble servant's shame
And given me such undeserved acclaim.

All generations hence will call me blest,
At least by those by whom the Lord's professed.



His name is holy and His love unending.
His arm has made the arrogant descending.

He's pulled down princes and the lowly risen,
Cast down the wicked, freed the just from prison.¹¹

Unto the poor, He's given them their fill,
The wealthy, they are sent away with nil.

For Israel, He has come to her aid,
Fulfilling promises that He has made,

Of mercy, charity, and faithful love,
For all His people, here and up above."

